

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## ASPEN PATTERN DESCRIPTION

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Aspen is an oversized trench coat with a straight silhouette. The front features a storm flap on the right side and single welt pockets. The back also has a storm flap with an inverted box pleat, held in place with a removable two-button tab. The raglan sleeves feature an epaulet along the top which passes through a belt loop and fastens with a button and buttonhole. The bottom of the sleeves also has a removable button tab held with belt loops. Aspen has a turn-down collar with a stand and a removable tie belt held with back belt loops. The double-breasted trench fastens with buttons and buttonholes and has a fully closed lining. All the small pieces as well as the collar, flaps, front edge, top sleeve seam, and garment and sleeve hems feature decorative topstitching. Aspen is below-the-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Chest ease	Waistline ease	Hipline ease	Upper arm ease
cm	30–43	21–30	19–29	19.3–22
inches	11 3/4–16 7/8	8 1/4–11 3/4	7 1/2–11 3/8	7 5/8–8 5/8

# GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Center back length, cm	Sleeve length including shoulder width, cm
98	59	43.4–43.9
104	63	45.9–46.4
110	68	48.9–49.4
116	73	51.6–52.1
122	77	57.6–58.1
128	80	60–60.7
134	83	62.7–63.3
140	86	65.4–66.1
146	90	68–68.6
152	94	70.7–71.5
158	98	73.6–74

Height, ft	Center back length, in	Sleeve length including shoulder width and cuff, in
38.5	23 1/4	17 1/8–17 1/4
41	24 3/4	18 1/8–18 1/4
43.25	26 3/4	19 1/4–19 1/2
45.5	28 3/4	20 3/8–20 1/2
48	30 3/8	22 5/8–22 7/8
50.5	31 1/2	23 5/8–23 7/8
52.75	32 5/8	24 5/8–24 7/8
55	33 7/8	25 3/4–26
57.5	35 3/8	26 3/4–27
60	37	27 7/8–28 1/8
62.25	38 5/8	29–29 1/8

# SUGGESTED FABRIC

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To sew this trench coat, choose woven fabrics with the following properties:

- medium weight, strong, breathable, non-stretch
- the fabric content can include natural (cotton, wool, silk), blends (PET + polyester, cotton + polyester, PET + polyamide, etc.), and synthetic fibers (polyester, lyocell)

The following fabrics are recommended: blended raincoat fabrics, heavyweight cotton or silk gabardine, heavyweight wool, denim.

For the lining, we recommend lining fabrics made of artificial fibers (viscose), blends (viscose + elastane, viscose + polyester) and synthetic fibers (polyester, polyester + elastane).

The trench coat in the photo is made of cotton gabardine. This fabric is medium weight and non-stretch. The fiber content is a blend of cotton and polyester. The lining is 100% viscose.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140cm wide, cut in one direction, in meters:

Height, cm	Size							
	26	28	30	32	34	36	38	40
98	1.65	1.65	-	-	-	-	-	-
104	1.7	1.7	-	-	-	-	-	-
110	-	1.8	1.8	-	-	-	-	-
116	-	1.9	1.9	-	-	-	-	-
122	-	-	2.1	2.1	-	-	-	-
128	-	-	2.15	2.15	2.15	-	-	-
134	-	-	-	2.2	2.2	2.2	-	-
140	-	-	-	-	2.3	2.3	-	-
146	-	-	-	-	-	2.7 (1;1.7)	2.7 (1;1.7)	2.7 (1;1.7)
152	-	-	-	-	-	2.8 (1.05;1.65)	2.8 (1.05;1.65)	2.8 (1.05;1.65)
158	-	-	-	-	-	-	2.85 (1.1;1.75)	2.85 (1.1;1.75)

**Attention!** Numbers in brackets refer to yardage required for cutting in two stages.

Main fabric, 55" wide, cut in one direction, in yards:

Height, ft	Size							
	26	28	30	32	34	36	38	40
38.5	1 3/4	1 3/4	-	-	-	-	-	-
41	1 7/8	1 7/8	-	-	-	-	-	-
43.25	-	2	2	-	-	-	-	-
45.5	-	2 1/8	2 1/8	-	-	-	-	-
48	-	-	2 1/4	2 1/4	-	-	-	-
50.5	-	-	2 3/8	2 3/8	2 3/8	-	-	-
52.75	-	-	-	2 3/8	2 3/8	2 3/8	-	-
55	-	-	-	-	2 1/2	2 1/2	-	-
57.5	-	-	-	-	-	3 (1 1/8;1 7/8)	3 (1 1/8;1 7/8)	3 (1 1/8;1 7/8) 3
60	-	-	-	-	-	3 (1 1/8;1 3/4)	3 (1 1/8;1 3/4)	(1 1/8;1 3/4)
62.25	-	-	-	-	-	-	3 1/8 (1 1/4;1 7/8)	3 1/8 (1 1/4;1 7/8)

**Attention!** Numbers in brackets refer to yardage required for cutting in two stages.

2. Lining fabric, 140cm wide, in meters:

Height, cm	Size							
	26	28	30	32	34	36	38	40
98	0.85	0.85	-	-	-	-	-	-
104	0.9	0.9	-	-	-	-	-	-
110	-	0.95	0.95	-	-	-	-	-
116	-	1	1	-	-	-	-	-
122	-	-	1.15	1.35	-	-	-	-
128	-	-	1.2	1.4	1.4	-	-	-
134	-	-	-	1.5	1.5	1.55	-	-
140	-	-	-	-	1.6	1.6	1.65	-
146	-	-	-	-	-	1.7	1.7	1.7
152	-	-	-	-	-	1.8	1.8	1.8
158	-	-	-	-	-	-	1.85	1.85

Lining fabric, 55" wide, in yards:

Height, ft	Size							
	26	28	30	32	34	36	38	40
38.5	7/8	7/8	-	-	-	-	-	-
41	1	1	-	-	-	-	-	-
43.25	-	1	1	-	-	-	-	-
45.5	-	1 1/8	1 1/8	-	-	-	-	-
48	-	-	1 1/4	1 1/2	-	-	-	-
50.5	-	-	1 1/4	1 1/2	1 1/2	-	-	-
52.75	-	-	-	1 5/8	1 5/8	1 3/4	-	-
55	-	-	-	-	1 3/4	1 3/4	1 3/4	-
57.5	-	-	-	-	-	1 7/8	1 7/8	1 7/8
60	-	-	-	-	-	2	2	2
62.25	-	-	-	-	-	-	2	2

*IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.*

3. Fusible woven interfacing, 140cm (55") wide:

Size	26	28	30	32	34	36	38	40
Meters	1.3	1.35	1.4	1.4	1.45	1.5	1.55	1.55
Yards	1 3/8	1 1/2	1 1/2	1 1/2	1 5/8	1 5/8	1 3/4	1 3/4

4. 13 buttons, 2–2.2cm (3/4"–7/8") in diameter

5. 13 backing buttons, 1cm (3/8") in diameter

6. 1 backing button, 1.5–2cm (5/8"–3/4") in diameter

7. Stitched straight-grain fusible stay tape — 4m (4 3/8 yards)

8. Matching thread — 1 spool

9. Matching topstitching thread (for example, Madeira #35) — 2 spools

## TOOLS AND EQUIPMENT

- Sewing machine for construction
- Buttonhole foot for your sewing machine

# PATTERN PIECES LIST

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## 1. From main fabric:

- Front — cut 2
- Back — cut 1 on fold
- Back yoke (back storm flap) — cut 1 on fold
- Front yoke (front storm flap) — cut 1
- Front sleeve — cut 2
- Back sleeve — cut 2
- Undercollar — cut 1 on fold
- Upper collar — cut 1 on fold
- Collar stand — cut 2
- Front facing — cut 2
- Back neck facing — cut 1 on fold
- Pocket facing — cut 2
- Welt — cut 2
- Tie belt — cut 1
- Epaulet — cut 4
- Sleeve tab — cut 4
- Back yoke tab — cut 2
- Belt loops — cut 1
- Sleeve tab belt loops — cut 1
- Epaulet belt loops — cut 1

## 2. From lining fabric:

- Front lining — cut 2
- Back lining — cut 2
- Front sleeve lining — cut 2
- Back sleeve lining — cut 2
- Back yoke lining — cut 1 on fold
- Front yoke lining — cut 1
- Top pocket lining — cut 2
- Bottom pocket lining — cut 2

## Additionally, interface the following:

- Front and back sleeve hem allowances (with a 4cm [1 5/8"] wide straight-grain interfacing strip, measure length on pattern pieces)
- Back hem allowance (with a 4cm [1 5/8"] wide straight-grain interfacing strip, measure length on pattern pieces)
- Front hem allowance (with a 4cm [1 5/8"] wide straight-grain interfacing strip, measure length on pattern pieces)
- Back yoke hem and sides allowances (with a 3.5cm [1 3/8"] wide straight-grain interfacing strip, measure length on pattern pieces)
- 2 interfacing strips for the welt pockets, measure size on pattern piece

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## 3. From fusible interfacing:

- Undercollar — cut 1 on fold
- Upper collar — cut 1 on fold
- Collar stand — cut 2
- Front facing — cut 2
- Back neck facing — cut 1 on fold
- Pocket facing — cut 2
- Welt — cut 2
- Tie belt — cut 1
- Epaulet — cut 4
- Sleeve tab — cut 4
- Back yoke tab — cut 2

Fuse stitched straight-grain fusible stay tape to the following:

- Neckline edges on the back, front, front sleeve and back sleeve pieces
- Armscye edges (partially, up to the notches) on the back and front pieces
- Front yoke edge
- Undercollar short edges
- Bottom collar stand short edges

The stay tape is fused at 8mm (just under 3/8") from the edge.

## SEAM ALLOWANCES

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All pattern pieces include the following seam allowances:

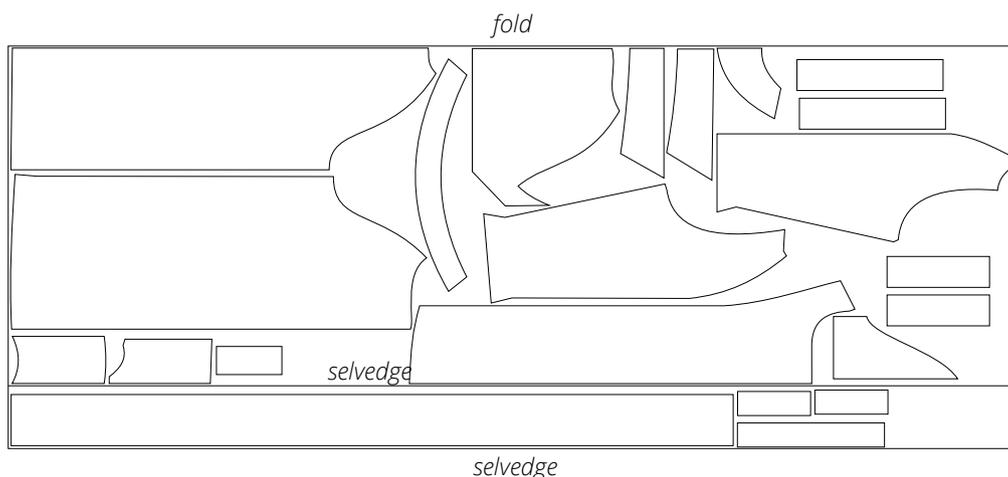
- Garment hem — 4cm (1 5/8")
- Sleeve hem — 4cm (1 5/8")
- Back yoke bottom and side edges — 3.5cm (1 3/8")
- Pocket bags seam — 1.5cm (5/8")
- All other edges — 1cm (3/8")

Take this into account when laying out pattern pieces on the fabric.

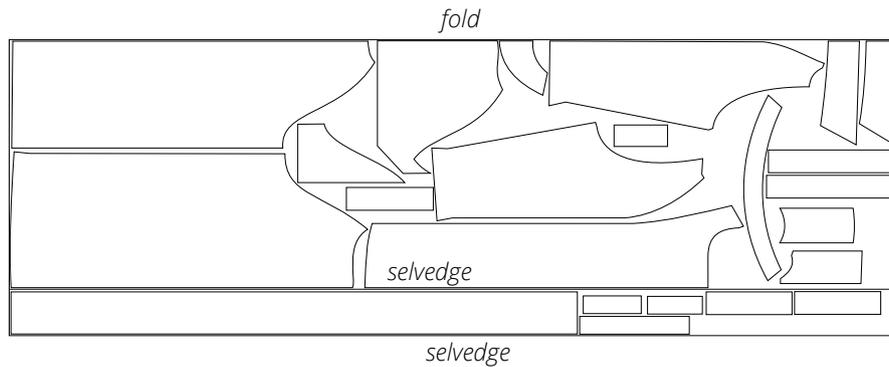
## CUTTING LAYOUT

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Main fabric, 140cm (55") wide, with a partial fold,  
for all sizes in heights 98–116cm (38.5"–45.5"), with a directional print



Main fabric, 140cm (55") wide, with a partial fold, for all sizes in heights 122–134cm (48"–52.75");  
for sizes 34–36 in height 140cm (55"), with a directional print

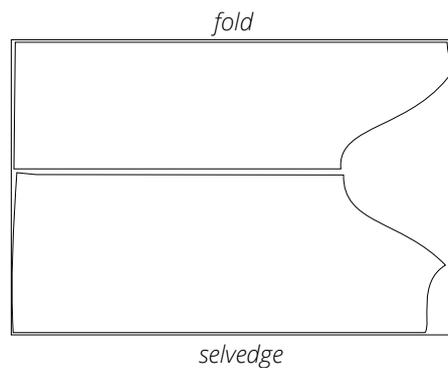


**Attention!** The partial fold is for the tie belt and belt loop pieces.

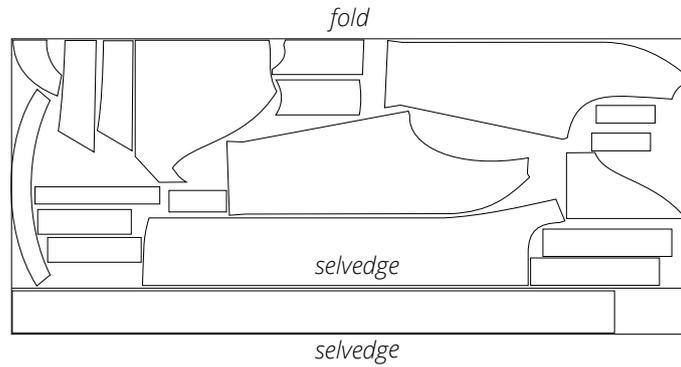
**Attention!** The front yoke is cut as a single piece out of leftover material, once other pieces are cut out. This piece has the marking "face", so it's placed on the right side of the fabric with the writing facing up.

Main fabric, 140cm (55") wide, cut in two stages, for size 38 in height 140cm (55");  
for all sizes in heights 146–152cm (57.5"–60"), with a directional print

Step 1: cut on fold



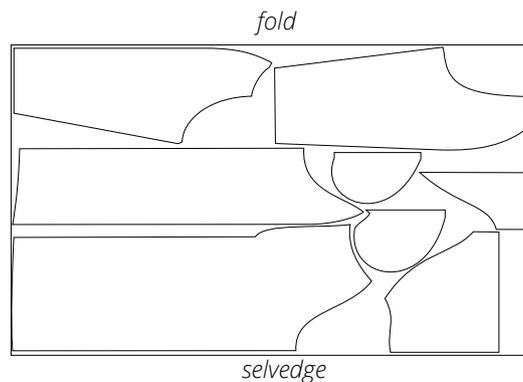
## Step 2: cut with a partial fold



**Attention!** The partial fold is for the tie belt piece.

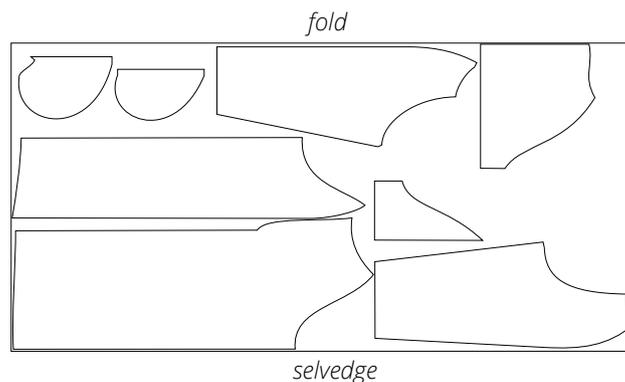
**Attention!** The front yoke is cut as a single piece out of leftover material, once other pieces are cut out. This piece has the marking "face", so it's placed on the right side of the fabric with the writing facing up. The belt loop pieces for the epaulets, the sleeve tabs, and the belt are cut as single pieces.

Lining fabric, 140cm (55") wide, cut on fold, for all sizes in heights 98–116cm (38.5"–45.5");  
for size 30 in heights 122–128cm (48"–50.5"), with a non-directional print



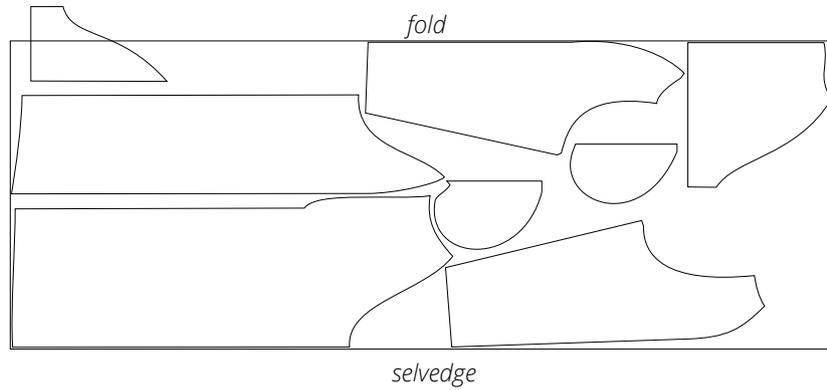
**Attention!** The front yoke is cut as a single piece out of leftover material, once other pieces are cut out. This piece is placed on the wrong side of the lining material with the writing facing up.

Lining fabric, 140cm (55") wide, cut on fold, for size 32 in height 122cm (48");  
for sizes 32–34 in height 128cm (50.5"); for all sizes in height 134cm (52.75"), with a directional print



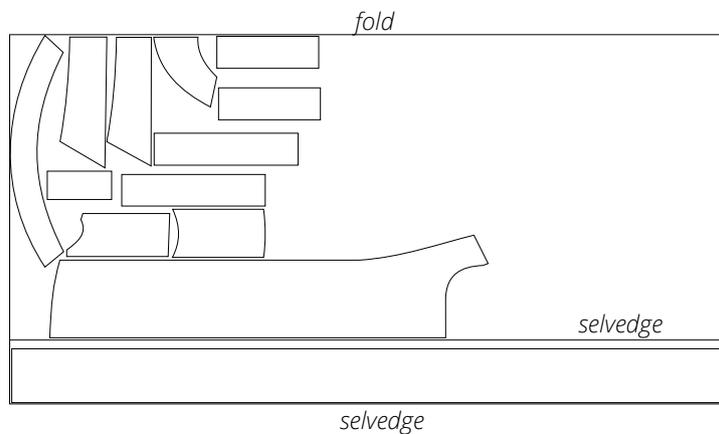
**Attention!** The front yoke is cut as a single piece out of leftover material, once other pieces are cut out. This piece is placed on the wrong side of the lining material with the writing facing up.

Lining fabric, 140cm (55") wide, cut on fold, for all sizes in heights 140–158cm (55"–62.25"), with a directional print

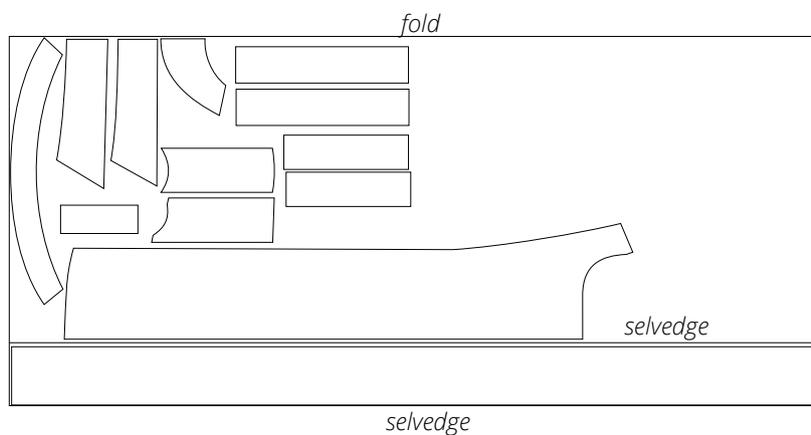


**Attention!** The front yoke is cut as a single piece out of leftover material, once other pieces are cut out. This piece is placed on the wrong side of the lining material with the writing facing up.

Interfacing, 140cm (55") wide, cut on fold, for all sizes in heights 98–116cm (38.5"–45.5")



Interfacing, 140cm (55") wide, cut on fold, for all sizes in heights 122–158cm (48"–62.25")



**READY? LET'S GET SEWING!**



Press the seam allowances towards the pocket lining.



Understitch the seam allowances to the lining at 2mm (1/16") from the seam. Backstitch at the beginning and end.



Press the understitching.



Fold the welt piece in half lengthwise with wrong sides together, align the edges, and press.