

Viki

S E W S

SHORTS

INGA



SIZES

34-52

DIFFICULTY



INTERMEDIATE

FROM THE FOUNDER OF THE VIKISEWS® BRAND

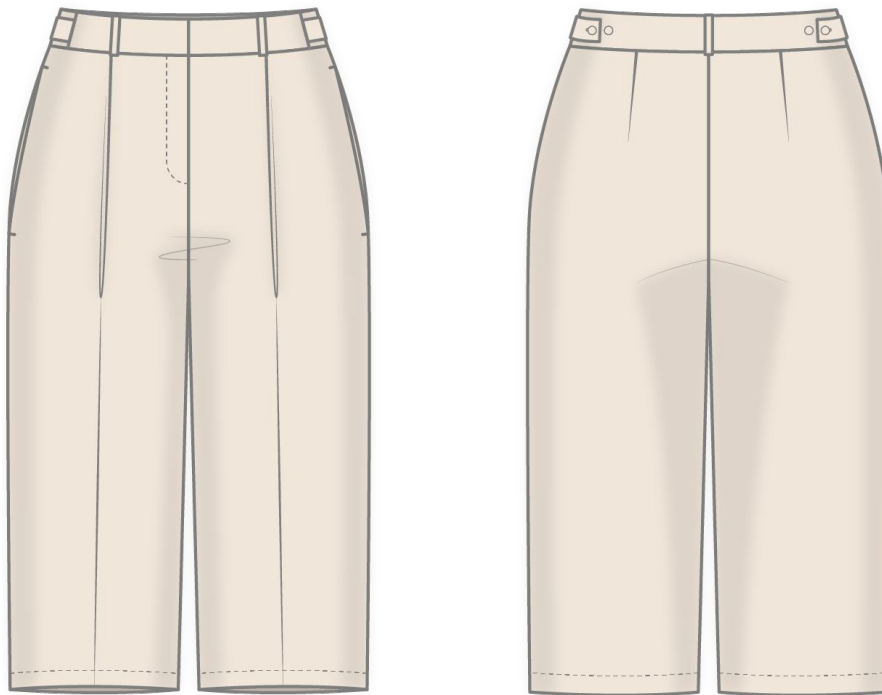


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



INGA PATTERN DESCRIPTION

Inga is a pair of semi-fitted, low-waist shorts with a straight silhouette. The front has pleats and pressed creases. The back is fitted with waist darts. The side seams have inseam pockets. The waistband sits 6 cm (2 3/8") below the natural waistline. It features belt loops and button tabs for volume adjustment and closes with hooks and bars. The shorts have a fly front zipper closure and are below-knee length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Waistline ease at waistband (estimated)	Hipline ease	1/2 of the finished hem width
cm	13.1–14	10.4–11.2	30.7–34.9
inches	5 1/8–5 1/2	4 1/8–4 3/8	12 1/8–13 3/4

GARMENT LENGTH

Height, cm	Side seam length including waistband, cm	Height, ft	Side seam length including waistband, in
1 (154–160)	60.8–62	1 (5'1"–5'3")	23 7/8–24 3/8
2 (162–168)	63.8–64.9	2 (5'4"–5'6")	25 1/8–25 1/2
3 (170–176)	66.8–67.9	3 (5'7"–5'9")	26 1/4–26 3/4
4 (178–184)	69.8–70.9	4 (5'10"–6'1")	27 1/2–27 7/8

SUGGESTED FABRICS

To sew these shorts, choose suiting fabrics with the following properties: medium weight, non-stretch or low-stretch.

The fiber content can include natural fibers (wool, silk, cotton, linen), artificial fibers (viscose), blended fibers (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetic fibers (polyester, polyester + elastane).

The following fabrics are recommended: wool suiting, cotton suiting, gabardine.
Lightweight suiting fabrics are not recommended.

For the lining, use lining fabrics made of artificial fibers (viscose), blended fibers (viscose + elastane, viscose + polyester), or synthetic fibers (polyester, polyester + elastane).

The shorts in the photo are made of suiting fabric. The fabric is medium weight, soft, low-stretch, and structured. The fiber content is a blend of 40% cotton and 60% viscose. The fabric weight is 320 g/m².

The lining is made of 45% viscose and 55% polyester. The fabric weight is 50 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 250–320 g/m², 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34	36	38–44	46	48	50	52
1 (154–160)	0.95	1	1.05	1.1	1.15	1.2	1.3
2 (162–168)	1	1.05	1.1	1.1	1.2	1.25	1.35
3 (170–176)	1.05	1.1	1.15	1.15	1.25	1.3	1.4
4 (178–184)	1.05	1.1	1.2	1.2	1.3	1.35	1.45

Main fabric, 250–320 g/m², 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34	36–44	46	48	50	52
1 (5'1"–5'3")	1	1 1/8	1 1/4	1 1/4	1 1/4	1 3/8
2 (5'4"–5'6")	1 1/8	1 1/8	1 1/4	1 1/4	1 3/8	1 1/2
3 (5'7"–5'9")	1 1/8	1 1/4	1 1/4	1 3/8	1 3/8	1 1/2
4 (5'10"–6'1")	1 1/8	1 1/4	1 1/4	1 3/8	1 1/2	1 5/8

2. Lining fabric, 50 g/m², 140 cm (55") wide, for all sizes — 35 cm (3/8 yd).

3. Lightweight interfacing, knit or woven, 50 g/m², 140 cm wide, in meters:

Height, cm	Size		
	34–38	40–42	44–52
1 (154–160)–2 (162–168)	0.2	0.2	0.3
3 (170–176)–4 (178–184)	0.2	0.25	0.3

Lightweight interfacing, knit or woven, 50 g/m², 55" wide, for all heights, in yards:

Height, cm	Size	
	34–42	44–52
1 (5'1"–5'3")–2 (5'4"–5'6")	1/4	3/8
3 (5'7"–5'9")–4 (5'10"–6'1")	1/4	3/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Stitched straight-grain fusible stay tape, 1 cm (3/8") wide — 160 cm (63").
5. One pant zipper, 20 cm (7 7/8") long, for all sizes and heights.
6. Two sew-on pant hook-and-bar closures.
7. Four buttons, 1.5 cm (5/8") in diameter.
8. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- one-sided foot for the sewing machine
- buttonhole foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- front leg — cut 2
- back leg — cut 2
- back waistband — cut 1
- right front waistband — cut 1
- left front waistband — cut 1
- belt loops — cut 1 (3 pcs.)
- pocket lining — cut 2
- tab — cut 4
- fly shield — cut 1

2. From lining fabric:

- pocket lining — cut 2

3. From interfacing:

- back waistband — cut 1
- right front waistband — cut 1
- left front waistband — cut 1
- tab — cut 4
- fly shield — cut 1

Additionally, cut the following from interfacing:

- section taken from the pattern to interface 1/2 of the fly shield piece;
- section taken from the right front leg pattern to interface the fly extension.

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

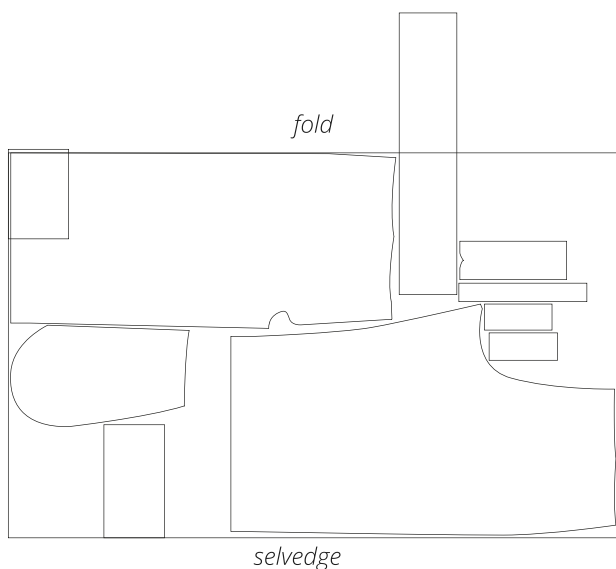
All pattern pieces include seam allowances as follows:

- garment hem allowance — 4 cm (1 5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

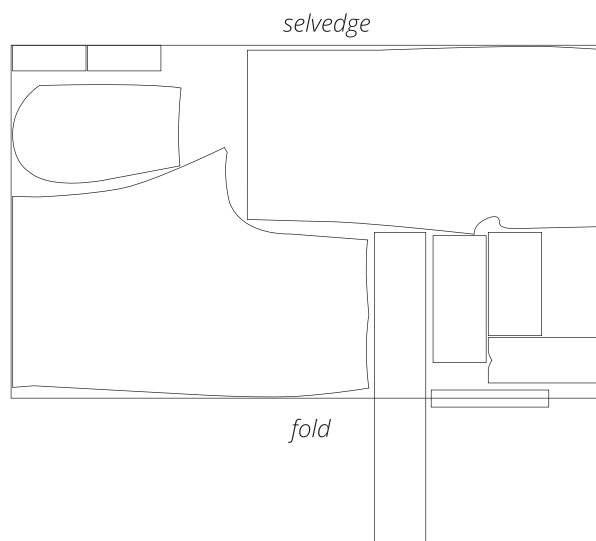
CUTTING LAYOUT

Main fabric, 140 cm (55") wide,
with a directional print/nap, cut on fold,
for sizes 34–36 in all heights



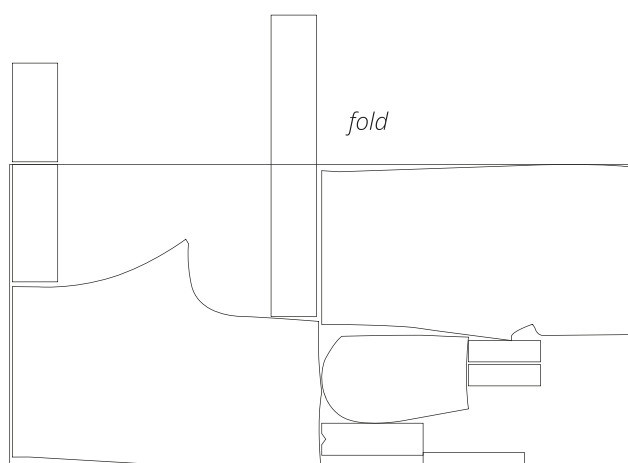
IMPORTANT! The back waistband piece is cut on a single layer out of leftover fabric as a single piece. Cut one each of the left and right front waistband pieces, one belt loop piece, and one fly shield piece.

Main fabric, 140 cm (55") wide,
with a directional print/nap, cut on fold,
for sizes 38–46 in all heights



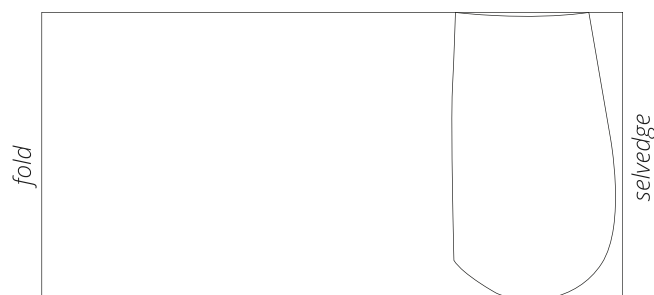
IMPORTANT! Cut one back waistband piece and one belt loop piece on a single layer out of leftover fabric. Cut each of the left and right front waistband pieces and the fly shield piece as a single piece.

Main fabric, 140 cm (55") wide,
with a directional print/nap, cut on fold,
for sizes 48–52 in all heights



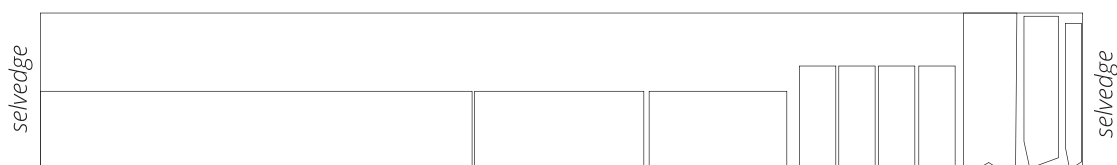
selvedge

Lining fabric, 140 cm (55") wide,
with a directional print, cut on fold,
for all sizes in all heights,



IMPORTANT! The back waistband piece is cut on a single layer out of leftover fabric as a single piece. Cut only one left front waistband piece, one right front waistband piece, one belt loop piece, and one fly shield piece.

Interfacing, 140 cm (55") wide, cut on a single layer,
for sizes 34–46 in all heights



Interfacing, 140 cm (55") wide, cut on a single layer,
for sizes 48–52 in all heights



READY? LET'S GET SEWING!



5. Tie the long thread tails into knots and hide them between the fabric layers using a needle. Press the dart flat.



6. Press the dart towards the crotch edge of the back leg piece. Shrink out the fullness at the dart point.



7. Overlock the curved edges of the pocket lining pieces, with the wrong side facing up.



8. Place the pocket lining piece cut from the lining fabric right side down onto the right side of the front leg piece. Align the side and top edges, match the notches, and pin.



Place the pocket lining piece cut from the main fabric right side down onto the right side of the back leg piece. Align the side and top edges, match the notches, and pin.