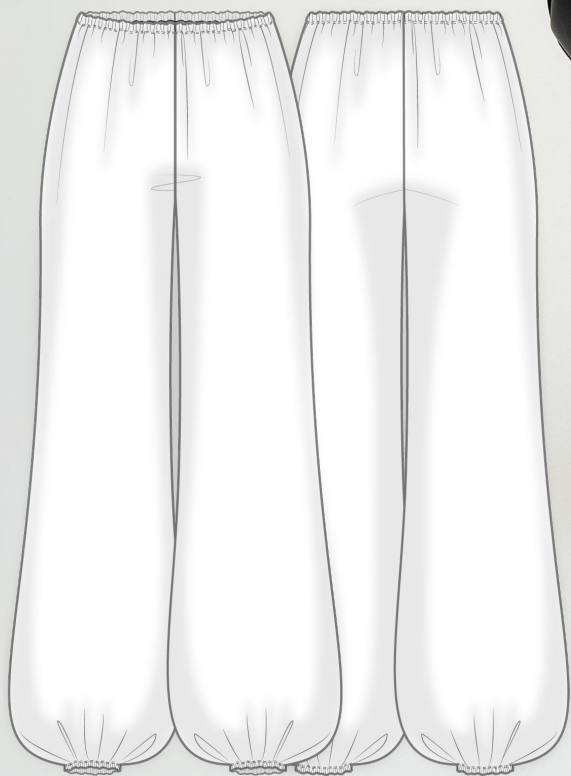


Viki

S E W S

PANTS **GITA**



SIZES
34-52

DIFFICULTY



SUITABLE FOR BEGINNERS



FROM THE FOUNDER OF THE VIKISEWS® BRAND



Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



GITA PATTERN DESCRIPTION

Gita is a pair of loose-fitting pants with a straight silhouette. The grown-on waistband is elasticated. The bottom edges are gathered with elastic. The pants are ankle-length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Waistline ease (estimated)	Hipline ease
cm	13.1–6.8	-1.2 to -3.1
inches	5 1/8–2 5/8	-1/2 to -1 1/4

GARMENT LENGTH

Height, cm	Side seam length including elastic width,	Finished hem width (estimated), cm
1 (154–160)	91.4–95.3	44–53
2 (162–168)	95.7–99.6	44–53
3 (170–176)	100–103.9	44–53
4 (178–184)	104.2–108.2	44–53
Height, ft	Side seam length including elastic width, in	Finished hem width (estimated), cm
1 (5'1"–5'3")	36–37 1/2	17 3/8–20 7/8
2 (5'4"–5'6")	37 5/8–39 1/4	17 3/8–20 7/8
3 (5'7"–5'9")	39 3/8–40 7/8	17 3/8–20 7/8
4 (5'10"–6'1")	41–42 5/8	17 3/8–20 7/8

SUGGESTED FABRICS

To sew these pants, choose sweater knit fabrics (1.2–1.5 stretch factor) that are pliable, soft, medium-weight, made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: French terry, knits, and single jersey.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The trousers in the photo are made of soft, pliable knit fabric. The fabric is medium weight, soft, and stretchy. The fiber content is 50% acetate + 28% nylon + 18% polyester. The fabric weight is 260 g/m². The stretch factor is 1.5.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size							
	34	36	38	40–42	44	46	48	50–52
1 (154–160)	1.95	1.95	1.95	2	2	2	2	2.05
2 (162–168)	2	2.05	2.05	2.05	2.1	2.1	2.1	2.1
3 (170–176)	2.1	2.1	2.15	2.15	2.15	2.2	2.2	2.2
4 (178–184)	2.2	2.2	2.25	2.25	2.25	2.25	2.3	2.3

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size			
	34	36	38–48	50–52
1 (5'1"–5'3")	2 1/8	2 1/8	2 1/8	2 1/4
2 (5'4"–5'6")	2 1/8	2 1/4	2 1/4	2 1/4
3 (5'7"–5'9")	2 1/4	2 1/4	2 3/8	2 3/8
4 (5'10"–6'1")	2 3/8	2 3/8	2 1/2	2 1/2

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Elastic, 2.5 cm (1") wide (waist elastic) — 53–83 cm (21–33"), depending on size. The exact elastic length is specified in the pattern.

3. Elastic, 1 cm (3/8") wide (hem elastic) — 55–65 cm (22–26"), depending on size. The exact elastic length is specified in the pattern.

4. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hems. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch
- elastic threader (may be replaced with a safety pin)

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These have a ballpoint needle tip that parts the loops of the knit fabric while sewing without piercing the threads.

PATTERN PIECES LIST

From main fabric:

- front leg — cut 2
- back leg — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

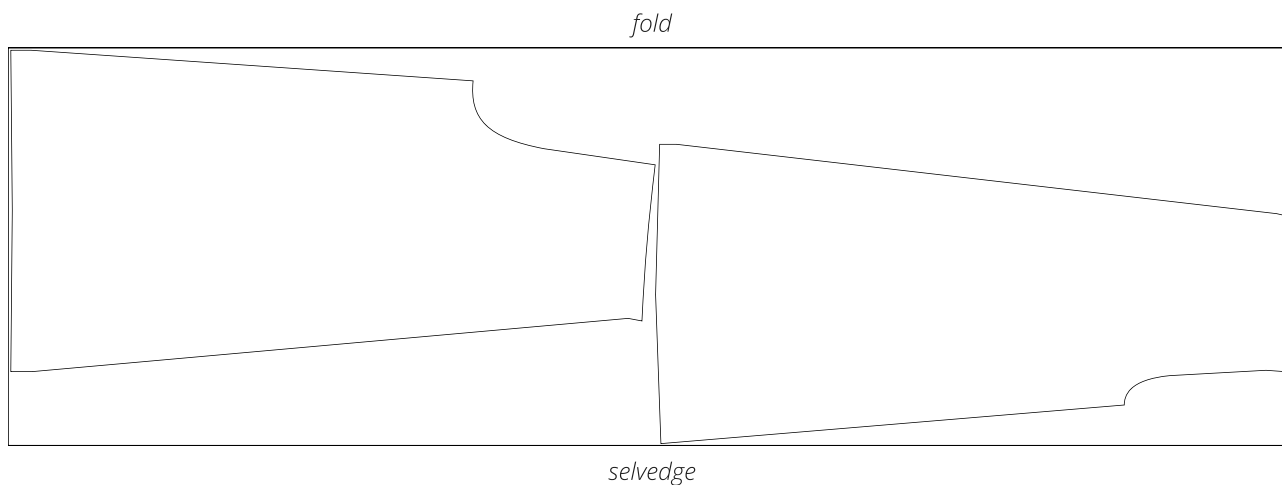
All pattern pieces include seam allowances as follows:

- top edge of the garment — 2.5 cm (1")
- garment hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for all sizes in all heights



READY? LET'S GET SEWING!



4. Turn one leg piece right side out and the other wrong side out.

Insert one leg piece into the other, right sides together.

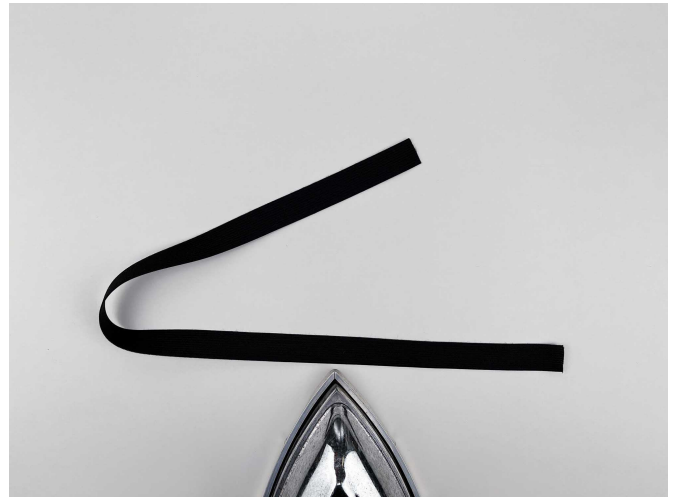
Align the crotch edges, match the notches and seams, and pin.



5. Stitch on the overlocker, with the left leg piece facing up.

Press the seam flat.

Press the crotch seam allowances towards the right leg piece.



6. Press and steam the elastic. Cut the required length of the elastic for the waistband and hems.



7. Stitch the elastic pieces into circles. To do this, overlap the ends of the elastic by 1 cm (3/8"), pin, and machine-stitch with two seams, backstitching at the beginning and end.