

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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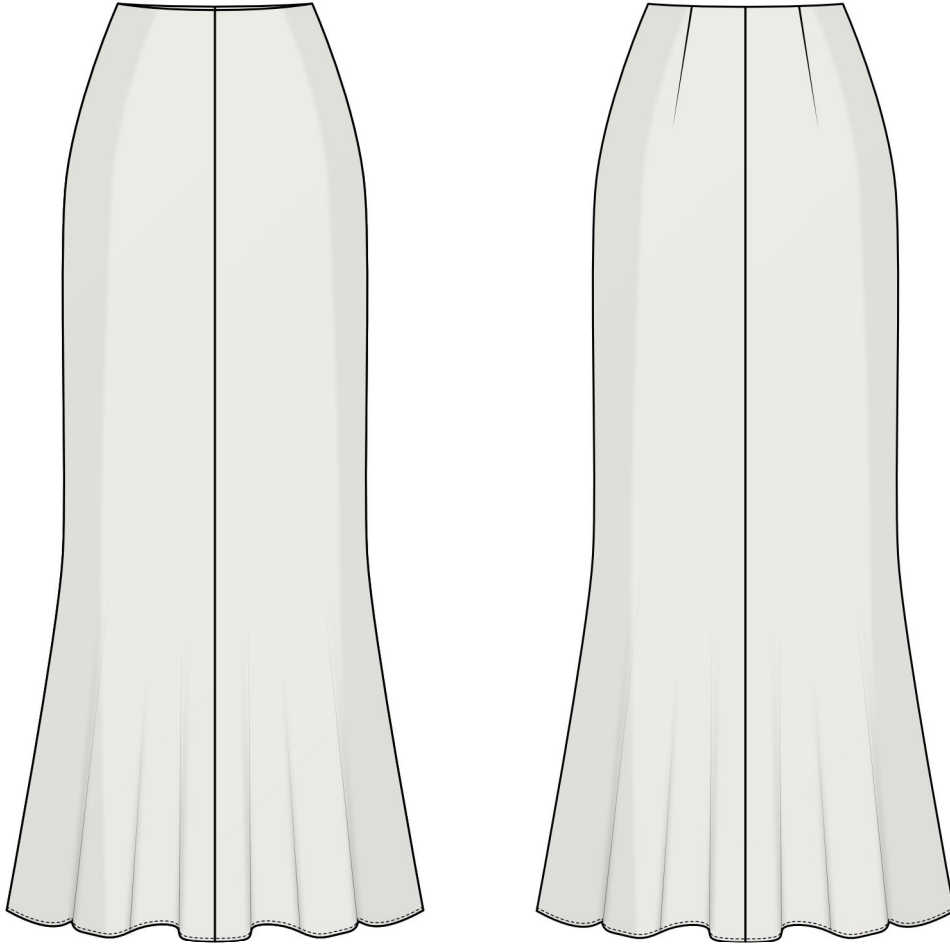


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## NITA PATTERN DESCRIPTION

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Nita is a close-fitting bias-cut skirt with a trapeze silhouette and an elastic waistband. The front and back have center seams. Nita is ankle-length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

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	Waistline ease	Hipline ease
cm	5.5	8
inches	2 1/8	3 1/8

## GARMENT LENGTH

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Height, cm	Garment length, cm	Height, ft	Garment length, in
1 (154–160)	89.8	1 (5'1"–5'3")	35 3/8
2 (162–168)	93.8	2 (5'4"–5'6")	36 7/8
3 (170–176)	97.7	3 (5'7"–5'9")	38 1/2
4 (178–184)	101.7	4 (5'10"–6'1")	40

## SUGGESTED FABRIC

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To sew this skirt, choose medium-weight, soft, low-stretch, opaque dress-weight fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: satin, cady, natural or artificial silk, dress-weight viscose.

**Attention!** We do not recommend stretchy knit fabrics or lightweight sheer fabrics (chiffon, organza, stretch lace).

The skirt in the photo is made of dress-weight cady. The fabric is medium-weight, soft, and low-stretch. The fiber content is 73% viscose + 27% acetate. The fabric weight is 175 g/m<sup>2</sup>.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.65	1.8	1.85	1.9	1.95	2	2.1	2.15	2.2	2.25
2 (162–168)	1.7	1.95	2	2.05	2.1	2.2	2.25	2.3	2.35	2.45
3 (170–176)	1.75	2.05	2.1	2.15	2.2	2.25	2.35	2.4	2.45	2.5
4 (178–184)	1.8	2.15	2.2	2.25	2.3	2.35	2.4	2.5	2.55	2.6

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	1 7/8	2	2	2 1/8	2 1/8	2 1/8	2 1/4	2 3/8	2 3/8	2 1/2
2 (5'4"–5'6")	2 1/8	2 1/8	2 1/8	2 1/4	2 1/4	2 3/8	2 1/2	2 1/2	2 5/8	2 5/8
3 (5'7"–5'9")	2 1/8	2 1/4	2 1/4	2 3/8	2 3/8	2 1/2	2 5/8	2 5/8	2 5/8	2 3/4
4 (5'10"–6'1")	2 1/4	2 3/8	2 3/8	2 1/2	2 1/2	2 5/8	2 5/8	2 3/4	2 3/4	2 7/8

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Elastic, 2 cm (3/4") wide — 105 cm (41 3/8"), depending on the size. The exact elastic length is specified in the pattern.

3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)

# PATTERN PIECES LIST

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## 1. From main fabric:

- front — cut 2
- back — cut 2

*IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.*

## 2. From elastic:

- waist elastic template — cut 1 on fold

# SEAM ALLOWANCES

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All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out the pattern pieces on the fabric.

# CUTTING LAYOUT

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Main fabric, 140 cm (55") wide, with a directional print/nap, cut with two folds, for all sizes in all heights



**READY? LET'S GET SEWING!**

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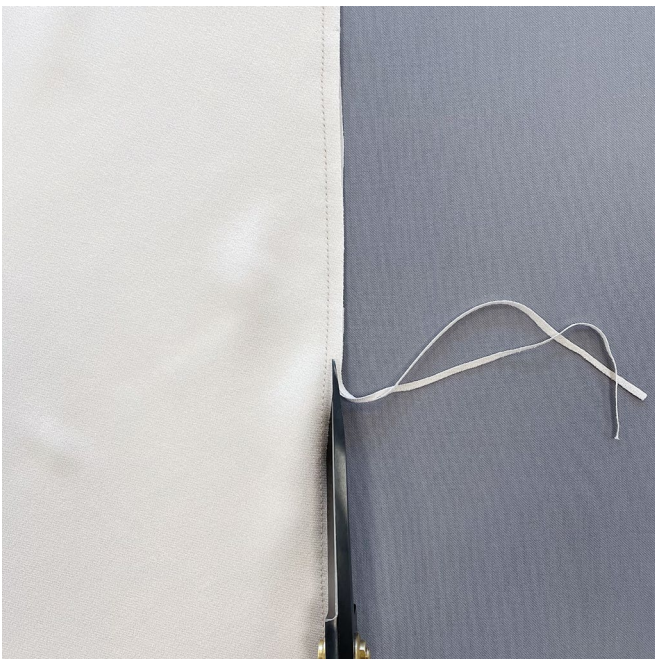
Place the back pieces wrong sides together. Align the center edges, match the notches, pin, and hand-baste.

Machine-stitch at 5 mm (just under 1/4") from the edge. Start stitching from the foldline marking, backstitching at the beginning and end of the seam.



Place the front pieces wrong sides together. Align the center edges, match the notches, pin, and hand-baste.

Machine-stitch at 5 mm (just under 1/4") from the edge. Start stitching from the foldline marking, backstitching at the beginning and end of the seam.



Remove the basting stitches.

Trim the seam allowances on the back and front pieces down to 3 mm.