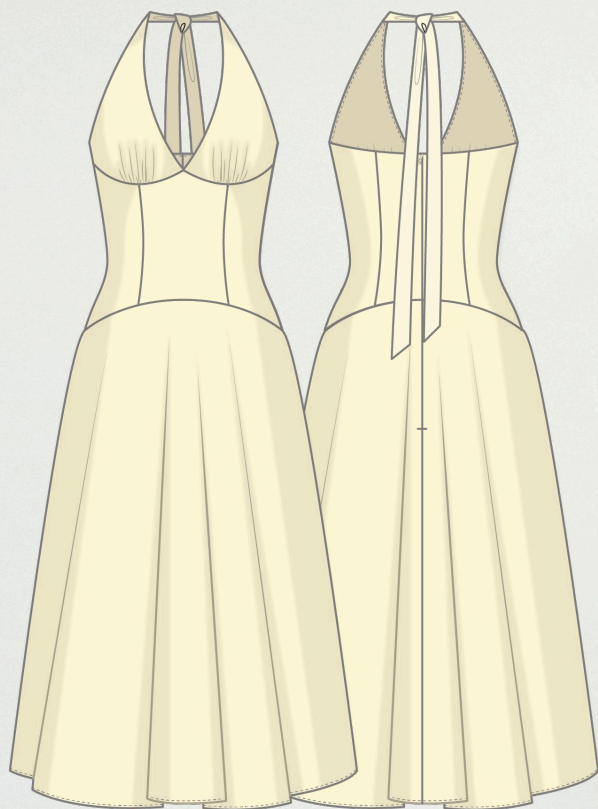


Viki

S E W S

DRESS

CASSIE



SIZES

34-52

DIFFICULTY



INTERMEDIATE



FROM THE FOUNDER OF THE VIKISEWS® BRAND

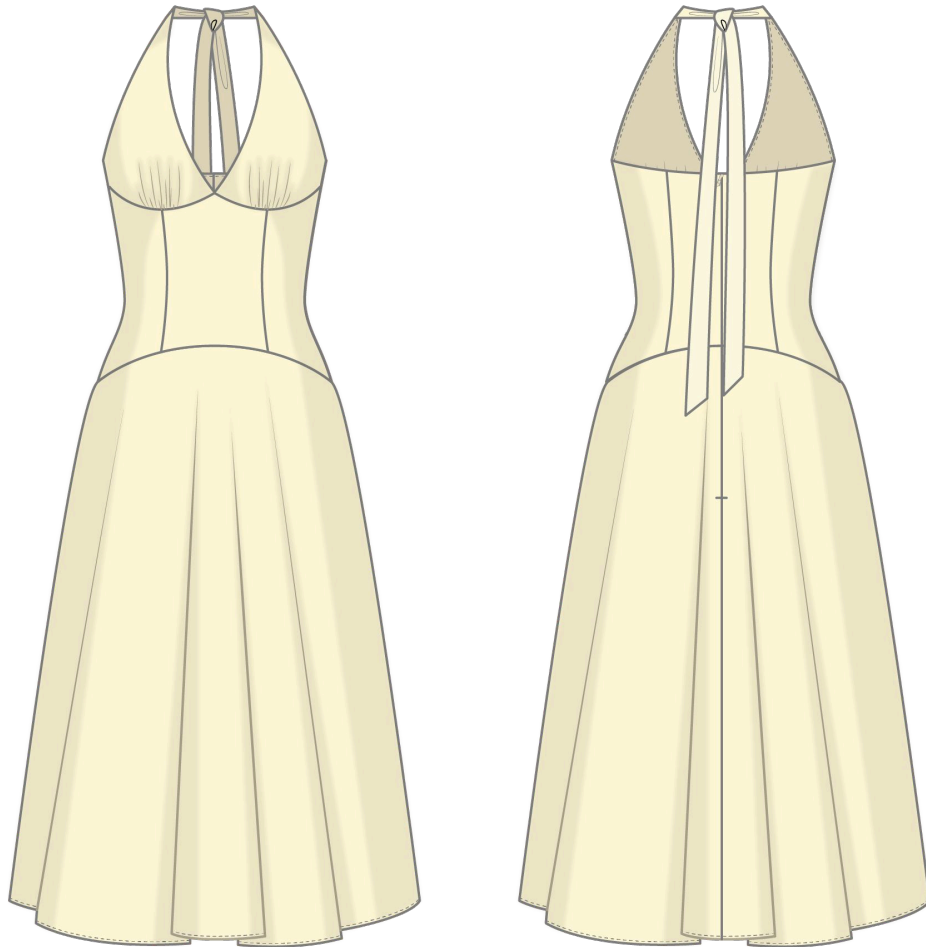


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



CASSIE PATTERN DESCRIPTION

Cassie is a dress with an accentuated waist. The bodice is close-fitting and has princess seams stiffened with rigilene boning. The cups are gathered at the bottom, transition into ties, and create a deep V-neckline at the front. The back is open. The skirt has an A-line shape. The dress has a free-hanging lining and closes with an invisible zipper in the center back seam. Cassie is below-knee length.



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TOTAL EASE ALLOWANCE

	Bust ease (estimated)	Waistline ease	Hipline ease
cm	-1.4 to -1.2	0.3–1	98.4–100
inches	-1/2	1/8–3/8	38 3/4–39 3/8

GARMENT LENGTH

Height, cm	Center back length from waist down, cm	Height, ft	Center back length from waist down, in
1 (154–160)	74	1 (5'1"–5'3")	29 1/8
2 (162–168)	77	2 (5'4"–5'6")	30 3/8
3 (170–176)	80	3 (5'7"–5'9")	31 1/2
4 (178–184)	83	4 (5'10"–6'1")	32 5/8

SUGGESTED FABRICS

To sew this dress, choose medium-weight, pliable, non-stretch or low-stretch, opaque dress-weight fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: dress-weight viscose, modal, natural or artificial silk, chiffon.

The dress in the photo is made of dress-weight viscose. The fabric is medium-weight, pliable, and soft. The fiber content is 100% viscose. The fabric weight is 170 g/m².

The lining is made of viscose. The fiber content is 95% viscose + 5% elastane. The fabric weight is 100 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34	36	38–40	42–44	46	48–50	52
1 (154–160)	2.75	2.8	2.85	2.95	3	3.15	3.2
2 (162–168)	2.95	3	3.05	3.15	3.2	3.25	3.3
3 (170–176)	3.2	3.25	3.25	3.35	3.35	3.45	3.5
4 (178–184)	3.35	3.4	3.45	3.5	3.55	3.6	3.65

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34	36	38–40	42–46	48–50	52
1 (5'1"–5'3")	3	3	3 1/8	3 1/4	3 1/2	3 1/2
2 (5'4"–5'6")	3 1/4	3 1/4	3 3/8	3 1/2	3 1/2	3 5/8
3 (5'7"–5'9")	3 1/2	3 1/2	3 1/2	3 5/8	3 3/4	3 7/8
4 (5'10"–6'1")	3 5/8	3 3/4	3 3/4	3 7/8	3 7/8	4

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size						
	34–36	38	40	42	44	46–48	50–52
1 (154–160)	2.6	2.65	2.7	2.75	2.75	2.85	2.9
2 (162–168)	2.85	2.9	2.9	2.95	3	3.05	3.1
3 (170–176)	3.05	3.1	3.15	3.2	3.2	3.25	3.3
4 (178–184)	3.25	3.3	3.3	3.35	3.4	3.45	3.5

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size						
	34–36	38	40	42	44	46–48	50–52
1 (5'1"–5'3")	2 7/8	2 7/8	3	3	3	3 1/8	3 1/8
2 (5'4"–5'6")	3 1/8	3 1/8	3 1/8	3 1/4	3 1/4	3 3/8	3 3/8
3 (5'7"–5'9")	3 3/8	3 3/8	3 1/2	3 1/2	3 1/2	3 1/2	3 5/8
4 (5'10"–6'1")	3 1/2	3 5/8	3 5/8	3 5/8	3 3/4	3 3/4	3 7/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Lightweight interfacing, knit or woven, 140 cm (55") wide, for all sizes in all heights — 0.4 m (3/8 yd).
4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 2.63 m (2 7/8 yd).
5. One invisible zipper, 60 cm (24") long, for all sizes and heights.
6. Clear elastic, 1 cm (3/8") wide — 35–50 cm (13 3/4–19 5/8"), depending on size.
7. Rigilene boning, 1 cm (3/8") wide, for all sizes in all heights — 1.22 m (1 3/8 yd).
8. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- invisible zipper foot for the sewing machine
- one-sided foot for attaching the zipper

PATTERN PIECES LIST

1. From main fabric:

- back skirt — cut 2
- front skirt — cut 1 on fold
- center back bodice — cut 2
- side back bodice — cut 2
- cup — cut 2
- side front bodice — cut 2
- center front bodice — cut 1 on fold

2. From lining fabric:

- back skirt — cut 2
- front skirt — cut 1 on fold
- center back bodice — cut 2
- side back bodice — cut 2
- cup lining — cut 2
- side front bodice — cut 2
- center front bodice — cut 1 on fold

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

3. From interfacing:

- center back bodice — cut 2
- side back bodice — cut 2
- side front bodice — cut 2
- center front bodice — cut 1 on fold

SEAM ALLOWANCES

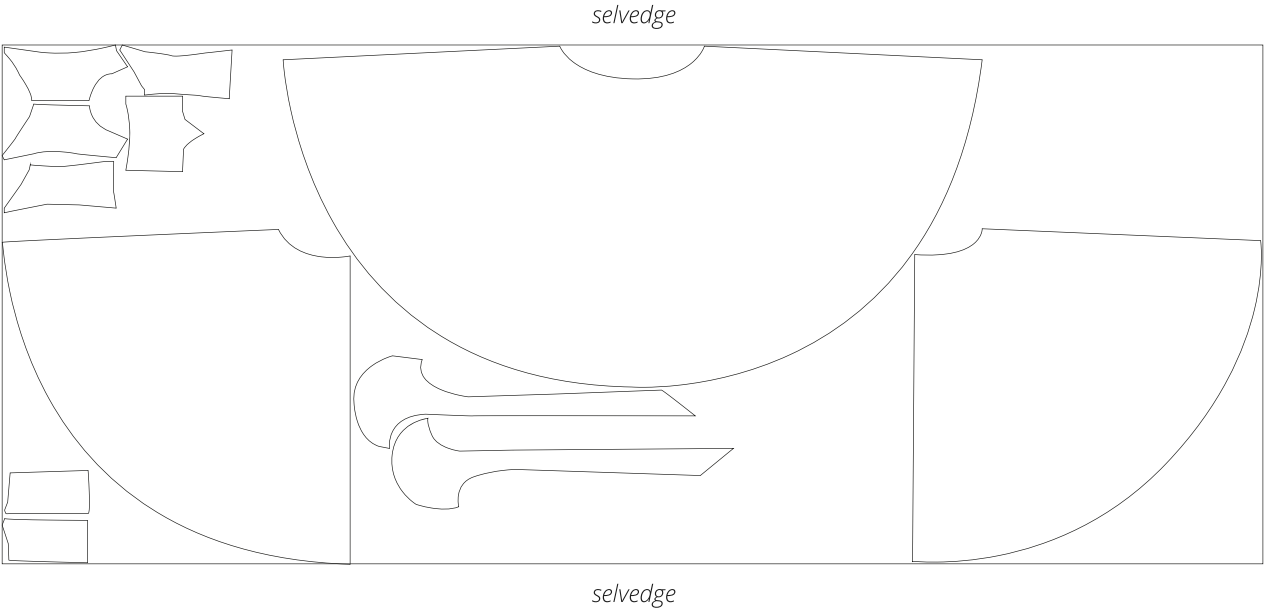
All pattern pieces include seam allowances as follows:

- center seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

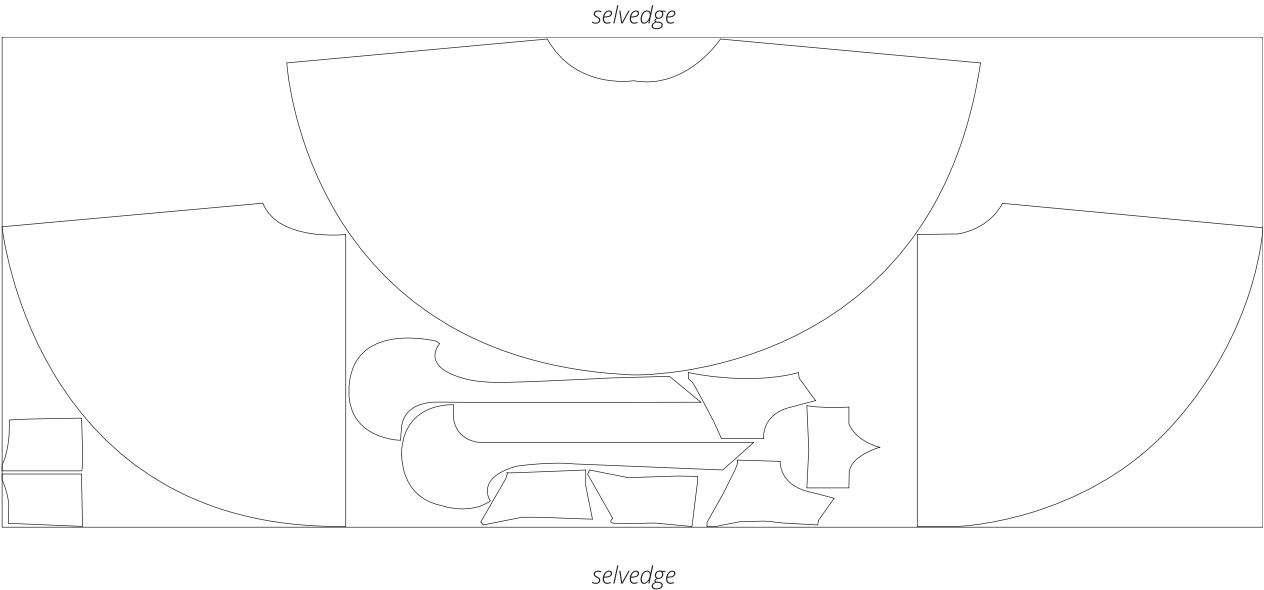
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

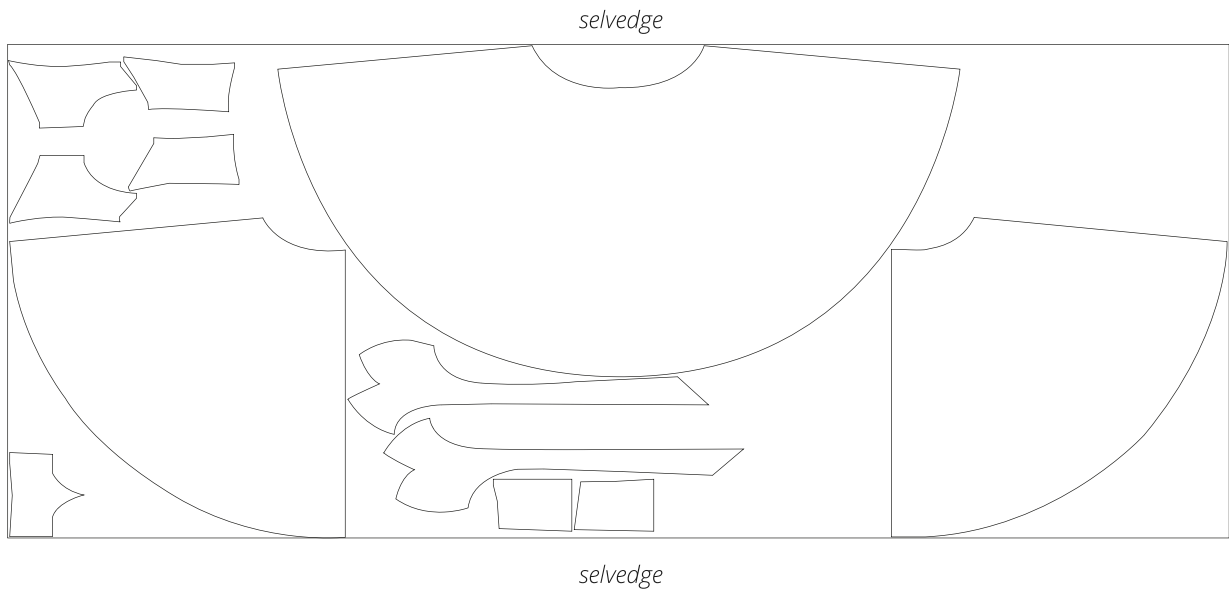
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on a single layer, for sizes 34–40 in all heights



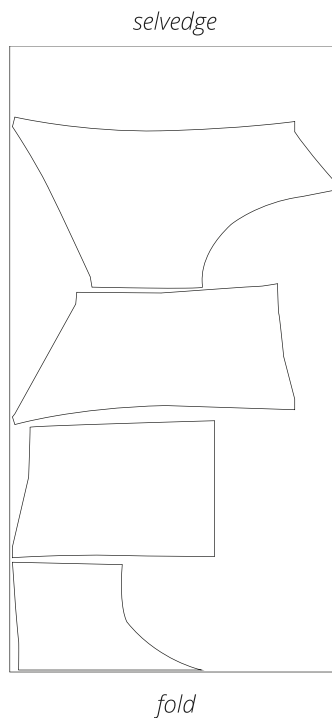
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on a single layer, for sizes 42–52 in all heights



Lining fabric, 140 cm (55") wide, with a directional print,
cut on a single layer, for all sizes in all heights



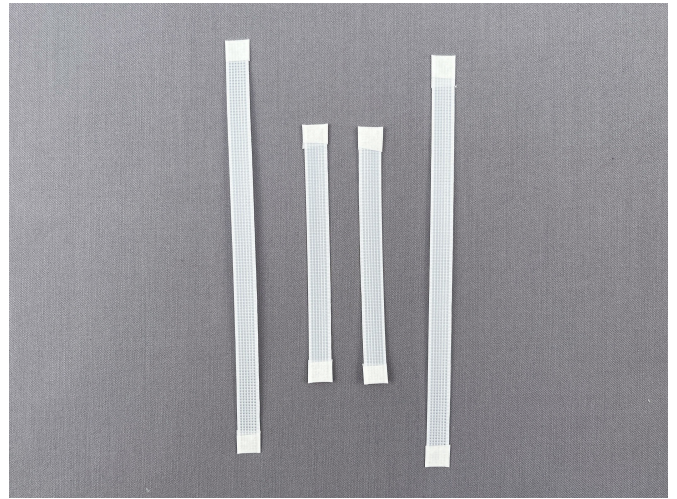
Interfacing, 140 cm (55") wide, cut on fold and in one direction,
for all sizes in all heights



READY? LET'S GET SEWING!



9. Measure the length of the princess seams on the assembled front and back bodice pieces using a ruler.



10. Cut the rigilene pieces 3 cm (1 1/8") shorter than the relevant princess seams.



11. Smooth out the sharp tips of the rigilene boning by melting them with a lighter to prevent them from distorting the garment or damaging your skin. You can also seal the ends with masking tape.



12. Center the rigilene boning over the princess seams on the wrong side of the assembled front and back bodice pieces, stepping 1.5 cm (5/8") away from the top and bottom edges. Pin in place.



13. Machine-stitch the rigilene boning to the princess seam allowances close to the seam. Backstitch at the beginning and end of the seam.