

FROM THE FOUNDER OF VIKISEWS®



In 2016, when I was creating my first patterns and instructions, I simply wanted to solve the difficulties I had faced myself at the start of my sewing journey. I missed stylish patterns with a good fit and clear sewing instructions. Step by step, this is how Vikisews came about — a brand that helps people who sew beautiful, up-to-date clothes with their own hands.



Every one of our instructions is the result of careful teamwork. We hope they help your hobby grow — and perhaps even turn it into your life's work. Enjoy the process and create a thoughtful, stylish wardrobe.

If you have any questions, email us at info@vikisews.com



MAVIS PATTERN DESCRIPTION

Mavis is a semi-fitted insulated jacket with a straight silhouette. The front features welt pockets. The shoulder line is extended. The jacket has a stand collar and long shirt sleeves. The off-center closure fastens with buttons and rouleau loops. The jacket comes with a matching scarf that fastens to a button on the back collar. The jacket is lined. Mavis is hip-length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	45.4–47.4	62.3–64.3	31.2–34.8	17.3–21.2
inches	17 7/8–18 5/8	24 1/2–25 3/8	12 1/4–13 3/4	6 3/4–8 3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	66.4–70	71.5–73.8
2 (162–168)	69.4–73	74.4–76.7
3 (170–176)	72.4–76	77.3–79.6
4 (178–184)	75.4–79	80.1–82.5

Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	26 1/8–27 1/2	28 1/8–29
2 (5'4"–5'6")	27 3/8–28 3/4	29 1/4–30 1/4
3 (5'7"–5'9")	28 1/2–29 7/8	30 3/8–31 3/8
4 (5'10"–6'1")	29 5/8–31 1/8	31 1/2–32 1/2

SUGGESTED FABRIC

To sew this jacket, choose medium-weight, soft, non-stretch, water-repellent, windproof raincoat and outerwear fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: raincoat fabric, outerwear fabric, dewspo, taslan, and membrane fabric.

For the lining, we recommend using lining fabrics made of artificial fibers (viscose), blended fibers (viscose + elastane, viscose + polyester), or synthetic fibers (polyester, polyester + elastane).

As the insulation, we recommend Alpolux, IsoSoft, or polyester batting, 200–250 g/m².

The jacket in the photo is made of outerwear fabric. The fabric is medium weight and low stretch. The fiber content is 100% polyamide. The fabric weight is 45 g/m².

The lining is made of 100% viscose. The lining fabric weight is 80 g/m².

Alpolux insulation was used for this jacket. The insulation weight is 200 g/m².

FABRIC AND NOTIONS REQUIREMENTS

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	2.75	2.75	2.75	2.8	3.15	3.2	3.3	3.35	3.4	3.45
2 (162–168)	2.85	2.9	2.9	2.9	3.3	3.35	3.4	3.45	3.5	3.6
3 (170–176)	3	3	3	3.05	3.4	3.45	3.5	3.55	3.65	3.7
4 (178–184)	3.1	3.1	3.1	3.15	3.55	3.6	3.65	3.7	3.75	3.8

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size				
	34–38	40	42–44	46–48	50–52
1 (5'1"–5'3")	3	3	3 1/2	3 5/8	3 3/4
2 (5'4"–5'6")	3 1/8	3 1/8	3 5/8	3 3/4	3 7/8
3 (5'7"–5'9")	3 1/4	3 3/8	3 3/4	3 7/8	4
4 (5'10"–6'1")	3 3/8	3 1/2	3 7/8	4	4 1/8

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.25	1.3	1.3	1.3	1.45	1.5	1.65	1.65	1.7	1.7
2 (162–168)	1.3	1.35	1.35	1.4	1.55	1.55	1.7	1.75	1.8	1.8
3 (170–176)	1.35	1.4	1.4	1.5	1.6	1.65	1.8	1.8	1.85	1.85
4 (178–184)	1.4	1.45	1.5	1.55	1.7	1.7	1.85	1.9	1.95	1.95

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size						
	34	36–38	40	42–44	46	48	50–52
1 (5'1"–5'3")	1 3/8	1 3/8	1 3/8	1 5/8	1 3/4	1 3/4	1 7/8
2 (5'4"–5'6")	1 3/8	1 1/2	1 1/2	1 3/4	1 7/8	1 7/8	2
3 (5'7"–5'9")	1 1/2	1 1/2	1 5/8	1 3/4	2	2	2
4 (5'10"–6'1")	1 1/2	1 5/8	1 3/4	1 7/8	2	2 1/8	2 1/8

3. Insulation, 150 cm wide, cut in one direction, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	2.5	2.55	2.6	2.65	2.7	2.75	2.8	2.85	2.9	2.95
2 (162–168)	2.6	2.65	2.7	2.75	2.8	2.85	2.95	3	3	3.05
3 (170–176)	2.7	2.75	2.8	2.85	2.9	2.95	3.05	3.1	3.1	3.15
4 (178–184)	2.8	2.85	2.9	2.92	3	3.05	3.15	3.15	3.2	3.25

Insulation, 59" wide, cut in one direction, in yards:

Height, ft	Size								
	34	36	38	40	42	44	46	48–50	52
1 (5'1"–5'3")	2 3/4	2 3/4	2 7/8	2 7/8	3	3	3	3 1/8	3 1/4
2 (5'4"–5'6")	2 7/8	2 7/8	3	3	3	3 1/8	3 1/4	3 1/4	3 3/8
3 (5'7"–5'9")	3	3	3	3 1/8	3 1/8	3 1/4	3 3/8	3 3/8	3 1/2
4 (5'10"–6'1")	3	3 1/8	3 1/8	3 1/4	3 1/4	3 3/8	3 1/2	3 1/2	3 1/2

4. Round cord, 3–4 mm (1/8") in diameter — 30 cm (11 3/4")

5. Four button blanks for covered buttons, 2 cm (3/4") in diameter

6. Matching thread for the main fabric — 1 spool

7. Matching thread for the lining fabric — 1 spool

TOOLS AND EQUIPMENT

- sewing machine for construction
- stitch-in-the-ditch foot (optional)
- walking foot
- cord threader (may be replaced with a safety pin)
- loop turner

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- back — cut 1 on fold
- sleeve — cut 2
- scarf — cut 2
- stand collar — cut 2
- front facing — cut 2
- back neck facing — cut 1
- pocket facing — cut 2
- welt — cut 2
- pocket reinforcement — cut 2
- loop — cut 1

2. From lining fabric:

- front lining — cut 2
- back lining — cut 1 on fold
- sleeve lining — cut 2
- bottom pocket lining — cut 2
- top pocket lining — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

3. From insulation (Alpolux):

- front — cut 2
- back — cut 1 on fold
- sleeve — cut 2
- scarf — cut 2 at 1/2 thickness
- stand collar — cut 2 at 1/2 thickness
- front facing — cut 2 at 1/2 thickness
- welt — cut 2 at 1/2 thickness

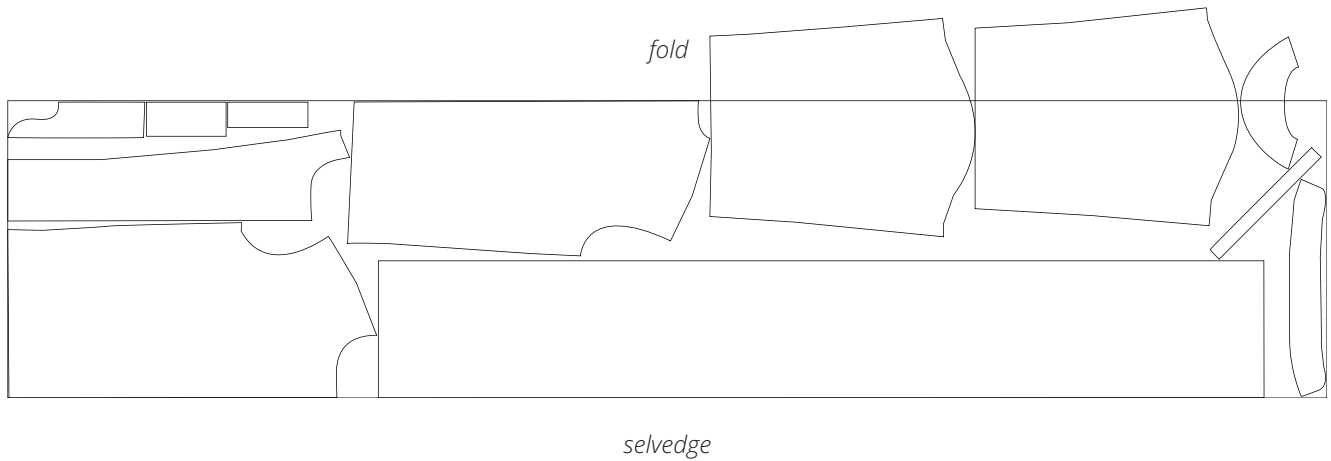
SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem and sleeve hem allowance — 4 cm (1 5/8")
- pocket lining curved edges — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

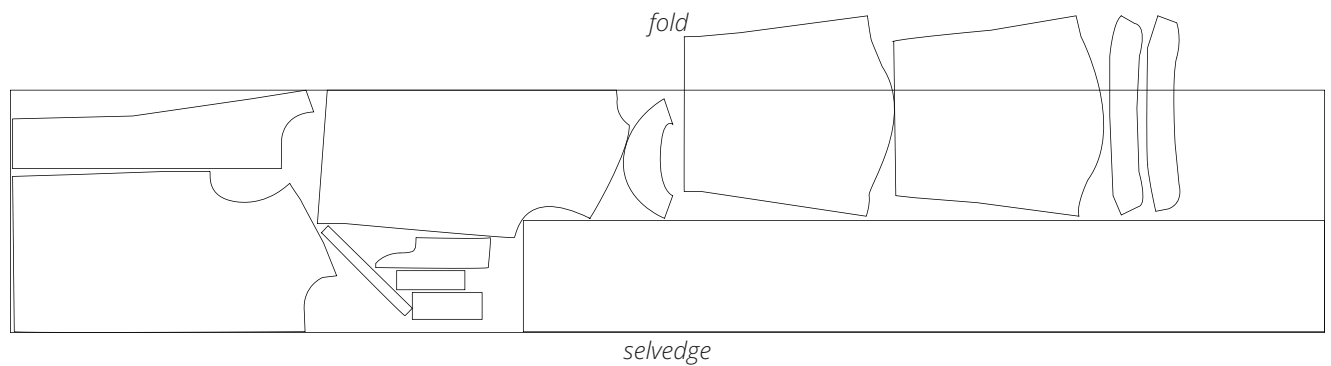
Take this into account when laying out the pattern pieces on the fabric.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for sizes 34–40 in all heights



Attention! Cut the sleeve and back neck facing pieces on a single layer out of the leftover fabric. Cut only one loop piece.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for sizes 42–52 in all heights



Attention! Cut the sleeve and stand collar pieces on a single layer out of the leftover fabric. Cut only one loop piece.



1. Transfer the pocket opening lines from the pattern to the right side of the front piece using chalk or a heat-erasable pen.

Important! We recommend checking first on a fabric scrap that the chalk or the pen marks come off completely.



2. Working on the wrong side of the front piece, baste the pocket reinforcement on, sewing the hand stitches along the lines where the pocket pieces will be attached.



3. Working on the right side of the front piece, machine-stitch the securing seams inside the pocket opening frame, at 1–2 mm from the marked lines.



4. Working on the right side of the welt, mark a line at 5 mm (just under 1/4") from the foldline.



5. Quilt the welt with the insulation, stitching along the marked line and, on the inner side of the piece, at 5 mm (just under 1/4") from the edge. True the insulation edges sticking out.