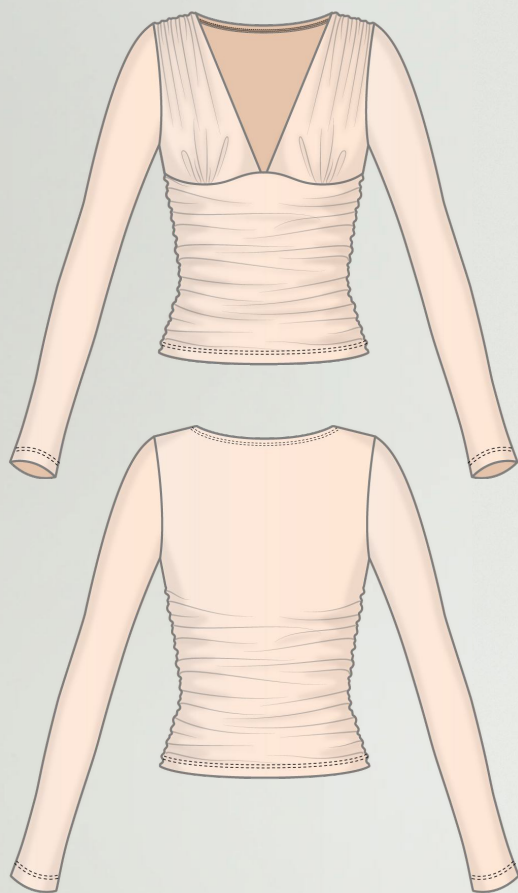


Viki

S E W S

LONG SLEEVE TOP

LOIS



SIZES

34-52

DIFFICULTY



SUITABLE FOR BEGINNERS



FROM THE FOUNDER OF THE VIKISEWS® BRAND



Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



LOIS PATTERN DESCRIPTION

Lois is a close-fitting long sleeve top with an underbust seam. The top front is self-lined and gathered at the shoulder and underbust seams. The back and bottom front are gathered at the side seams. The close-fitting set-in sleeves are long. Lois is below-waist length.



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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	10.6–12.3	3.6–5.9	39.7–52.4	7.4–12.3
inches	4 1/8–4 7/8	1 3/8–2 3/8	15 5/8–20 5/8	2 7/8–4 7/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length, cm	Sleeve length, cm
1 (154–160)	65–73.7	55.3–57.3
2 (162–168)	65.9–74.7	57.2–59.1
3 (170–176)	66.9–75.7	59.1–61.1
4 (178–184)	67.9–76.6	61–63

Height, ft	Center back length, in	Sleeve length, in
1 (5'1"–5'3")	25 5/8–29	21 3/4–22 1/2
2 (5'4"–5'6")	26–29 3/8	22 1/2–23 1/4
3 (5'7"–5'9")	26 3/8–29 3/4	23 1/4–24
4 (5'10"–6'1")	26 3/4–30 1/8	24–24 3/4

SUGGESTED FABRICS

To sew this top, choose soft, stretchy knit fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: knits, modal knits, viscose knits. The stretch factor is from 1.5 to 2.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The top in the photo is made of knit fabric. The fabric is medium weight, soft, and stretchy. The fiber content is 70% viscose + 30% polyester. The fabric weight is 180 g/m². The stretch factor is 2.

The sleeveless top is made of soft, pliable knit fabric. The fabric is medium weight, soft, and stretchy. The fiber content is 50% acetate + 28% nylon + 18% polyester. The fabric weight is 260 g/m². The stretch factor is 1.5.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	34-38	40-42	44-46	48-50	52
1 (154-160)	1.1+0.35	1.1+0.4	1.15+0.4	1.15+0.4	1.65
2 (162-168)	1.15+0.35	1.15+0.4	1.15+0.4	1.15+0.45	1.65
3 (170-176)	1.15+0.35	1.15+0.4	1.2+0.4	1.2+0.45	1.7
4 (178-184)	1.15+0.4	1.2+0.4	1.2+0.4	1.2+0.45	1.75

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size		
	34-48	50	52
1 (5'1"-5'3")	1 1/4+3/8	1 1/4+3/8	1 3/4
2 (5'4"-5'6")	1 1/4+3/8	1 1/4+1/2	1 3/4
3 (5'7"-5'9")	1 1/4+3/8	1 1/4+1/2	1 7/8
4 (5'10"-6'1")	1 1/4+3/8	1 1/4+1/2	1 7/8

1. Main fabric, 140 cm wide, with a directional print/nap, for the option without sleeves, in meters:

Height, cm	Size				
	34-38	40	42-46	48-50	52
1 (154-160)	0.75+0.35	0.75+0.35	0.8+0.4	0.8+0.4	1.6
2 (162-168)	0.75+0.35	0.8+0.4	0.8+0.4	0.85+0.45	1.6
3 (170-176)	0.8+0.35	0.8+0.4	0.8+0.4	0.85+0.45	1.65
4 (178-184)	0.8+0.4	0.8+0.4	0.85+0.4	0.85+0.45	1.7

Main fabric, 55" wide, with a directional print/nap, for the option without sleeves, in yards:

Height, ft	Size		
	34-48	50	52
1 (5'1"-5'3")	7/8+3/8	7/8+3/8	1 3/4
2 (5'4"-5'6")	7/8+3/8	7/8+1/2	1 3/4
3 (5'7"-5'9")	7/8+3/8	7/8+1/2	1 3/4
4 (5'10"-6'1")	7/8+3/8	7/8+1/2	1 7/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Clear elastic, 0.5–0.6 cm (just under 1/4") wide — 65 cm (25 5/8")
3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, the hem can be finished with a twin needle on any regular sewing machine with a zigzag function

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These needles have a ballpoint tip that parts the knit loops without piercing the threads.

PATTERN PIECES LIST

From main fabric:

- top front – cut 2
- bottom front – cut 1 on fold
- back – cut 1 on fold
- sleeve – cut 2
- back neck binding – cut 1
- back armscye binding – cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

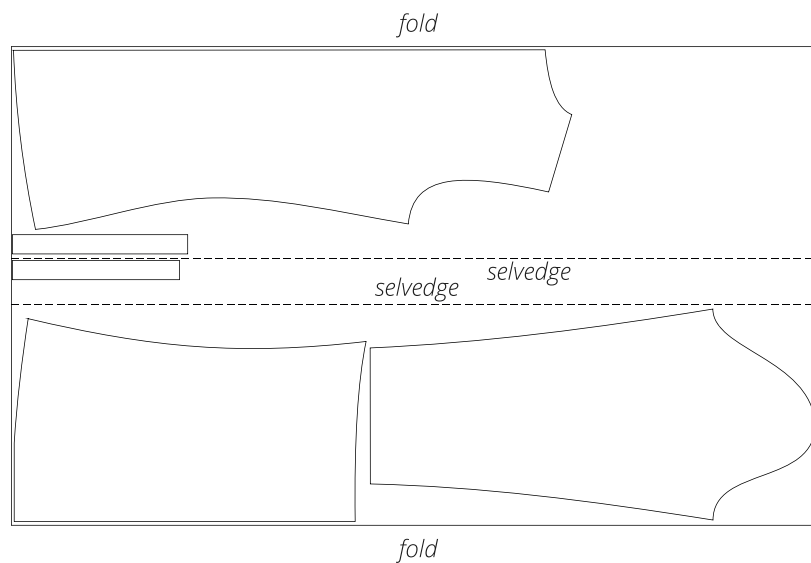
- garment hem allowance — 2 cm (3/4")
- sleeve hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

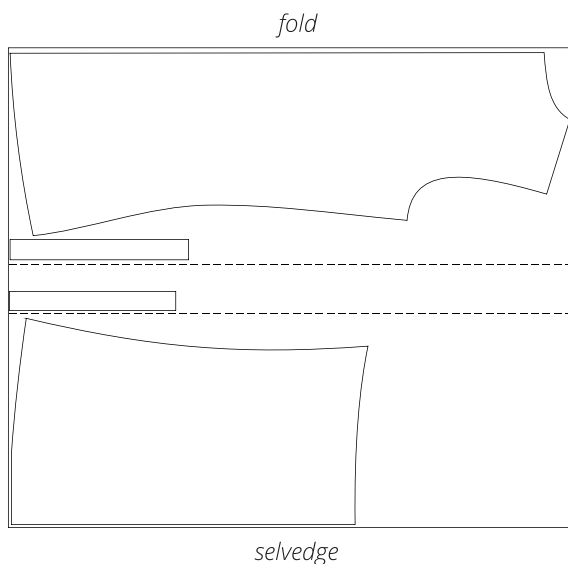
Step 1 for the option with sleeves:

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut with two folds, for sizes 34–50 in all heights



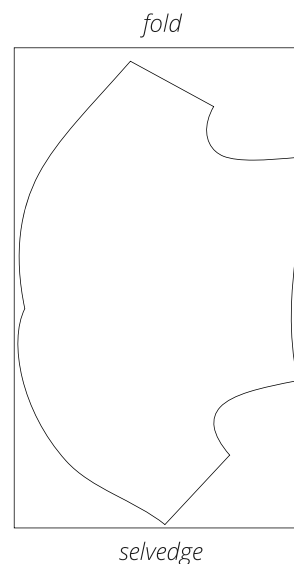
Step 1 for the option with sleeves:

Main fabric, 140 cm (55") wide, with a directional print/nap, cut with two folds, for sizes 34–50 in all heights



Step 2:

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34–50 in all heights

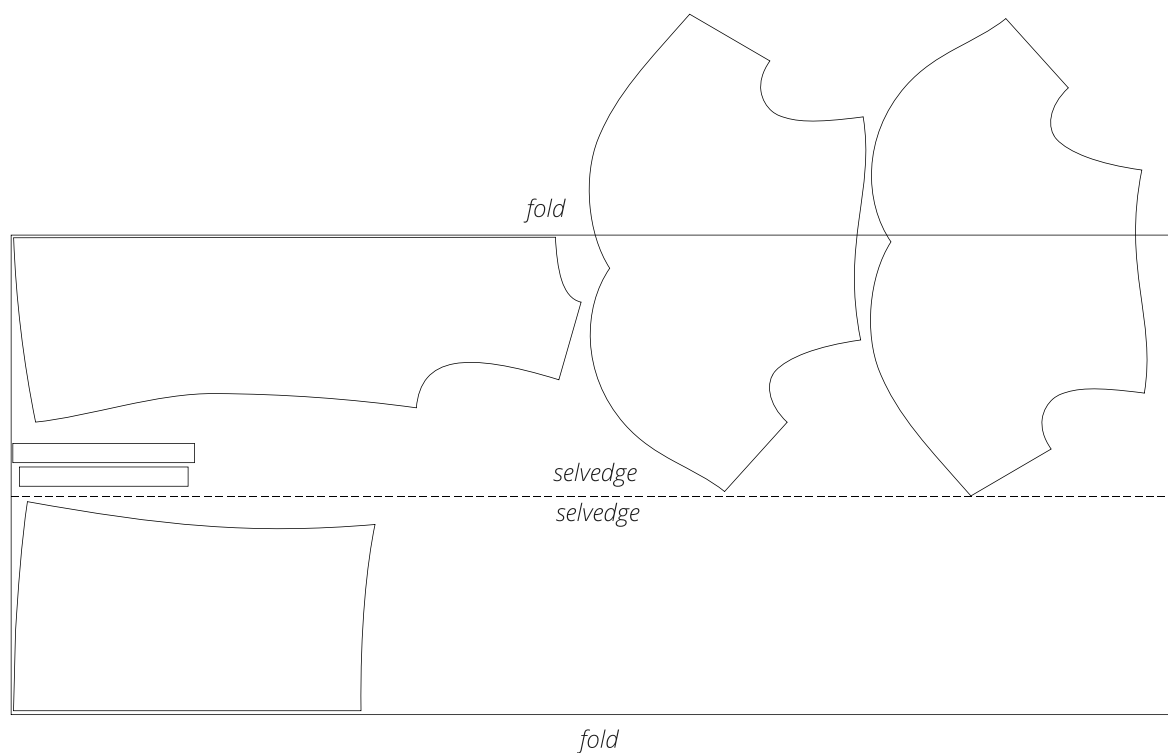


For the option with sleeves: Main fabric, 140 cm (55") wide, with a directional print/nap, cut with two folds, for size 52 in all heights



Important! Cut the top front pieces on a single layer out of the leftover fabric.
Cut only one back neck binding piece.

For the option without sleeves: Main fabric, 140 cm (55") wide, with a directional print/nap, cut with two folds, for size 52 in all heights



Important! Cut the top front pieces on a single layer out of the leftover fabric.
Cut only one neck facing piece

READY? LET'S GET SEWING!



7. On the bottom front and back pieces, machine-stitch a row of gathering stitches along the side edges at the sections indicated on the pattern pieces, at 8 mm (just under 3/8") from the edge. Leave long thread tails. Use 4–5 mm stitch length.



8. Pull the bobbin thread to gather the fabric to the length indicated on the pattern.



9. On the top front pieces, machine-stitch a row of gathering stitches along the top and bottom edges at the sections indicated on the pattern, at 8 mm (just under 3/8") from the edge. Leave long thread tails. Use 4–5 mm stitch length.