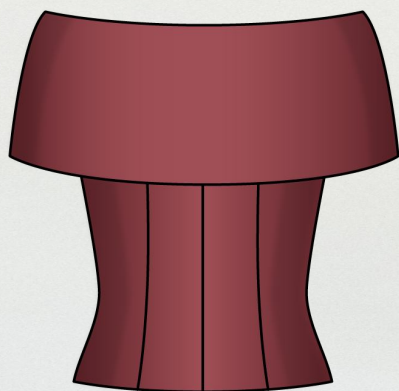


Viki

S E W S

BLOUSE

LILY



SIZES

34-52

DIFFICULTY



INTERMEDIATE



FROM THE FOUNDER OF THE VIKISEWS® BRAND

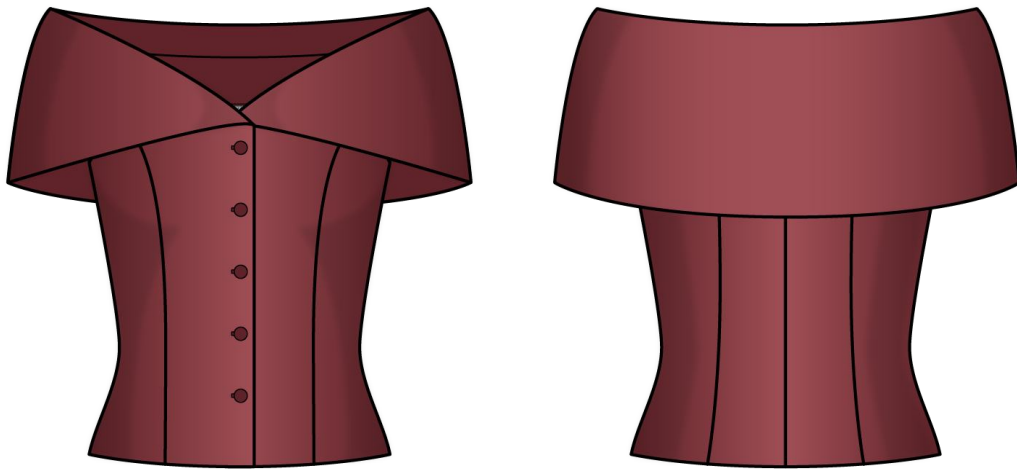


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



LILY PATTERN DESCRIPTION

Lily is a semi-fitted blouse with an accentuated waist. The front is fitted with princess seams. The back is fitted with princess seams and a center seam. The deep, open neckline is finished with a wide turn-down collar. The blouse is fully lined and closes with buttons and buttonholes at the center front. Lily is below-waist length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease
cm	2.7	3.4–4.6
inches	1 1/8	1 3/8–1 3/4

GARMENT LENGTH

Height, cm	Center back length from waist down, cm	Height, ft	Center back length from waist down, in
1 (154–160)	14.4–15.3	1 (5'1"–5'3")	5 5/8–6
2 (162–168)	16.4–17.3	2 (5'4"–5'6")	6 1/2–6 3/4
3 (170–176)	18.4–19.3	3 (5'7"–5'9")	7 1/4–7 5/8
4 (178–184)	20.4–21.3	4 (5'10"–6'1")	8–8 3/8

SUGGESTED FABRICS

To sew this blouse, choose medium-weight, pliable, soft, non-stretch or low-stretch, structured suiting and dress-weight fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: gabardine, denim, velvet, suiting cotton.

The blouse in the photo is made of suiting cotton. The fabric is medium weight, pliable, structured, and low-stretch. The fiber content is 95% cotton + 5% elastane. The fabric weight is 180 g/m².

The lining is made of 100% viscose. The fabric weight is 100 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	34	36-44	46	48-50	52
1 (154-160)	1.35	1.35	1.55	1.55	1.6
2 (162-168)	1.4	1.4	1.6	1.65	1.6
3 (170-176)	1.45	1.45	1.65	1.7	1.75
4 (178-184)	1.45	1.5	1.75	1.75	1.8

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size			
	34-44	46	48-50	52
1 (5'1"-5'3")	1 1/2	1 3/4	1 3/4	1 3/4
2 (5'4"-5'6")	1 1/2	1 3/4	1 3/4	1 3/4
3 (5'7"-5'9")	1 5/8	1 3/4	1 7/8	1 7/8
4 (5'10"-6'1")	1 5/8	1 7/8	1 7/8	2

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size	
	34-42	44-52
1 (154-160)	0.45	0.45
2 (162-168)	0.45	0.5
3 (170-176)	0.5	0.5
4 (178-184)	0.55	0.55

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size
	34-52
1 (5'1"-5'3")	1/2
2 (5'4"-5'6")	1/2
3 (5'7"-5'9")	1/2
4 (5'10"-6'1")	5/8

3. Lightweight interfacing, knit or woven, 140 cm (55") wide, for all sizes in all heights — 1 m (1 1/8 yd).

4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 4.6 m (5 yd).

5. Elastic, 3.5 cm (1 3/8") wide. Length including seam allowances (specified on the pattern) — 30 cm (12").

6. Five button blanks (plus one or two spare ones), 1.1 cm (just over 3/8") in diameter.

7. Matching thread for the main fabric — 1 spool.

8. Matching thread for the lining fabric — 1 spool.

TOOLS AND EQUIPMENT

- sewing machine for construction
- buttonhole foot for the sewing machine
- press tool and molds for button covering

PATTERN PIECES LIST

1. From main fabric:

- center front – cut 2
- side front – cut 2
- center back – cut 2
- side back – cut 2
- strap – cut 4
- undercollar – cut 1 on fold
- upper collar – cut 1 on fold
- back facing – cut 1 on fold_– front facing – cut 2
- armscye facing – cut 2

2. From additional fabric (elastic tape):

- elastic template – cut 2

3. From lining fabric:

- center back lining – cut 2
- side back lining – cut 2
- side front lining – cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

4. From interfacing:

- undercollar – cut 1 on fold
- upper collar – cut 1 on fold
- back facing – cut 1 on fold_– front facing – cut 2
- armscye facing – cut 2

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 4 cm (1 5/8")
- all other edges — 1 cm (3/8")

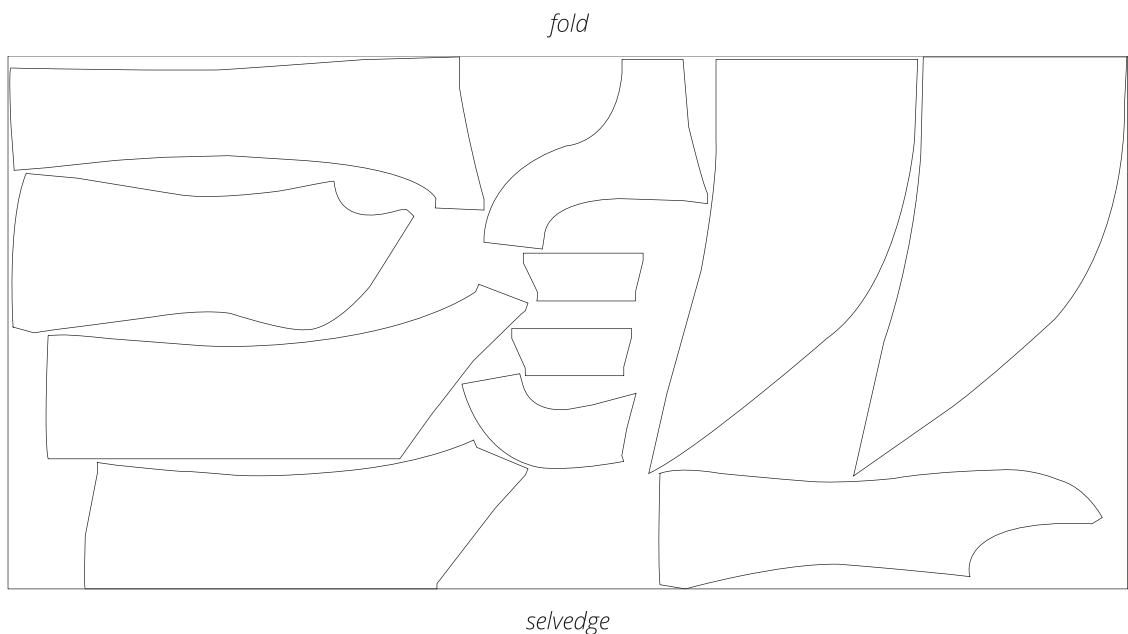
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

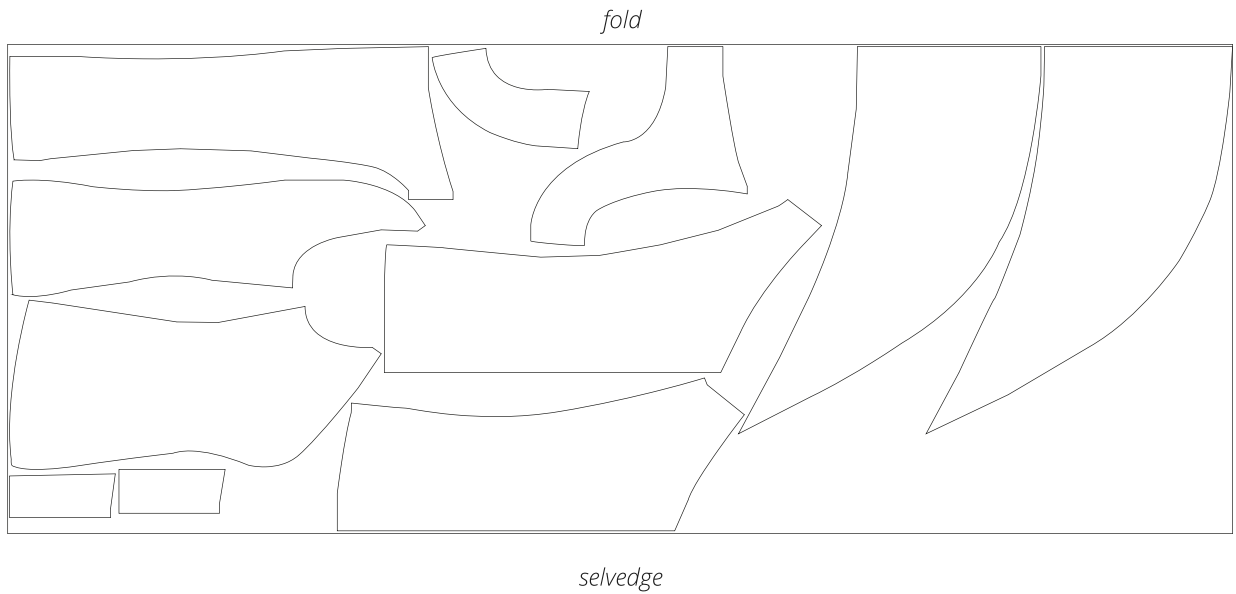
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 34–40 in all heights



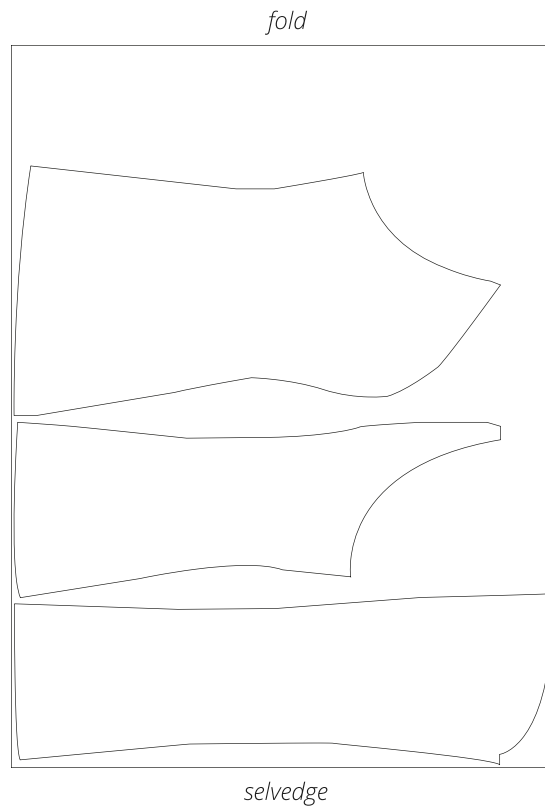
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 42–44 in all heights



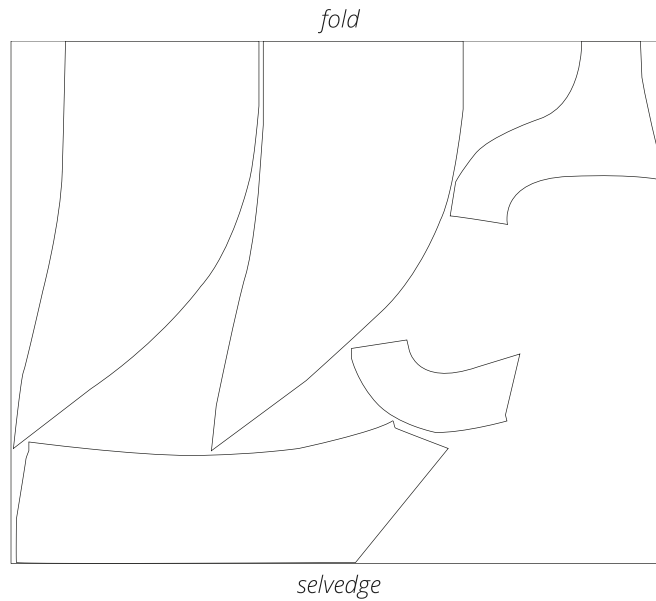
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 46–52 in all heights



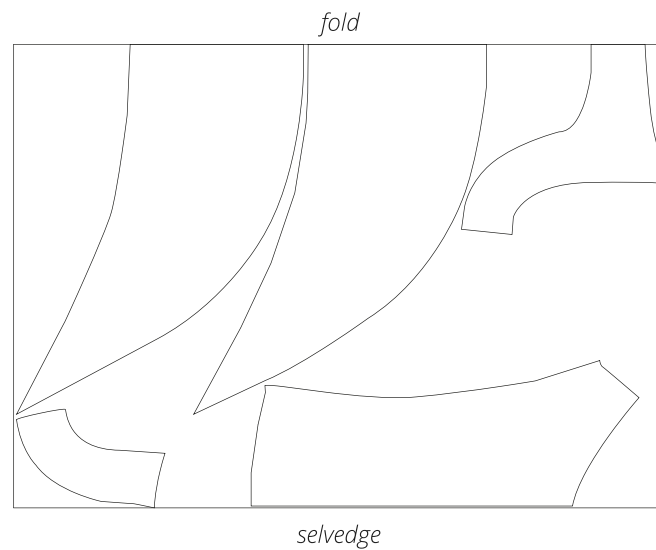
Lining fabric, 140 cm (55") wide, with a directional print,
cut on fold, for all sizes in all heights



Interfacing, 140 cm (55") wide,
cut on fold and in one direction,
for sizes 34–42 in all heights



Interfacing, 140 cm (55") wide,
cut on fold and in one direction,
for sizes 44–52 in all heights



READY? LET'S GET SEWING!



5. Machine-stitch, backstitching at the beginning and end of the seam. Press the seams flat.

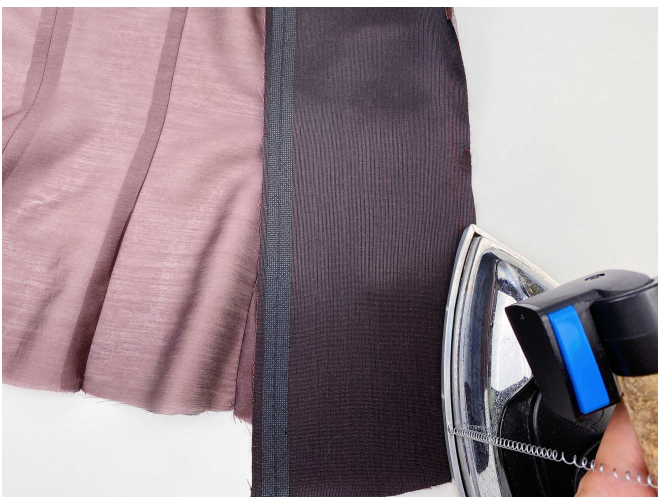
Important! Leave a 15–20 cm (6–8”) unstitched opening in the left side seam of the lining for finishing the garment hem. Hand-baste or machine-baste the opening closed with a long stitch.



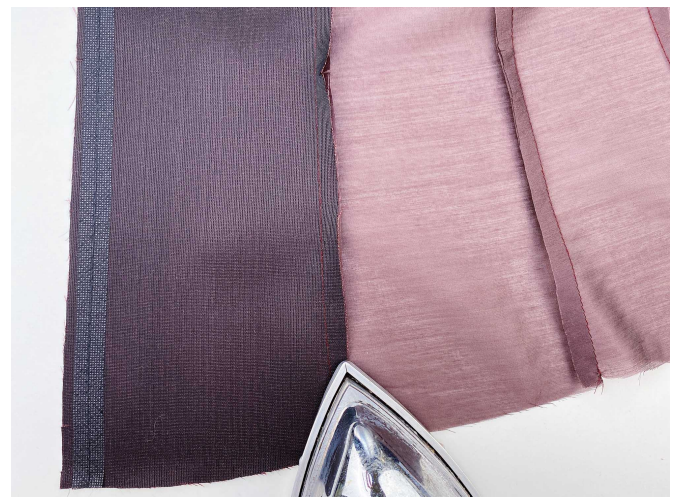
6. Press the princess seam allowances towards the center back. Press the center back and side seam allowance open.



7. Place the front facing and side front lining pieces right sides together. Align the edges, match the notches, and pin.



8. Machine-stitch, backstitching at the beginning and end of the seam. Press the seam flat.



9. Press the seam allowances towards the garment lining.