FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



SAHANA PATTERN DESCRIPTION

Sahana is a loose-fitting, straight-cut, fully lined jacket with patch pockets on the front and stitched pleats on the back. The jacket features a turn-down collar with a separate collar stand and closes with stud buttons and buttonholes at the center front. The loose-fitting shirt sleeves have darts at the hems and are finished with cuffs, each fastening with a stud button and a buttonhole. Sahana is below-hip length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	54.1–48.2	69.5–55.5	37.3–21.3	29.5–24.7
inches	21 1/4–19	27 3/8–21 7/8	14 5/8–8 3/8	11 5/8–9 3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including shoulder width and cuff, cm
1 (154–160)	77	76.7–78.7
2 (162–168)	80	78.7–80.7
3 (170–176)	83	80.7–82.7
4 (178–184)	86	82.7–84.7

Height, ft	Back length, in	Sleeve length including shoulder width and cuff, in
1 (5′1″–5′3″)	30 3/8	30 1/4–31
2 (5′4″–5′6″)	31 1/2	31–31 3/4
3 (5′7″–5′9″)	32 5/8	31 3/4–32 1/2
4 (5′10″–6′1″)	33 7/8	32 1/2–33 3/8

SUGGESTED FABRIC

To sew this jacket, choose outerwear fabrics with the following properties: heavyweight, structured, non-stretch or low-stretch. The fiber content can include natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: outerwear gabardine, corduroy, denim.

Attention! We do not recommend soft and lightweight outerwear fabrics.

For the lining, we recommend lining fabrics made of artificial fibers, synthetic fibers, or blends.

For the insulation layer, choose 50 g/m^2 and 100 g/m^2 materials: alpolux, isosoft, thinsulate, holofiber, polyester batting, or use pre-quilted outerwear fabrics.

The jacket in the photo is made of corduroy. The fabric is medium weight, soft, and low-stretch. The fiber content is 100% polyester. The fabric weight is 320 g/m^2.

The fiber content of the lining is 100% viscose. The fabric weight is 100 g/m^2.

The insulation material is alpolux 50 g/m^2.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size		
	XS–S	M–L	XL
1 (154–160)	2.3	2.5	2.6
2 (162–168)	2.35	2.55	2.7
3 (170–176)	2.4	2.6	2.75
4 (178–184)	2.45	2.65	2.85

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size		
	XS–S	M–L	XL
1 (5′1″–5′3″)	2 1/2	2 3/4	2 7/8
2 (5′4″–5′6″)	2 5/8	2 3/4	3
3 (5′7″–5′9″)	2 5/8	2 7/8	3
4 (5′10″–6′1″)	2 5/8	2 7/8	3 1/8

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size		
	XS–S	M–L	XL
1 (154–160)	1.7	1.85	1.9
2 (162–168)	1.75	1.9	1.95
3 (170–176)	1.85	1.95	2.1
4 (178–184)	1.9	2.1	2.1

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size		
	XS–S	M–L	XL
1 (5′1″–5′3″)	1 7/8	2	2 1/8
2 (5′4″–5′6″)	1 7/8	2 1/8	2 1/8
3 (5′7″–5′9″)	2	2 1/8	2 1/4
4 (5′10″–6′1″)	2 1/8	2 1/4	2 1/4

3. Insulation, 140 cm wide, cut in one direction, in meters:

Height, cm	Size		
	XS–S	M–L	XL
1 (154–160)	1.95	2.1	2.15
2 (162–168)	2	2.15	2.25
3 (170–176)	2.1	2.25	2.3
4 (178–184)	2.1	2.35	2

Insulation, 55" wide, cut in one direction, in yards:

Height, ft	Size		
	XS–S	M–L	XL
1 (5′1″–5′3″)	2 1/8	2 1/4	2 3/8
2 (5′4″–5′6″)	2 1/8	2 3/8	2 1/2
3 (5′7″–5′9″)	2 1/4	2 1/2	2 1/2
4 (5′10″–6′1″)	2 1/4	2 5/8	2 1/8

IMPORTANT! *When purchasing fabric, please account for shrinkage and buy 5% more than required.*

4. Lightweight interfacing, knit or woven, 140 cm (55”) wide, for all sizes in all heights — 1 m (1 1/8 yd)
5. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 1.5 m (1 5/8 yd)
6. Seven (plus one or two spare ones) metal stud buttons for jeans, 1.5–2 cm (5/8–3/4") in diameter
7. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)
8. Matching topstitching thread (for example, Madeira No. 35) — 2 spools

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine
- stitch-in-the-ditch foot for the sewing machine (optional)
- stud button press tool with a corresponding set of molds, hole puncher

PATTERN PIECES LIST

1. From main fabric:
- front — cut 2
- middle back — cut 1 on fold
- side back — cut 2
- back pleat facing — cut 2
- front sleeve — cut 2
- back sleeve — cut 2
- undercollar — cut 1 on fold
- upper collar — cut 1 on fold
- collar stand — cut 2
- cuff — cut 2
- back neck facing — cut 1 on fold
- front facing — cut 2
- top pocket — cut 2
- bottom pocket — cut 2
- front hem facing — cut 2
- back hem facing — cut 1 on fold

2. From lining fabric:
- front lining — cut 2
- back lining — cut 1 on fold
- front sleeve lining — cut 2
- back sleeve lining — cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

3. From insulation (alpolux):
- front lining — cut 2
- back lining — cut 1 on fold
- front sleeve lining — cut 2
- back sleeve lining — cut 2
- back neck facing — cut 1 on fold
- front facing — cut 2
- front hem facing — cut 2
- back hem facing — cut 1 on fold

4. From interfacing:
- back pleat facing — cut 2
- undercollar — cut 1 on fold
- upper collar — cut 1 on fold
- collar stand — cut 2
- cuff — cut 2
- back neck facing — cut 1 on fold
- front facing — cut 2
- front hem facing — cut 2
- back hem facing — cut 1 on fold

Additionally, cut the following from interfacing:
- two strips (width and length according to the pattern) to interface the top seam allowance of the top pocket piece
- two strips (width and length according to the pattern) to interface the top seam allowance of the bottom pocket piece

SEAM ALLOWANCES

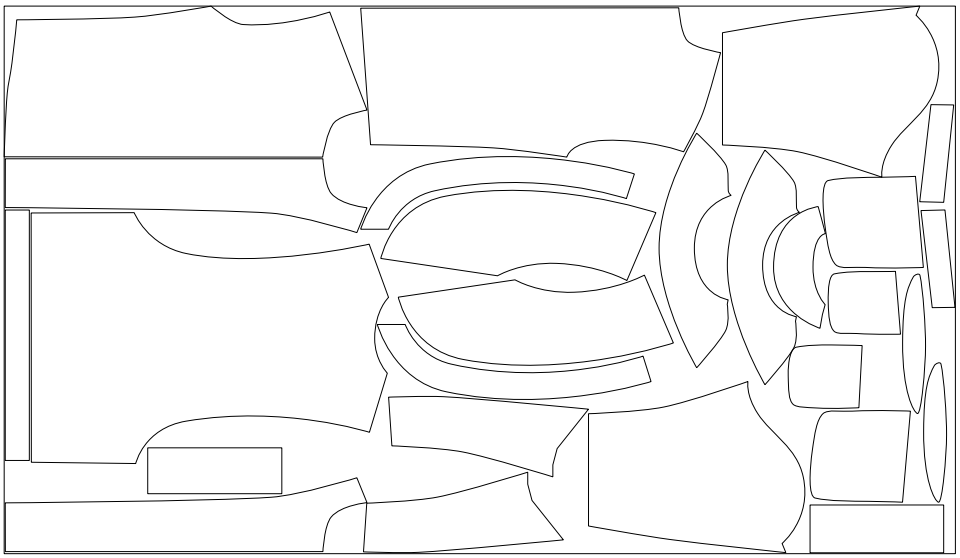
All pattern pieces include seam allowances as follows:
- top seam allowance of the top and bottom pocket pieces — 2.5 cm (1")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes XS–S in all heights

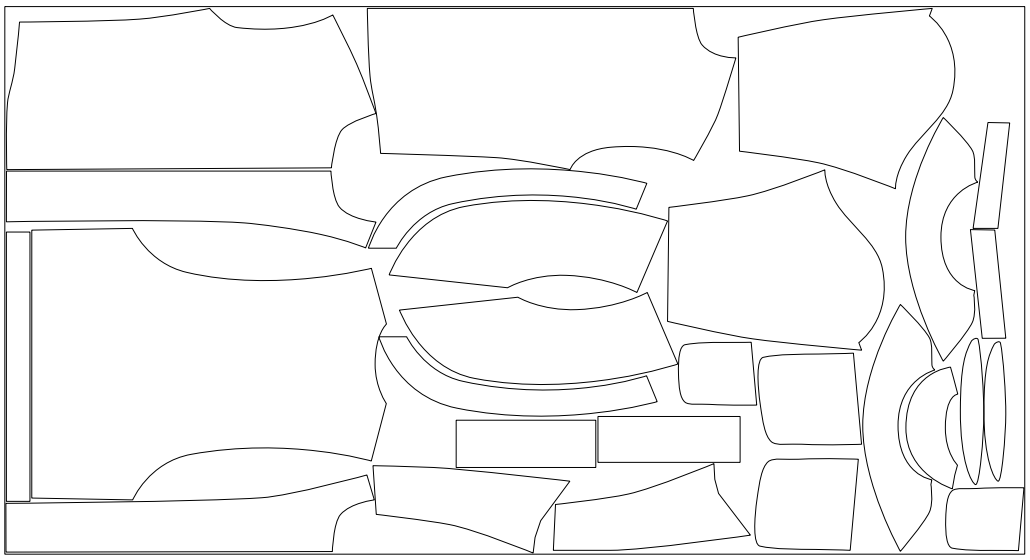
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Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes M–L in all heights

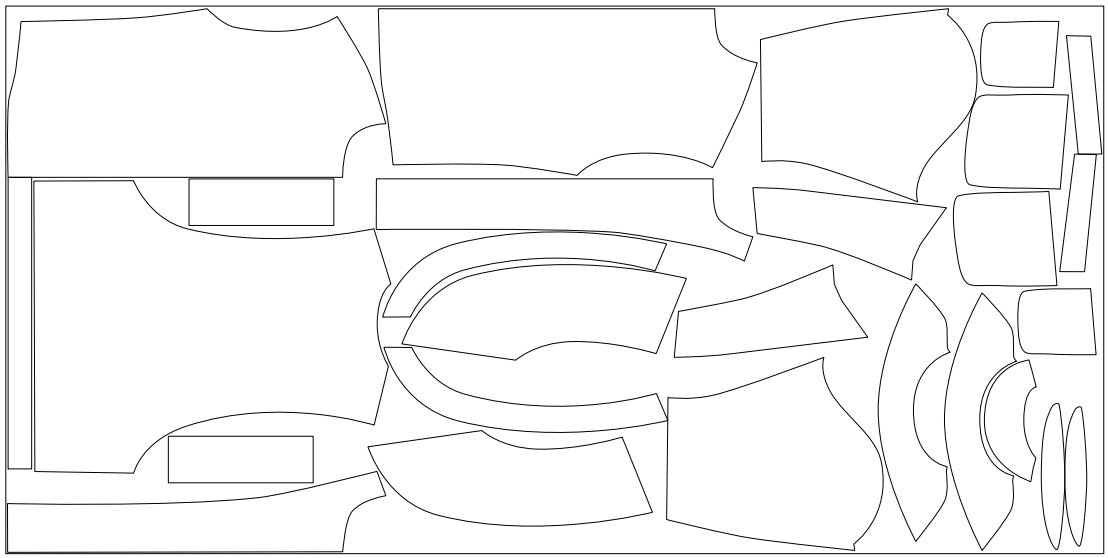
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Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for size XL in all heights

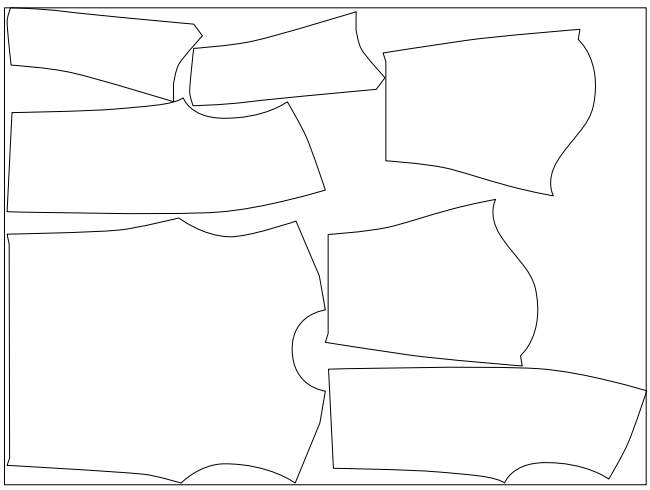
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Lining fabric, 140 cm (55") wide, with a directional print, cut on a single layer, for sizes XS–S in all heights

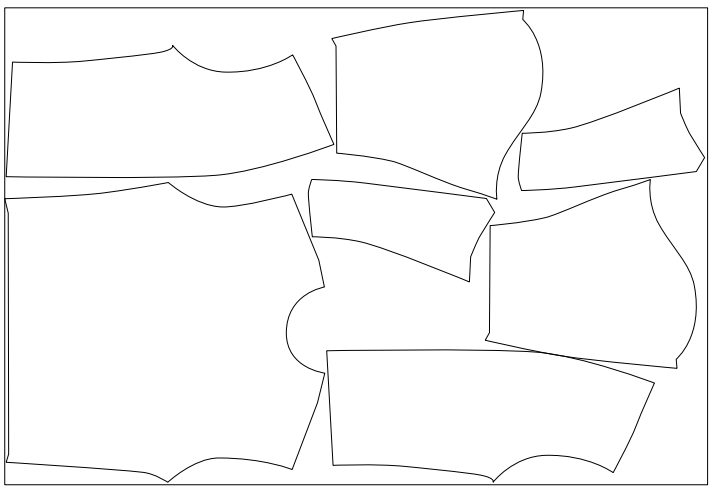
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Lining fabric, 140 cm (55") wide, with a directional print, cut on a single layer, for sizes M–XL in all heights

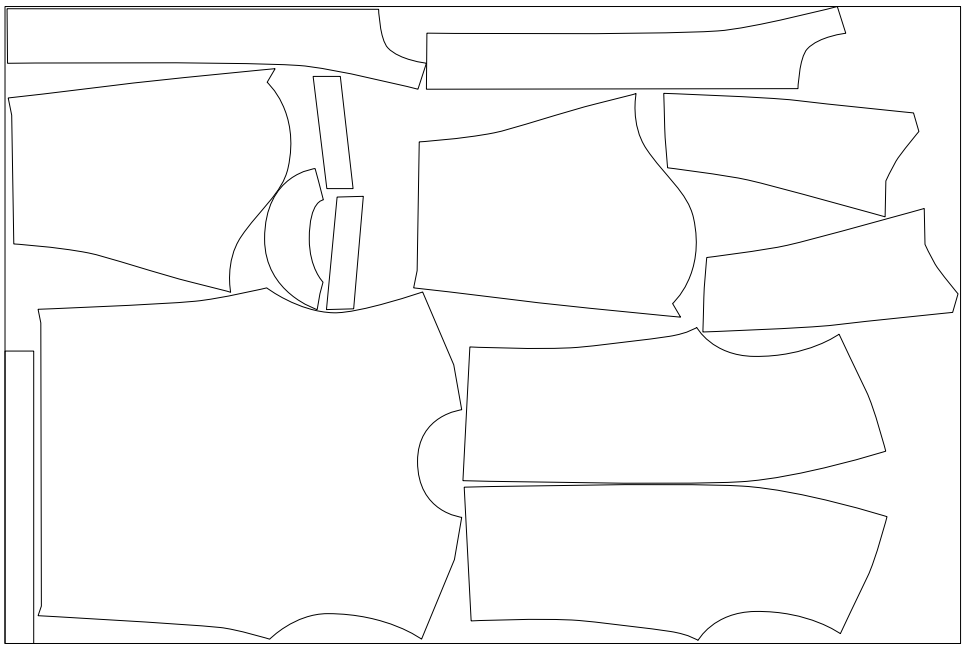
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Insulation, 140 cm (55") wide, cut on a single layer in one direction, for sizes XS–S in all heights

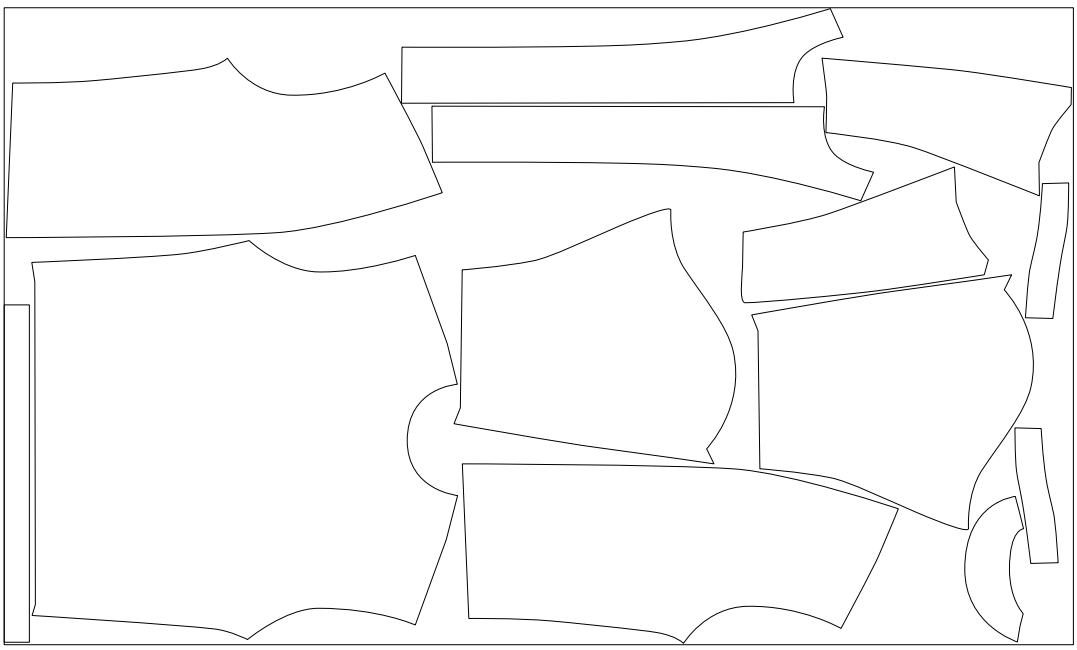
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Insulation, 140 cm (55") wide, cut on a single layer in one direction, for sizes M–XL in all heights

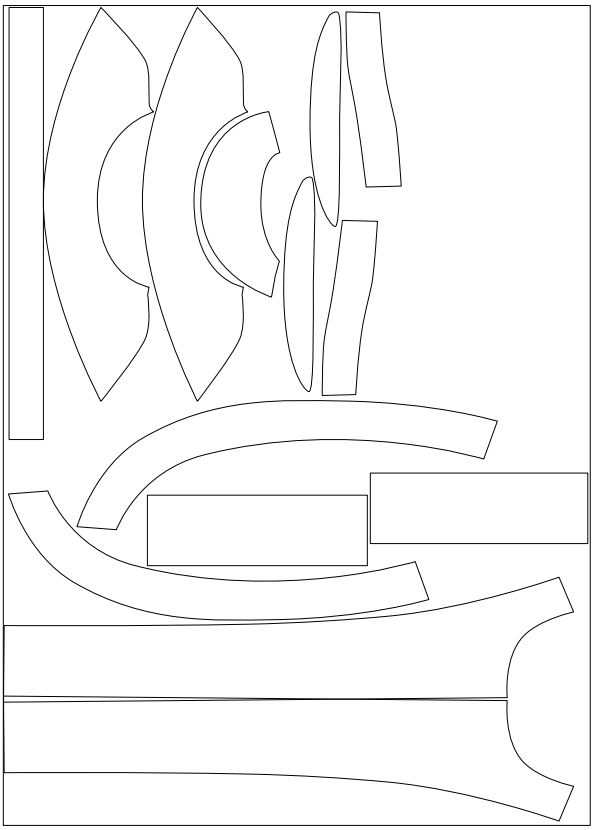
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Interfacing, 140 cm (55") wide,
cut on a partial fold in one direction,
for all sizes in all heights

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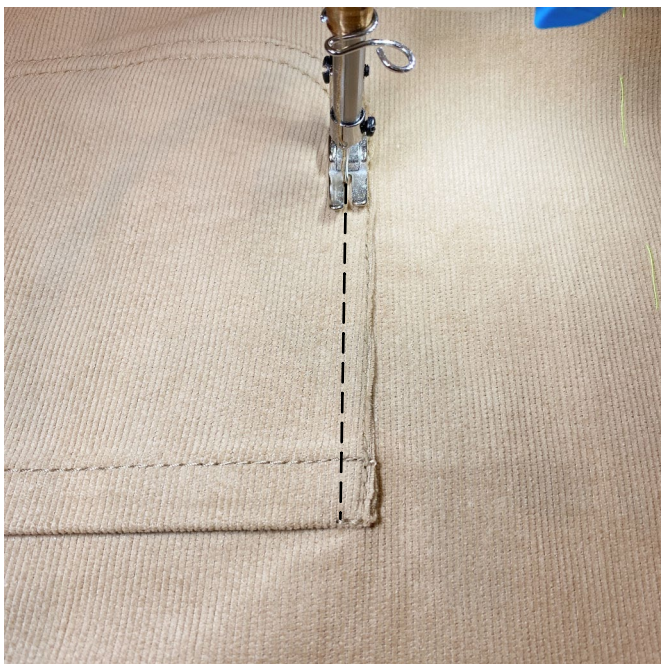
READY? LET'S GET SEWING!



Transfer the top and bottom pocket placement from the pattern to the right side of the front piece.



Following the markings, place the top and bottom pocket pieces wrong side down onto the right side of the front piece. Align the edges with the marked lines and pin the pockets in place at the sides and bottom.



Using topstitching thread, sew two rows of topstitching along the side and bottom edges of the pockets to secure them to the front piece. Stitch first at 1 mm and then at 6 mm (1/4") from the pocket edges. Backstitch at the top corners. Use a 4 mm stitch length.