

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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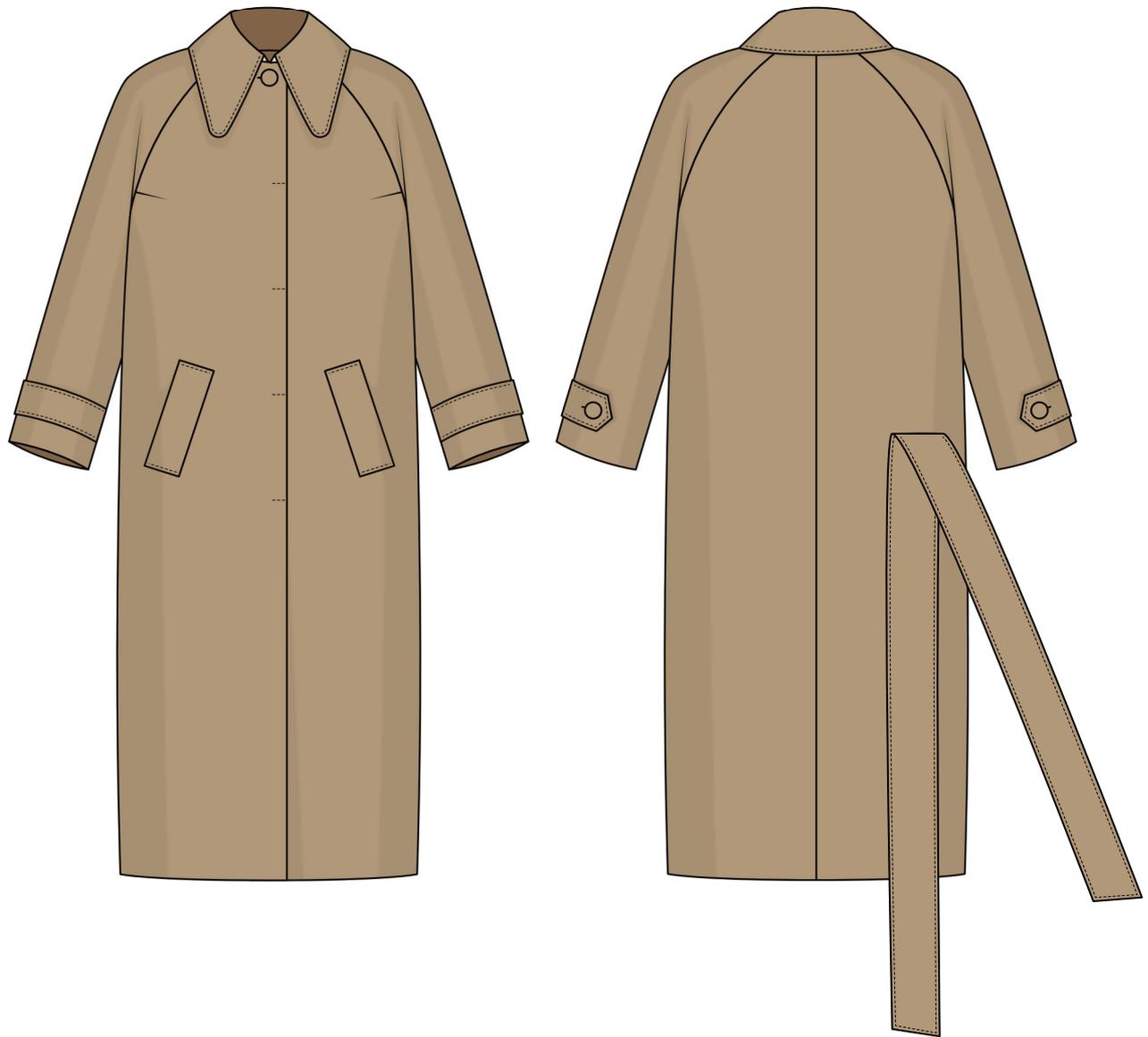


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## GERTRUDE PATTERN DESCRIPTION

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Gertrude is a semi-fitted padded coat with a straight silhouette. The bust darts have been transferred to the armholes. There are welt pockets with sewn-on ends on the front. The coat has semi-fitted raglan sleeves featuring tabs secured with buttons and a turn-down collar with a collar stand. The detachable belt is padded. The coat is fully lined and has a hidden button and buttonhole closure at the center front. The right center front edge has horizontal reinforcement stitches. The collar, tabs, welts, and belt feature decorative topstitching. Gertrude is above-ankle length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	34.6–29.2	54.6–49.2	28.6–23.2	18.7–17.5
inches	13 <sup>5</sup> / <sub>8</sub> –11 <sup>1</sup> / <sub>2</sub>	21 <sup>1</sup> / <sub>2</sub> –19 <sup>3</sup> / <sub>8</sub>	11 <sup>1</sup> / <sub>4</sub> –9 <sup>1</sup> / <sub>8</sub>	7 <sup>3</sup> / <sub>8</sub> –6 <sup>7</sup> / <sub>8</sub>

# GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Center back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	120.4–120.6	76.9–79.6
2 (162–168)	124.4–124.6	78.8–81.5
3 (170–176)	128.4–128.6	80.7–83.4
4 (178–184)	132.4–132.6	82.6–85.3

Height, ft	Center back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	47 <sup>3</sup> / <sub>8</sub> –47 <sup>1</sup> / <sub>2</sub> "	30 <sup>1</sup> / <sub>4</sub> –31 <sup>3</sup> / <sub>8</sub>
2 (5'4"–5'6")	49	31–32 <sup>1</sup> / <sub>8</sub>
3 (5'7"–5'9")	50 <sup>1</sup> / <sub>2</sub> –50 <sup>5</sup> / <sub>8</sub>	31 <sup>3</sup> / <sub>4</sub> –32 <sup>7</sup> / <sub>8</sub>
4 (5'10"–6'1")	52 <sup>1</sup> / <sub>8</sub> –52 <sup>1</sup> / <sub>4</sub>	32 <sup>1</sup> / <sub>2</sub> –33 <sup>5</sup> / <sub>8</sub>

# SUGGESTED FABRIC

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To sew this coat, choose suiting fabrics with the following properties:

- medium weight, structured, non-stretch or low-stretch;
- the fiber content can include natural fibers (cotton), artificial fibers (viscose), blended fibers (cotton + polyester, etc.), and synthetic fibers (polyester);
- the following fabrics are recommended: cotton gabardine, denim, eco-leather.

**Attention!** We do not recommend soft, lightweight (outerwear) fabrics.

For the insulation, we recommend alpolux 100, isosoft 100, fibertec, holofiber, thinsulate, and synthetic padding 100.

For the lining, use lining fabrics made of artificial fibers (viscose), blended fibers (viscose + elastane, viscose + polyester), or synthetic fibers (polyester, polyester + elastane).

The coat in the photo is made of cotton gabardine. The fabric is medium weight, structured, and low-stretch.

The fiber content is 50% cotton + 50% polyester. The fabric weight is 190 g/m<sup>2</sup>.

The lining's fiber content is 45% viscose + 55% polyester. The fabric weight is 95 g/m<sup>2</sup>.

The insulation is alpolux 100.

The fusible interfacing weight is 40 g/m<sup>2</sup>.

## FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, 190 g/m<sup>2</sup>, in meters:

Height, cm	Size							
	34-36	38	40	42	44	46	48	50-52
1 (154-160)	2.95	3	3.05	3.2	3.25	3.4	3.4	3.55
2 (162-168)	3	3.1	3.1	3.25	3.25	3.5	3.5	3.55
3 (170-176)	3.1	3.15	3.2	3.3	3.3	3.55	3.6	3.6
4 (178-184)	3.15	3.2	3.3	3.4	3.4	3.65	3.7	3.7

Main fabric, 55" wide, with a directional print/nap, 190 g/m<sup>2</sup>, in yards:

Height, ft	Size					
	34-36	38	40	42-44	46-48	50-52
1 (5'1"-5'3")	3 ¼	3 ¼	3 ¾	3 ½	3 ¾	3 ⅞
2 (5'4"-5'6")	3 ¼	3 ¾	3 ¾	3 ½	3 ⅞	3 ⅞
3 (5'7"-5'9")	3 ¾	3 ½	3 ½	3 ⅝	3 ⅞	3 ⅞
4 (5'10"-6'1")	3 ½	3 ½	3 ⅝	3 ¾	4	4

Main fabric, 150 cm wide, with a directional print/nap, 190 g/m<sup>2</sup>, in meters:

Height, cm	Size			
	34-40	42-46	48	50-52
1 (154-160)	2.75	3.05	3.2	3.2
2 (162-168)	2.8	3.1	3.3	3.35
3 (170-176)	2.9	3.2	3.4	3.4
4 (178-184)	2.95	3.25	3.5	3.5

Main fabric, 59" wide, with a directional print/nap, 190 g/m<sup>2</sup>, in yards:

Height, ft	Size		
	34-40	42-46	48-52
1 (5'1"-5'3")	3	3 $\frac{3}{8}$	3 $\frac{1}{2}$
2 (5'4"-5'6")	3	3 $\frac{3}{8}$	3 $\frac{5}{8}$
3 (5'7"-5'9")	3 $\frac{1}{8}$	3 $\frac{1}{2}$	3 $\frac{3}{4}$
4 (5'10"-6'1")	3 $\frac{1}{4}$	3 $\frac{1}{2}$	3 $\frac{7}{8}$

2. Lining fabric, 140 cm wide, 95 g/m<sup>2</sup>, in meters:

Height, cm	Size				
	34-36	38-40	42	44-46	48-52
1 (154-160)	1.95	1.95	1.95	2	2.2
2 (162-168)	2	2	2.05	2.05	2.3
3 (170-176)	2.05	2.1	2.1	2.1	2.35
4 (178-184)	2.1	2.15	2.15	2.15	2.45

Lining fabric, 55" wide, 95 g/m<sup>2</sup>, in yards:

Height, ft	Size				
	34-36	38-40	42	44-46	48-52
1 (5'1"-5'3")	2 $\frac{1}{8}$	2 $\frac{1}{8}$	2 $\frac{1}{8}$	2 $\frac{1}{8}$	2 $\frac{3}{8}$
2 (5'4"-5'6")	2 $\frac{1}{8}$	2 $\frac{1}{8}$	2 $\frac{1}{4}$	2 $\frac{1}{4}$	2 $\frac{1}{2}$
3 (5'7"-5'9")	2 $\frac{1}{4}$	2 $\frac{1}{4}$	2 $\frac{1}{4}$	2 $\frac{1}{4}$	2 $\frac{5}{8}$
4 (5'10"-6'1")	2 $\frac{1}{4}$	2 $\frac{3}{8}$	2 $\frac{3}{8}$	2 $\frac{3}{8}$	2 $\frac{5}{8}$

3. Insulation alpolux 100, 150 cm wide, cut in one direction, in meters:

Height, cm	Size								
	34	36	38	40	42-44	46	48	50	52
1 (154-160)	2.15	2.15	2.35	2.35	2.5	2.8	2.8	2.85	2.9
2 (162-168)	2.2	2.25	2.35	2.4	2.55	2.85	2.85	2.95	3
3 (170-176)	2.25	2.3	2.4	2.45	2.6	2.9	2.95	3.05	3.05
4 (178-184)	2.3	2.35	2.5	2.5	2.65	2.95	3	3.1	3.1

Insulation alpolux 100, 59" wide, cut in one direction, in yards:

Height, ft	Size							
	34	36	38-40	42-44	46	48	50	52
1 (5'1"-5'3")	2 $\frac{3}{8}$	2 $\frac{3}{8}$	2 $\frac{5}{8}$	2 $\frac{3}{4}$	3	3	3 $\frac{1}{8}$	3 $\frac{1}{8}$
2 (5'4"-5'6")	2 $\frac{3}{8}$	2 $\frac{1}{2}$	2 $\frac{5}{8}$	2 $\frac{3}{4}$	3 $\frac{1}{8}$	3 $\frac{1}{8}$	3 $\frac{1}{4}$	3 $\frac{1}{4}$
3 (5'7"-5'9")	2 $\frac{1}{2}$	2 $\frac{1}{2}$	2 $\frac{5}{8}$	2 $\frac{7}{8}$	3 $\frac{1}{8}$	3 $\frac{1}{4}$	3 $\frac{3}{8}$	3 $\frac{3}{8}$
4 (5'10"-6'1")	2 $\frac{1}{2}$	2 $\frac{5}{8}$	2 $\frac{3}{4}$	2 $\frac{7}{8}$	3 $\frac{1}{4}$	3 $\frac{1}{4}$	3 $\frac{3}{8}$	3 $\frac{3}{8}$

4. Lightweight interfacing, knit or woven, 140 cm wide, 40 g/m<sup>2</sup>, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154-160)	2.1	2.15	2.15	2.2	2.2	2.25	2.3	2.35	2.35	2.4
2 (162-168)	2.15	2.2	2.2	2.25	2.3	2.3	2.35	2.4	2.45	2.45
3 (170-176)	2.2	2.25	2.25	2.3	2.35	2.4	2.4	2.45	2.5	2.5
4 (178-184)	2.25	2.3	2.35	2.35	2.4	2.45	2.45	2.5	2.55	2.6

Lightweight interfacing, knit or woven, 55" wide, 40 g/m<sup>2</sup>, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"-5'3")	2 $\frac{1}{4}$	2 $\frac{3}{8}$	2 $\frac{3}{8}$	2 $\frac{3}{8}$	2 $\frac{3}{8}$	2 $\frac{1}{2}$	2 $\frac{1}{2}$	2 $\frac{5}{8}$	2 $\frac{5}{8}$	2 $\frac{5}{8}$
2 (5'4"-5'6")	2 $\frac{3}{8}$	2 $\frac{3}{8}$	2 $\frac{3}{8}$	2 $\frac{1}{2}$	2 $\frac{1}{2}$	2 $\frac{1}{2}$	2 $\frac{5}{8}$	2 $\frac{5}{8}$	2 $\frac{5}{8}$	2 $\frac{5}{8}$
3 (5'7"-5'9")	2 $\frac{3}{8}$	2 $\frac{1}{2}$	2 $\frac{1}{2}$	2 $\frac{1}{2}$	2 $\frac{5}{8}$	2 $\frac{5}{8}$	2 $\frac{5}{8}$	2 $\frac{5}{8}$	2 $\frac{3}{4}$	2 $\frac{3}{4}$
4 (5'10"-6'1")	2 $\frac{1}{2}$	2 $\frac{1}{2}$	2 $\frac{5}{8}$	2 $\frac{3}{4}$	2 $\frac{3}{4}$	2 $\frac{7}{8}$				

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

6. Seven buttons, 2.5–3 cm (1–1 1/8") in diameter.
7. Matching thread — 1 spool for the sewing machine.
8. Matching thread for the lining fabric— 1 spool for the sewing machine.
9. Matching topstitching thread (for example, Madeira No. 35)2 spools.

## TOOLS AND EQUIPMENT

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- sewing machine for construction
- buttonhole foot for the sewing machine
- one-sided foot for the sewing machine
- stitch-in-the-ditch foot for the sewing machine (optional)
- walking foot for the sewing machine (optional)

## PATTERN PIECES LIST

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### 1. From main fabric:

- front — cut 2
- back — cut 2
- front sleeve — cut 2
- back sleeve — cut 2
- undercollar — cut 1 on fold
- upper collar — cut 1 on fold
- collar stand — cut 2
- belt — cut 1
- front facing — cut 2
- back neck facing — cut 1 on fold
- buttonhole placket — cut 1 on fold
- pocket facing — cut 2
- welt — cut 2
- tab — cut 4

### 2. From lining:

- back lining — cut 2
- front sleeve lining — cut 2
- back sleeve lining — cut 2
- pocket top lining — cut 2
- pocket bottom lining — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

### 3. From main fabric:

- front — cut 2
- back — cut 2
- front sleeve — cut 2
- back sleeve — cut 2
- undercollar — cut 1 on fold
- upper collar — cut 1 on fold
- collar stand — cut 2
- belt — cut 1
- welt — cut 2
- tab — cut 4

### 4. From main fabric:

- upper collar — cut 1
- undercollar — cut 1
- collar stand — cut 2
- back neck facing — cut 1 on fold
- front facing — cut 2
- buttonhole placket— cut 1
- pocket facing — cut 2
- welt (half width) — cut 2
- belt— cut 1
- tab — cut 2
- inner pocket reinforcement — cut 2

## SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

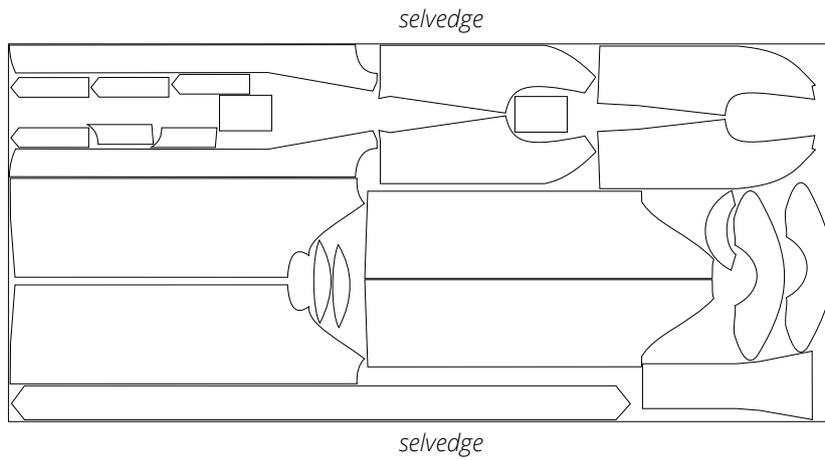
- garment hem allowance — 4 cm (1 5/8");
- sleeve hem allowance — 4 cm (1 5/8");
- pocket lining curved edges — 1.5 cm (5/8");
- all other edges — 1 cm (3/8").

Take this into account when laying out the pattern pieces on the fabric.

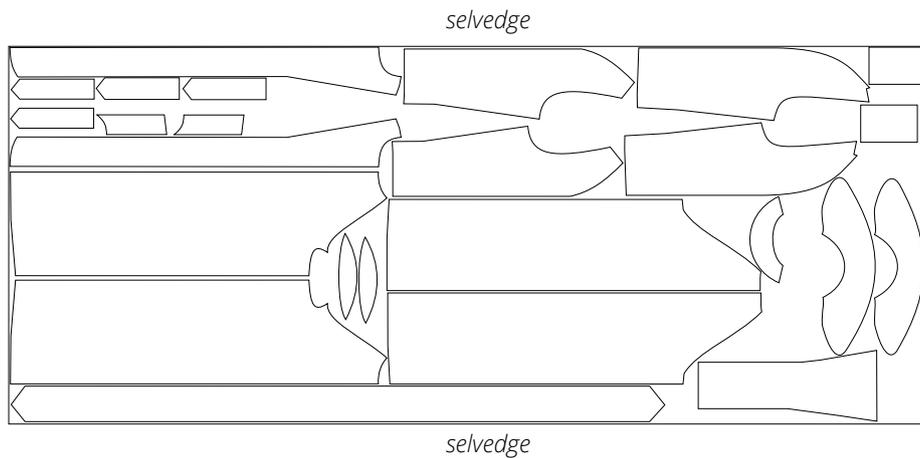
# CUTTING LAYOUT

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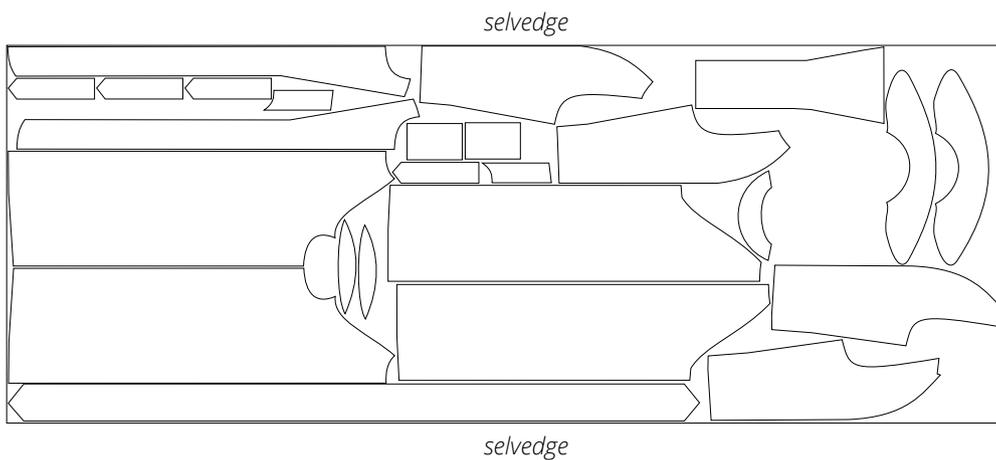
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes 34-40 in all heights



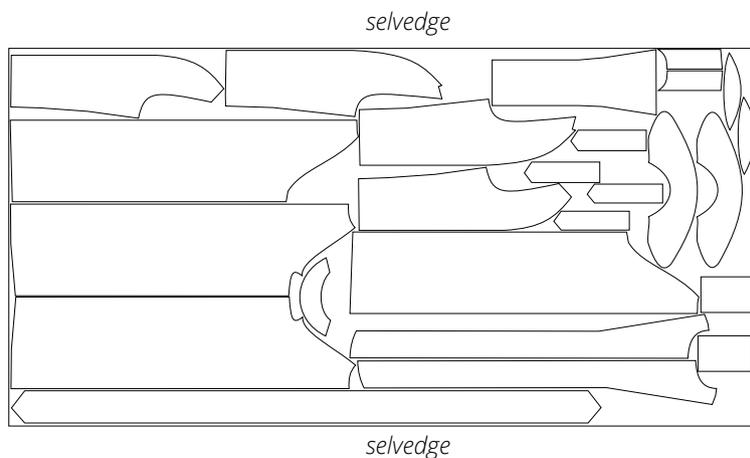
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes 42-44 in all heights



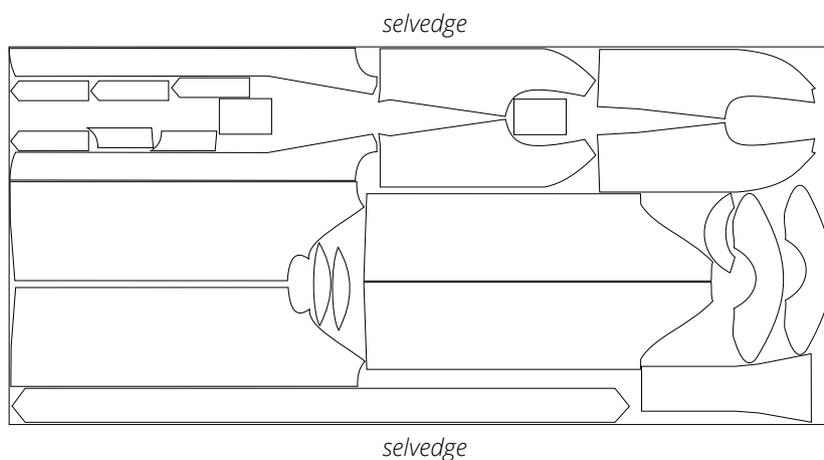
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes 46-52 in all heights



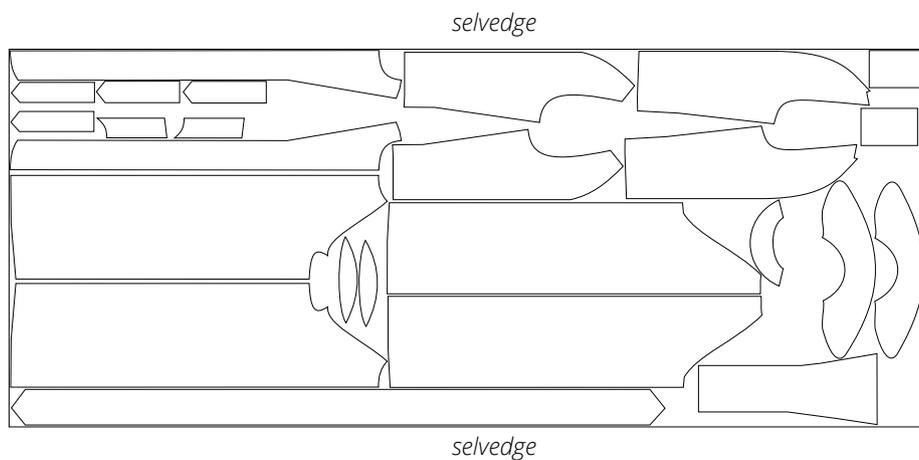
Main fabric, 150 cm (59") wide, with a directional print/nap, cut on a single layer, for sizes 34-40 in all heights



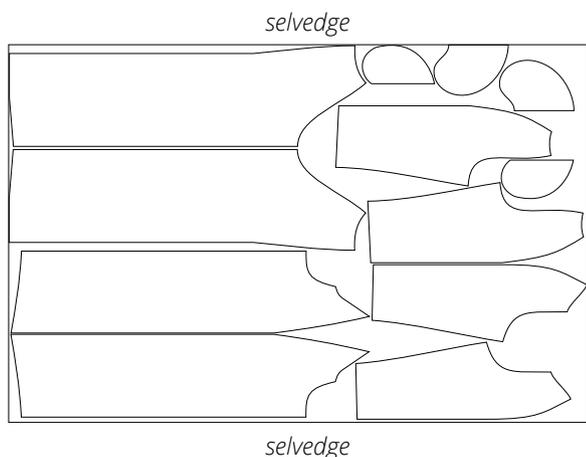
Main fabric, 150 cm (59") wide, with a directional print/nap, cut on a single layer, for sizes 42-46 in all heights



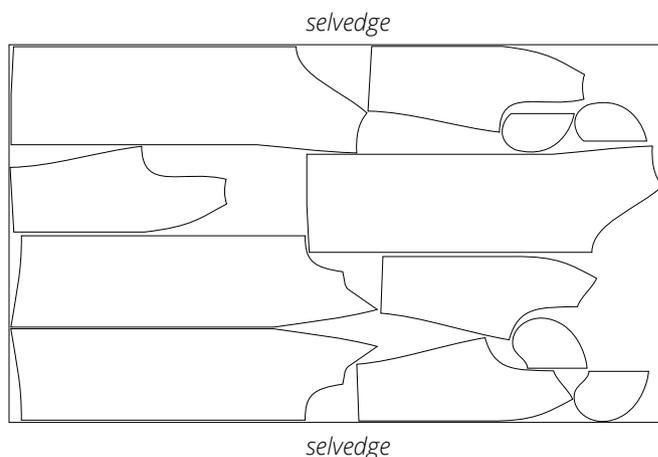
Main fabric, 150 cm (59") wide, with a directional print/nap, cut on a single layer, for sizes 48-52 in all heights



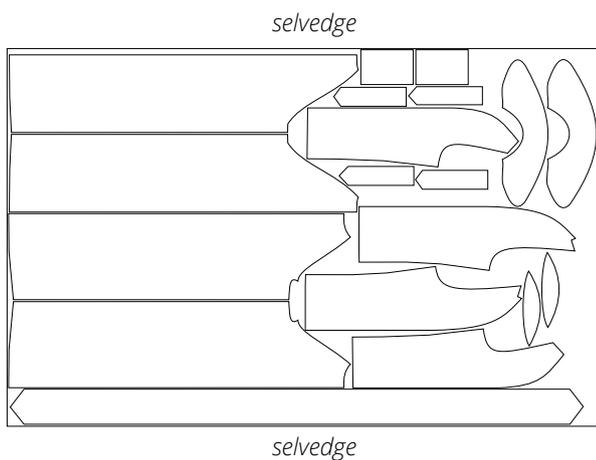
Lining fabric, 140 cm (55") wide, with a directional print, cut on a single layer, for sizes 34-46 in all heights



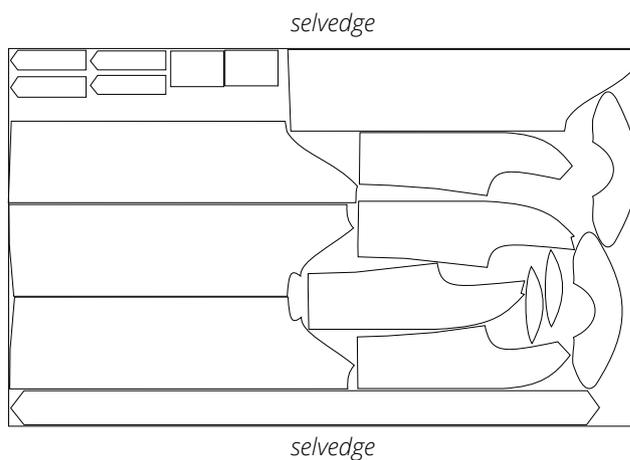
Lining fabric, 140 cm (55") wide, with a directional print, cut on a single layer, for sizes 48-52 in all heights



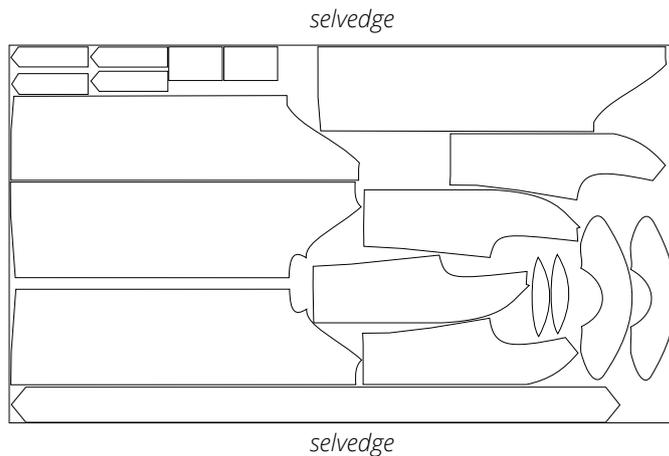
Insulation, 150 cm (59") wide, cut on a single layer and in one direction, for sizes 34-36 in all heights



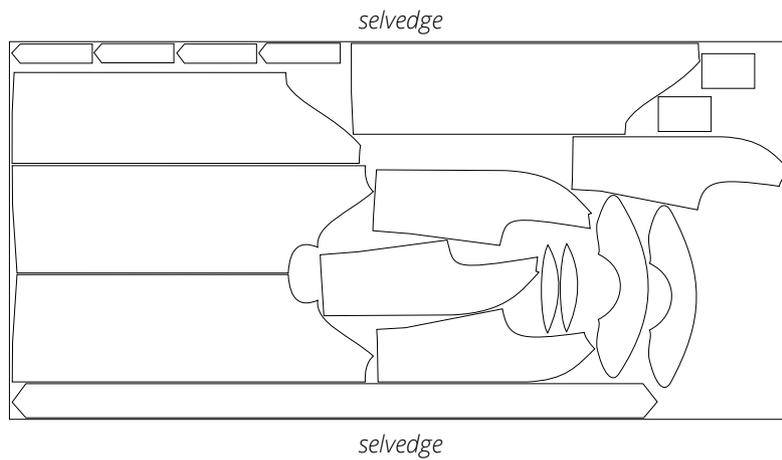
Insulation, 150 cm (59") wide, cut on a single layer and in one direction, for sizes 38-40 in all heights



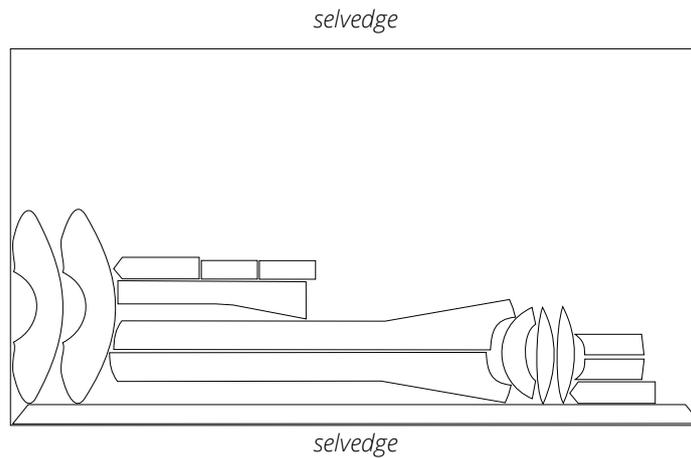
Insulation, 150 cm (59") wide, cut on a single layer and in one direction, for sizes 42-44 in all heights



Insulation, 150 cm (59") wide, cut on a single layer and in one direction, for sizes 46-52 in all heights



Interfacing, 140 cm (55") wide, cut on a single layer, for all sizes in all heights



**READY? LET'S GET SEWING!**

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Place the pocket lining pieces right sides together. Align the edges, match the notches, and pin.

Machine-stitch the pocket lining with a double seam, with the second stitching line being exactly over the first one, backstitching at the beginning and end. Press the seam.



Working from the right side of the front piece, straighten the pocket opening and pin the short ends of the welt.



Topstitch the short ends of the welt. Sew two parallel rows of decorative stitching at 1 mm and 6 mm from the edge. Stitch length is 4 mm (1/8"). Backstitch neatly at the beginning and end.

Press the pocket.