

FROM THE FOUNDER OF THE #VIKISEWS BRAND

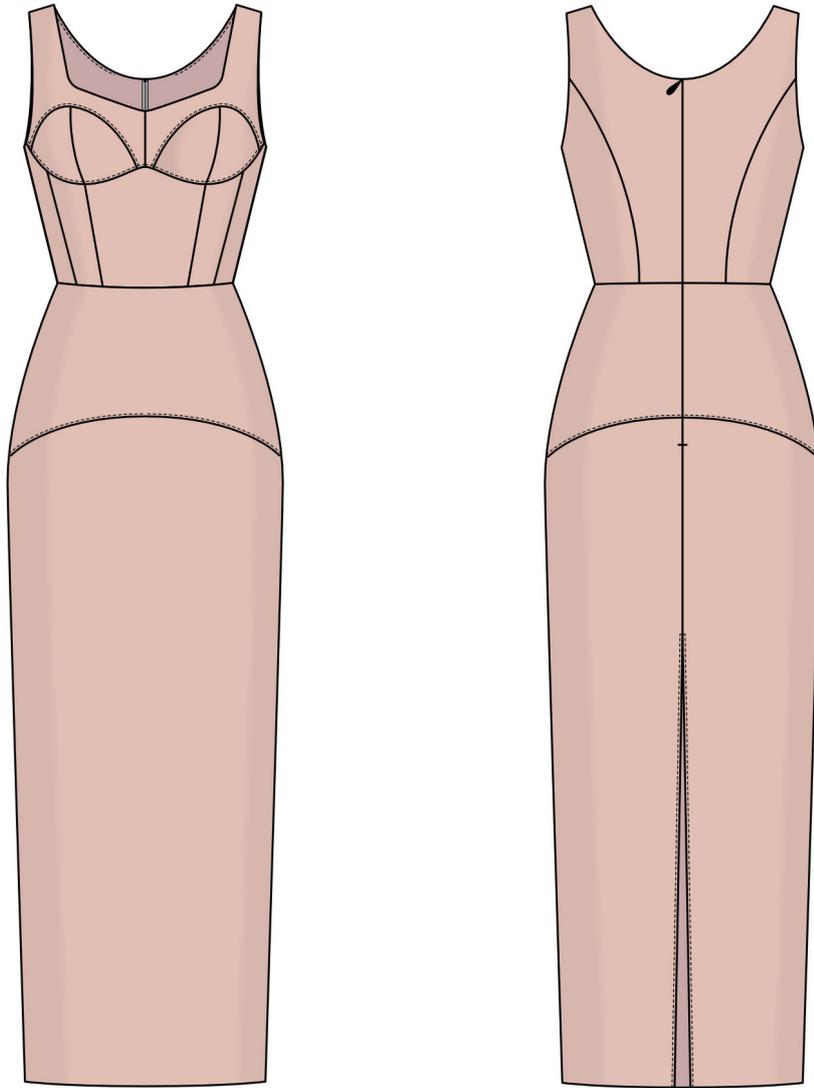


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



DELIA PATTERN DESCRIPTION

Delia is a close-fitting dress with a waist seam and bra cups. The bodice is lined and shaped with front and back princess seams. The skirt has a yoke. There is an invisible zipper and a high slit in the center back seam. Delia is above-ankle length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease
cm	3.8–4.8	2.2	1.8–3.3
inches	1 ½–1 ⅞	⅞	¾–1 ¼

GARMENT LENGTH

Height, cm	Back length from waist down, cm	Height, ft	Back length from waist down, in
1 (154–160)	87.2	1 (5'1"–5'3")	34 ¾
2 (162–168)	90.2	2 (5'4"–5'6")	35 ½
3 (170–176)	93.2	3 (5'7"–5'9")	36 ¾
4 (178–184)	96.3	4 (5'10"–6'1")	37 ⅞

SUGGESTED FABRIC

To sew this dress, choose medium weight, soft, low-stretch suiting and dress-weight fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: suiting viscose, dress-weight wool, gabardine, dress-weight denim.

Attention! We do not recommend stretchy knit fabrics or lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of lightweight gabardine. The fabric is medium weight, soft, and low-stretch. The fiber content is 75% polyester, 20% viscose, 5% elastane. The fabric weight is 340 g/m².

The lining is made of 95% viscose, 5% elastane. The fabric weight is 100 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size			
	34-38	40-42	44	46-52
1 (154-160)	1.2	1.35	1.4	1.45
2 (162-168)	1.25	1.4	1.45	1.5
3 (170-176)	1.3	1.45	1.45	1.55
4 (178-184)	1.3	1.5	1.5	1.6

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size			
	34-38	40-42	44	46-52
1 (5'1"-5'3")	1 ¼	1 ½	1 ½	1 ⅝
2 (5'4"-5'6")	1 ⅜	1 ½	1 ⅝	1 ⅝
3 (5'7"-5'9")	1 ⅜	1 ⅝	1 ⅝	1 ¾
4 (5'10"-6'1")	1 ⅜	1 ⅝	1 ⅝	1 ¾

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size			
	34-36	38-40	42-50	52
1 (154-160)	0.4	0.4	0.45	0.55
2 (162-168)	0.4	0.45	0.5	0.55
3 (170-176)	0.45	0.45	0.5	0.55
4 (178-184)	0.45	0.45	0.5	0.55

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size			
	34-36	38-40	42-50	52
1 (5'1"-5'3")	⅜	⅜	½	⅝
2 (5'4"-5'6")	⅜	½	½	⅝
3 (5'7"-5'9")	½	½	½	⅝
4 (5'10"-6'1")	½	½	½	⅝

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

3. Lightweight interfacing, knit or woven, 140 cm (55") wide, for all sizes and heights — 0.6 m (5/8 yd).
4. Bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 2.2 m (2 3/8 yd).
5. One invisible zipper, 55 cm (21 5/8") long, for all sizes and heights.
6. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- invisible zipper foot for the sewing machine
- one-sided foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:
 - top cup — cut 2
 - center cup — cut 2
 - side cup — cut 2
 - center front bodice — cut 1 on fold
 - mid front bodice — cut 2
 - side front bodice — cut 2
 - center back bodice — cut 2
 - side back bodice — cut 2
 - front skirt yoke — cut 1 on fold
 - back skirt yoke — cut 2
 - front skirt — cut 1 on fold
 - back skirt — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

2. Additionally, from main fabric, cut:

- one 3 × 3 cm (1 1/8 × 1 1/8") square to reinforce the slit

3. From lining:

- top cup — cut 1 on fold
- center cup — cut 2
- side cup — cut 2
- center front bodice — cut 1 on fold
- mid front bodice — cut 2
- side front bodice — cut 2
- center back bodice — cut 2
- side back bodice — cut 2

4. From interfacing:

- top cup — cut 2
- center cup — cut 2
- side cup — cut 2
- center front bodice — cut 1 on fold
- mid front bodice — cut 2
- side front bodice — cut 2
- center back bodice — cut 2
- side back bodice — cut 2

Additionally, cut the following from interfacing:

- two strips, 1.5 cm (5/8") wide (length according to the pattern), to interface the invisible zipper area
 - two strips, 1.5 cm (5/8") wide (length according to the pattern), to interface the slit area
- The interfacing strips should be cut on the straight grain (parallel to the selvedge).

SEAM ALLOWANCES

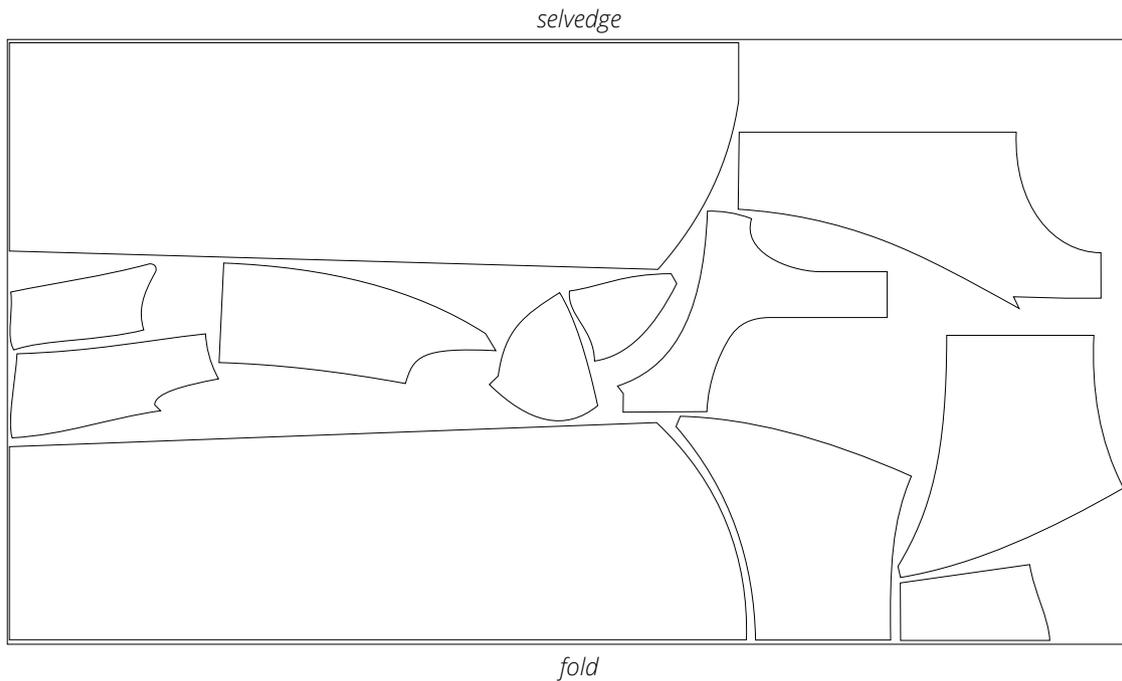
All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- center seam allowance of the back bodice and back skirt — 1.5 cm (5/8")
- all other edges — 1 cm (3/8").

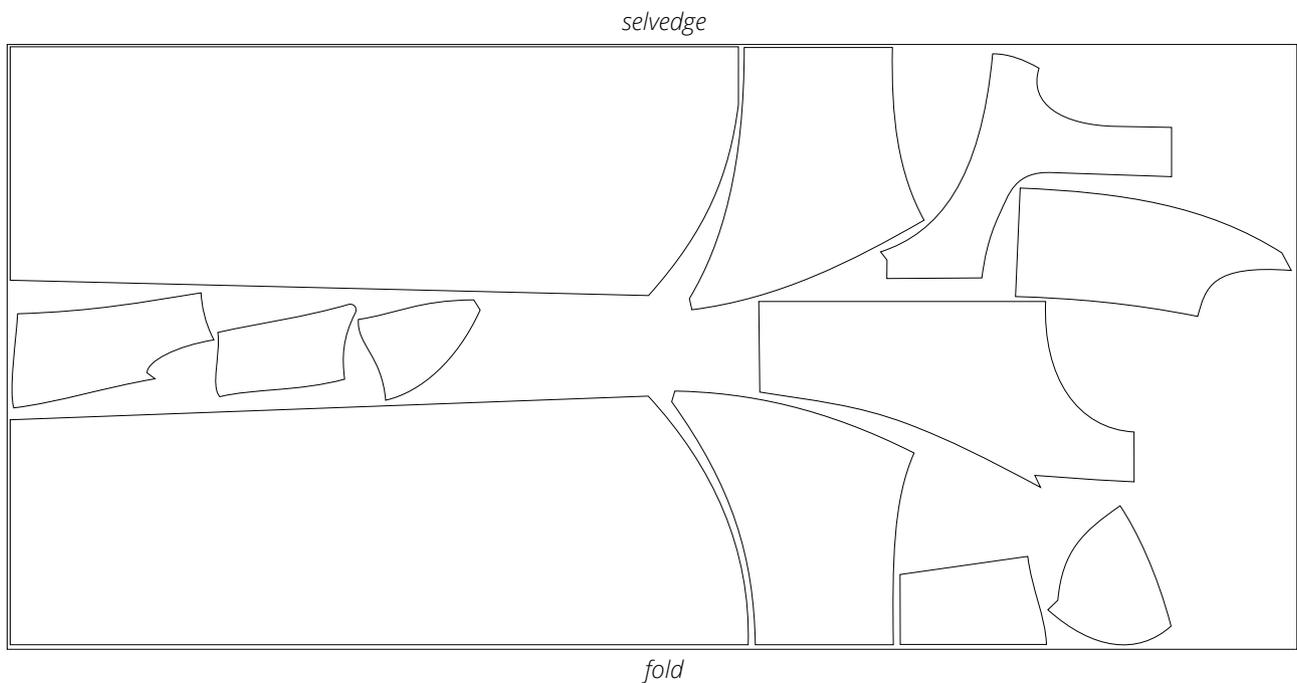
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

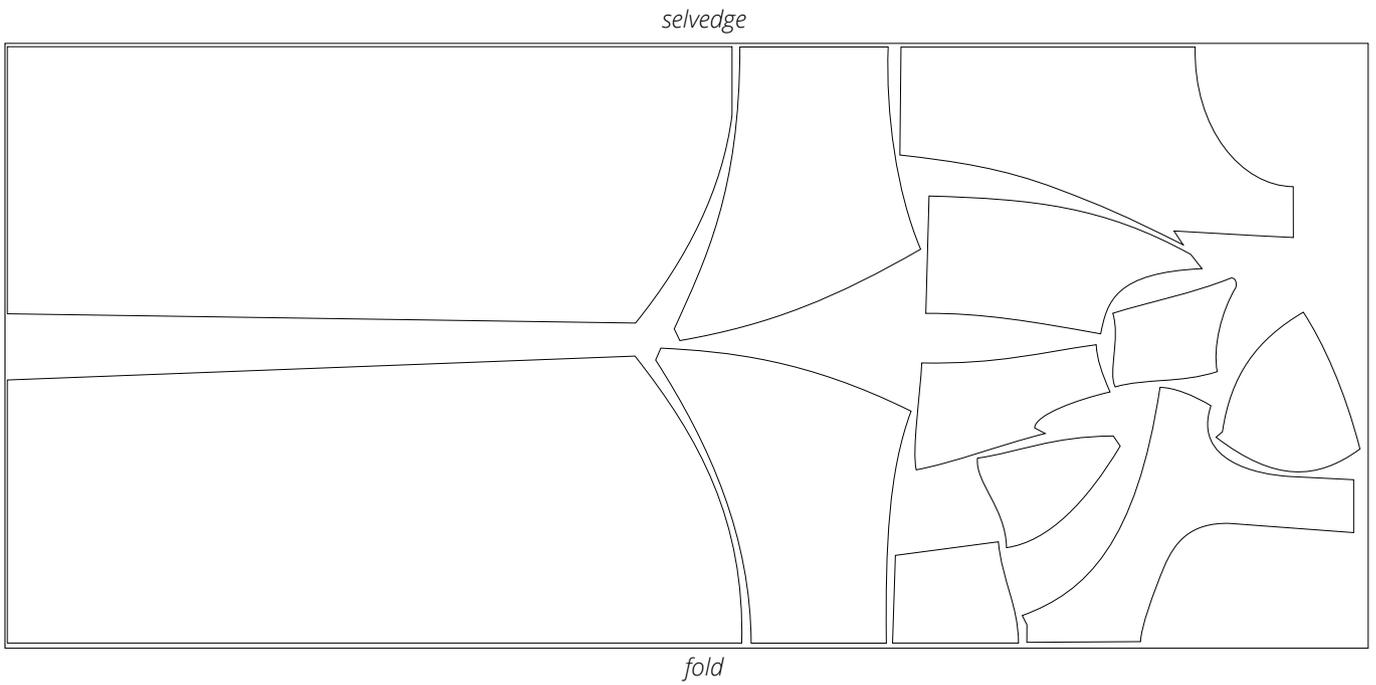
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 34-38 in all heights



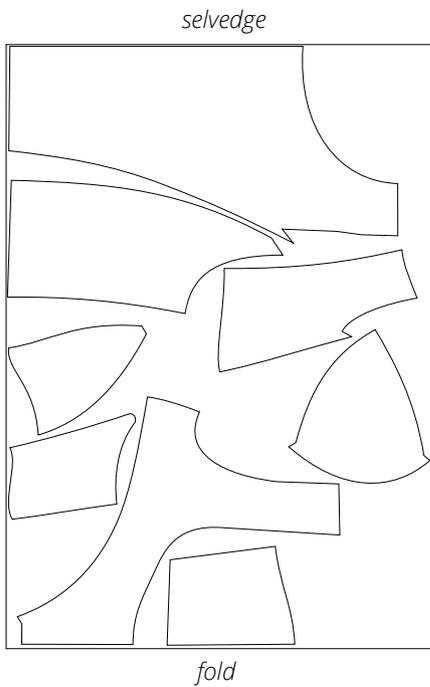
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 40-44 in all heights



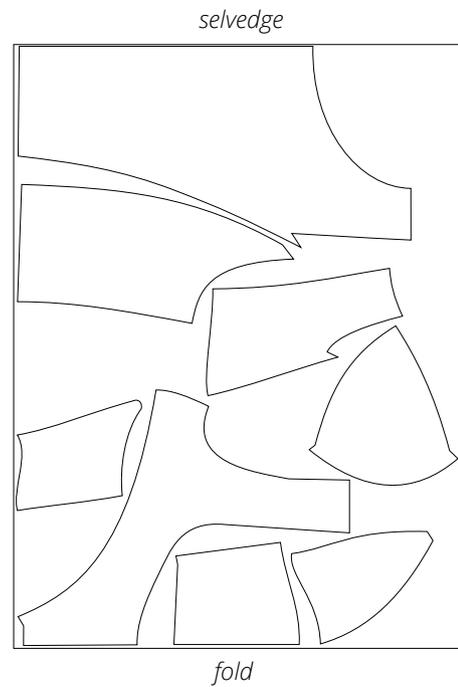
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 46-52 in all heights



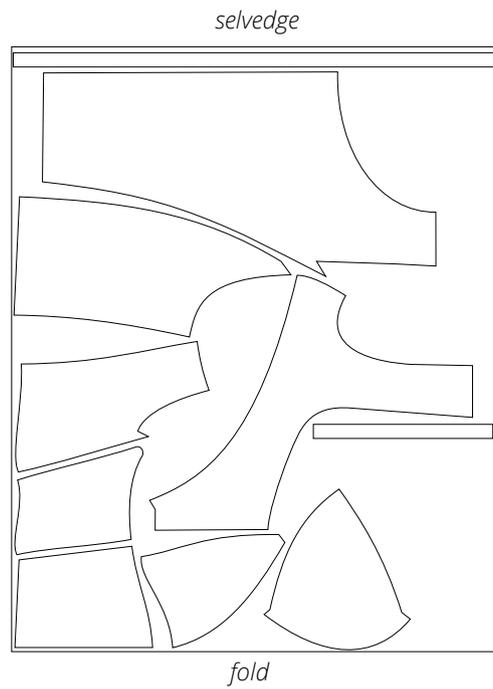
Lining fabric, 140 cm (55") wide, cut on
fold, for sizes 34-50 in all heights



Lining fabric, 140 cm (55") wide, cut
on fold, for size 52 in all heights



Interfacing, 140 cm (55") wide, cut on fold,
for all sizes in all heights



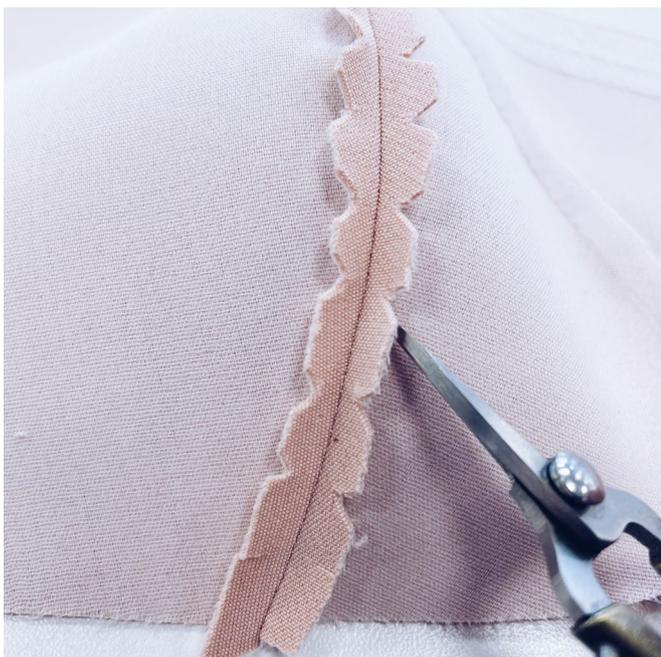
READY? LET'S GET SEWING!



Press the seam allowances open on the assembled top cup.



Trim the seam allowances down to 5 mm on the assembled cup.



Clip the seam allowances at the cup center seam, trimming the corner as shown in the photo.