

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



FRANCES PATTERN DESCRIPTION

Frances is a fully lined, loose-fitting coat with a straight silhouette. The back features a center seam ending with a vent. The bust darts are transferred to the flap welt pockets on the front. There is a chest welt pocket with sewn-on ends on the left front. The coat features side panels, an extended shoulder line supported with shoulder pads, and a turned-down, notched collar with a collar stand. The long, set-in, two-piece sleeves have vents with sewn-on buttons in the elbow seams. The coat has a single-breasted closure with buttons and buttonholes. Frances is above-ankle length.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	27.1–38.6	44.7–56.1	18.9–30.8	9.8–14.3
inches	10 ⁵ / ₈ –15 ¹ / ₄	17 ⁵ / ₈ –22 ¹ / ₈	7 ¹ / ₂ –12 ¹ / ₈	3 ⁷ / ₈ –5 ⁵ / ₈

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length (estimated), cm
1 (154–160)	124	62.7–64.2
2 (162–168)	127	64.7–66.1
3 (170–176)	130	66.7–68.1
4 (178–184)	133	68.7–70

Height, ft	Back length, in	Sleeve length (estimated), in
1 (5'1"–5'3")	48 ⁷ / ₈	24 ⁵ / ₈ –25 ¹ / ₄
2 (5'4"–5'6")	50	25 ¹ / ₂ –26
3 (5'7"–5'9")	51 ¹ / ₈	26 ¹ / ₄ –26 ³ / ₄
4 (5'10"–6'1")	52 ³ / ₈	27–27 ¹ / ₂

SUGGESTED FABRIC

To sew this coat, choose medium-weight, well-structured, non-stretch or low-stretch coating fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: wool, alpaca, cashmere, wool coating, and boucle.

The recommended fabric weight is 350–600 g/m².

Choose solid colors or melange fabrics, with short or medium pile height, or without pile.

Attention! We do not recommend stretchy, thin, loose, soft, and poorly structured fabrics. We do not recommend choosing printed fabrics (e.g., plaid), since it will significantly increase fabric requirements and will complicate the sewing process due to pattern matching.

For the lining, use lining fabrics made of artificial fibers (viscose), blended fibers (viscose + elastane, viscose + polyester), or synthetic fibers (polyester, polyester + elastane).

The coat in the photo is made of wool coating fabric with medium pile height. The fabric is medium weight and low-stretch. The fiber content is 100% wool. The fabric weight is 540 g/m².

The lining is made of 55% polyester + 45% viscose. The fabric weight is 100 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size					
	34	36-38	40-42	44	46-50	52
1 (154-160)	2.85	2.85	2.85	2.9	3.35	3.4
2 (162-168)	2.9	2.9	2.9	2.95	3.45	3.45
3 (170-176)	2.95	2.95	3	3	3.5	3.55
4 (178-184)	3	3.05	3.05	3.05	3.6	3.6

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34	36-38	40-42	44	46-50	52
1 (5'1"-5'3")	3 1/8	3 1/8	3 1/8	3 1/8	3 5/8	3 3/4
2 (5'4"-5'6")	3 1/8	3 1/8	3 1/8	3 1/4	3 3/4	3 3/4
3 (5'7"-5'9")	3 1/4	3 1/4	3 1/4	3 1/4	3 7/8	3 7/8
4 (5'10"-6'1")	3 1/4	3 3/8	3 3/8	3 3/8	3 7/8	3 7/8

Main fabric, 150 cm wide, with a directional print/nap, in meters:

Height, cm	Size			
	34-36	38-44	46-50	52
1 (154-160)	2.75	2.75	2.9	2.9
2 (162-168)	2.8	2.8	2.95	2.95
3 (170-176)	2.85	2.9	3	3.05
4 (178-184)	2.95	2.95	3.05	3.1

Main fabric, 59" wide, with a directional print/nap, in yards:

Height, ft	Size			
	34-36	38-44	46-50	52
1 (5'1"-5'3")	3	3	3 1/8	3 1/8
2 (5'4"-5'6")	3	3	3 1/4	3 1/4
3 (5'7"-5'9")	3 1/8	3 1/8	3 1/4	3 3/8
4 (5'10"-6'1")	3 1/4	3 1/4	3 3/8	3 3/8

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size				
	34-38	40	42	44	46-52
1 (154-160)	2.4	2.4	2.4	2.4	2.5
2 (162-168)	2.45	2.45	2.45	2.5	2.55
3 (170-176)	2.5	2.5	2.55	2.55	2.65
4 (178-184)	2.55	2.6	2.6	2.6	2.7

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size				
	34-38	40	42	44	46-52
1 (5'1"-5'3")	2 5/8	2 5/8	2 5/8	2 5/8	2 3/4
2 (5'4"-5'6")	2 5/8	2 5/8	2 5/8	2 3/4	2 3/4
3 (5'7"-5'9")	2 3/4	2 3/4	2 3/4	2 3/4	2 7/8
4 (5'10"-6'1")	2 3/4	2 7/8	2 7/8	2 7/8	3

3. Heavyweight interfacing, 75 g/m², 140 cm wide, if not fully interfacing the main fabric before cutting (1st interfacing option)), in meters:

Height, cm	Size							
	34	36-38	40	42	44-46	48	50	52
1 (154-160)	3.3	3.3	3.35	3.35	3.65	3.65	3.65	3.7
2 (162-168)	3.4	3.4	3.4	3.4	3.7	3.7	3.75	3.75
3 (170-176)	3.4	3.45	3.45	3.5	3.75	3.8	3.8	3.85
4 (178-184)	3.5	3.55	3.55	3.55	3.85	3.85	3.9	3.9

Heavyweight interfacing, 75 g/m², 55" wide, if not fully interfacing the main fabric before cutting (1st interfacing option) in yards:

Height, ft	Size							
	34	36-38	40	42	44-46	48	50	52
1 (5'1"-5'3")	3 5/8	3 5/8	3 5/8	3 5/8	4	4	4	4
2 (5'4"-5'6")	3 3/4	3 3/4	3 3/4	3 3/4	4	4	4 1/8	4 1/8
3 (5'7"-5'9")	3 3/4	3 3/4	3 3/4	3 7/8	4 1/8	4 1/8	4 1/8	4 1/4
4 (5'10"-6'1")	3 7/8	3 7/8	3 7/8	3 7/8	4 1/4	4 1/4	4 1/4	4 1/4

Heavyweight interfacing, 75 g/m², 140 cm wide (in two pieces), if fully interfacing the main fabric before cutting (2nd interfacing option), in meters:

Height, cm	Size											
	34			36-42			44			46-52		
	1st part	2nd part	Total									
1 (154-160)	2.85	0.6	3.45	2.85	0.65	3.5	2.9	0.7	3.6	3.4	0.75	4.15
2 (162-168)	2.9	0.6	3.5	2.9	0.65	3.55	2.95	0.7	3.65	3.45	0.75	4.2
3 (170-176)	2.95	0.6	3.55	3	0.65	3.65	3	0.7	3.7	3.55	0.75	4.3
4 (178-184)	3	0.65	3.65	3.05	0.7	3.75	3.05	0.7	3.75	3.6	0.8	4.4

Coat lightweight interfacing, 75 g/m², 55" wide (in two pieces), if fully fusing the main fabric before cutting (2nd fusible interfacing option), in yards:

Height, ft	Size											
	34			36-42			44			46-52		
	1st part	2nd part	Total									
1 (5'1"-5'3")	3 1/8	5/8	3 3/4	3 1/8	3/4	3 7/8	3 1/8	3/4	3 7/8	3 3/4	7/8	4 1/2
2 (5'4"-5'6")	3 1/8	5/8	3 7/8	3 1/8	3/4	3 7/8	3 1/4	3/4	4	3 3/4	7/8	4 5/8
3 (5'7"-5'9")	3 1/4	5/8	3 7/8	3 1/4	3/4	4	3 1/4	3/4	4	3 7/8	7/8	4 3/4
4 (5'10"-6'1")	3 1/4	3/4	4	3 3/8	3/4	4 1/8	3 3/8	3/4	4 1/8	3 7/8	7/8	4 3/4

Heavyweight interfacing, 75 g/m², 150 cm wide (in two pieces), if fully interfacing the main fabric before cutting (2nd interfacing option), in meters:

Height, cm	Size											
	34			36-42			44			46-52		
	1st part	2nd part	Total									
1 (154-160)	2.75	0.55	3.3	2.75	0.6	3.35	2.9	0.65	3.55	2.9	0.7	3.6
2 (162-168)	2.8	0.55	3.35	2.8	0.6	3.4	2.95	0.7	3.65	2.95	0.7	3.65
3 (170-176)	2.85	0.55	3.4	2.9	0.6	3.5	3	0.7	3.7	3.05	0.7	3.75
4 (178-184)	2.95	0.6	3.55	2.95	0.65	3.6	3.05	0.7	3.75	3.1	0.75	3.85

Heavyweight interfacing, 75 g/m², 59" wide (in two pieces), if fully interfacing the main fabric before cutting (2nd interfacing option), in yards:

Height, ft	Size											
	34			36-42			44			46-52		
	1st part	2nd part	Total									
1 (5'1"-5'3")	3	5/8	3 5/8	3	5/8	3 5/8	3 1/8	3/4	3 7/8	3 1/8	3/4	3 7/8
2 (5'4"-5'6")	3	5/8	3 5/8	3	5/8	3 3/4	3 1/4	3/4	4	3 1/4	3/4	4
3 (5'7"-5'9")	3 1/8	5/8	3 3/4	3 1/8	5/8	3 7/8	3 1/4	3/4	4	3 3/8	3/4	4 1/8
4 (5'10"-6'1")	3 1/4	5/8	3 7/8	3 1/4	3/4	3 7/8	3 3/8	3/4	4 1/8	3 3/8	3/4	4 1/4

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 5 m (5 1/2 yd).
5. Stitched straight-grain fusible stay tape, 1 cm (3/8") wide — 1.5 m (1 5/8 yd).
6. Fabric-covered buttons:
 - 2.2–2.5 cm (7/8"–1") in diameter — 3 pcs for the closure;
 - 1.2–1.5 cm (1/2–5/8") in diameter — 8 pcs for the sleeve vents.
7. Three backing buttons, 1 cm (3/8") in diameter.
8. One pair of shoulder pads with buckram and foam layers for set-in sleeves, 3–3.5 cm (1 1/8–1 3/8") tall.
9. One pair of sleeve heads or a 20 cm (8") piece of medium-loft polyester batting with a weight of 100 g/m² to make them.
10. Matching thread for the main fabric — 1 spool; matching thread for the lining fabric — 1 spool.

TOOLS AND EQUIPMENT

- sewing machine for construction
- buttonhole foot for the sewing machine
- one-sided foot for the sewing machine
- sewing machine needles no. 90–100 for the main (coating) fabric
- sewing machine needles no. 70–80 for the lining fabric

PATTERN PIECES LIST

IMPORTANT! Cut all the main pieces from the fully interfaced fabric. To do this, block fuse a piece of the main fabric first, and then cut the pieces out of it.

1. From main interfaced fabric:

- front — cut 2
- back — cut 2
- side — cut 2
- top sleeve — cut 2
- bottom sleeve — cut 2
- front facing — cut 2
- upper collar — cut 1 on fold
- undercollar — cut 2
- collar stand — cut 2
- back neck facing — cut 1 on fold
- top flap — cut 2
- welt — cut 2
- pocket facing — cut 2
- chest pocket welt — cut 1
- chest pocket facing — cut 1

IMPORTANT! The welt, pocket facing, and chest pocket lining pieces are marked “face”. These pieces must be cut with the right side of the fabric facing up.

Additionally, from main non-interfaced fabric, cut:

- four strips, 3 cm (1 1/8") wide and equal in length to the distance from the uncut dart section to the dart apex + 2–3 cm (3/4"–1 1/8"), for finishing the bust darts.

The grainline on these strips runs along the long edge.

2. From lining fabric:

- back lining — cut 2
- front lining — cut 2
- side lining — cut 2
- top sleeve lining — cut 2
- bottom sleeve lining — cut 2
- pocket top lining — cut 2
- pocket bottom lining — cut 2
- bottom flap — cut 2
- chest pocket lining — cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

3. From interfacing:

- straight-grain reinforcement strip for the flap pocket (size according to the front and side pattern pieces) — cut 2

Additionally, apply extra interfacing layers to the following pieces (interface the areas outlined on the pattern pieces):

- back (second interfacing layer) — cut 2
- front (second and third interfacing layers) — cut 2
- side (second interfacing layer) — cut 2
- top sleeve (cap, vent, and hem areas) — cut 2
- bottom sleeve (cap, vent, and hem areas) — cut 2

The interfacing grainline runs along the long edge (parallel to the selvedge).

SEAM ALLOWANCES

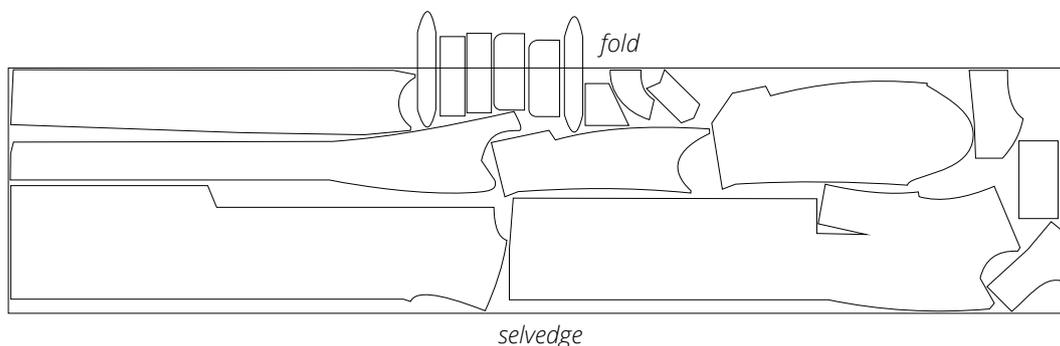
All pattern pieces include seam allowances as follows:

- garment hem allowance — 4 cm (1 5/8")
- sleeve hem allowance — 4 cm (1 5/8")
- pocket lining curved edges — 1.5 cm (5/8")
- all other edges — 1 cm (3/8").

Take this into account when laying out the pattern pieces on the fabric.

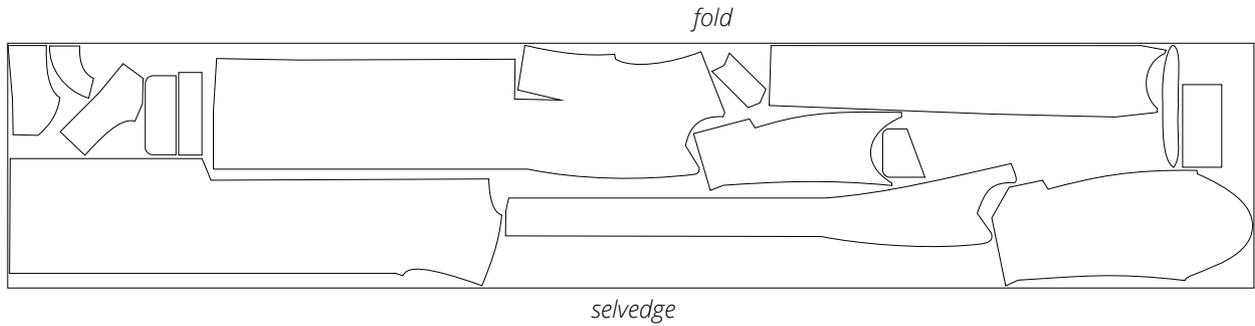
CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34-44 in all heights



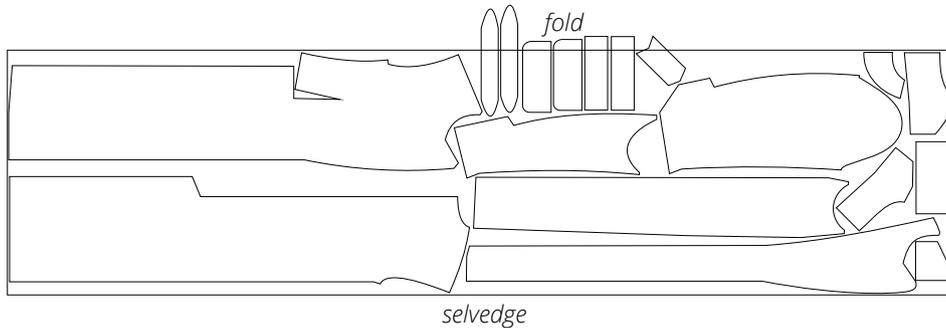
Attention! Cut the collar stand, welt, and top flap pieces on a single layer out of the leftover fabric. Cut one each of the chest pocket facing and chest pocket welt pieces.

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 46-52 in all heights



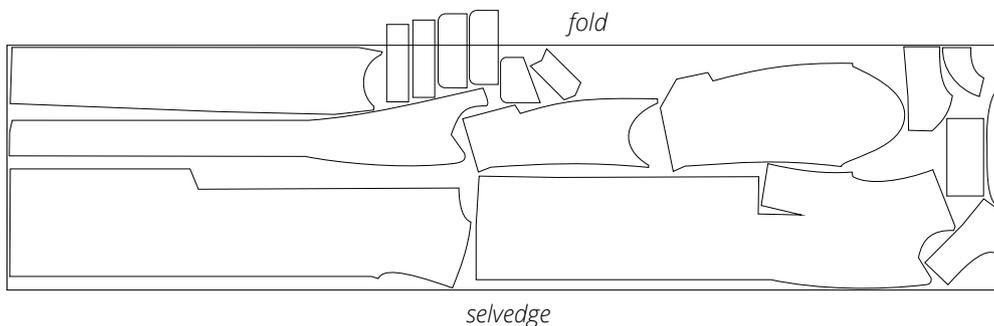
Attention! Cut one each of the chest pocket facing
and chest pocket welt pieces.

Main fabric, 150 cm (59") wide, with a directional print/nap,
cut on fold, for sizes 34-44 in all heights



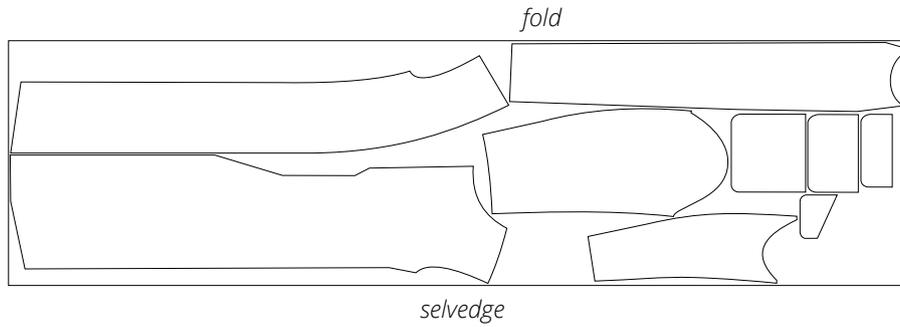
Attention! Cut the collar stand, welt, chest pocket welt, and top flap pieces
on a single layer out of the leftover fabric. Cut only one chest pocket facing
piece.

Main fabric, 150 cm (59") wide, with a directional print/nap,
cut on fold, for sizes 46-52 in all heights



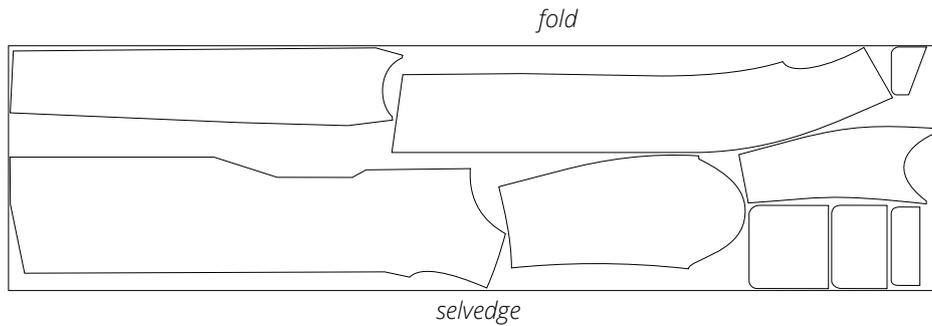
Attention! Cut the welt and top flap pieces on a single layer out of the
leftover fabric. Cut one each of the chest pocket facing and chest pocket
welt pieces.

Lining fabric, 140 cm (55") wide, with a directional print, cut on fold, for sizes 34-44 in all heights



Attention! Cut only one chest pocket lining piece.

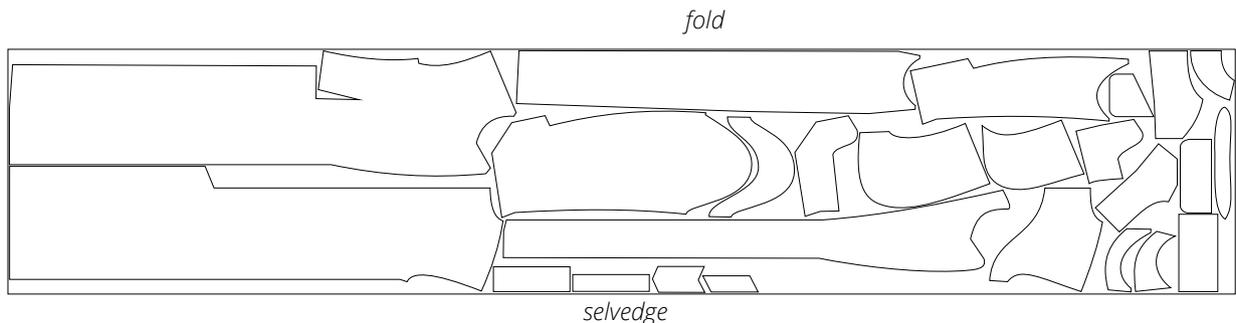
Lining fabric, 140 cm (55") wide, with a directional print, cut on fold, for sizes 46-52 in all heights



Attention! Cut only one chest pocket lining piece.

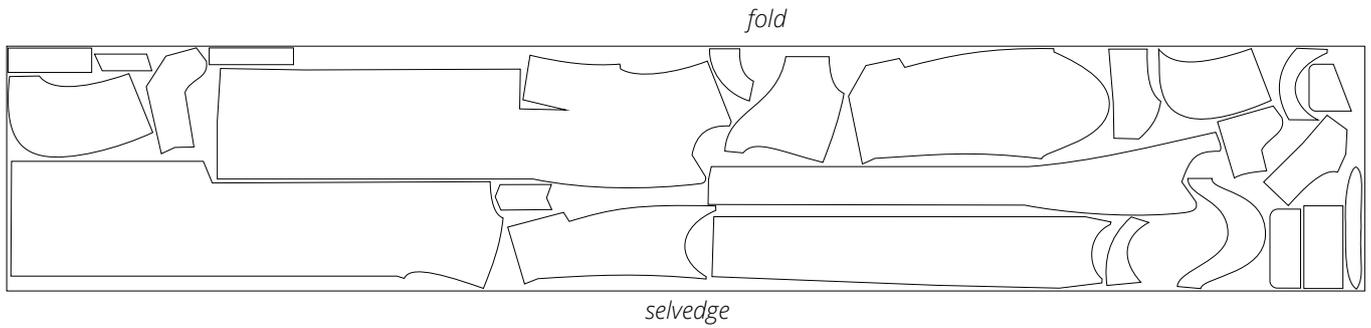
1ST INTERFACING OPTION

Interfacing, 140 cm (55") wide, cut on fold, for sizes 34-42 in all heights



Attention! Cut one each of the chest pocket facing and chest pocket welt pieces.

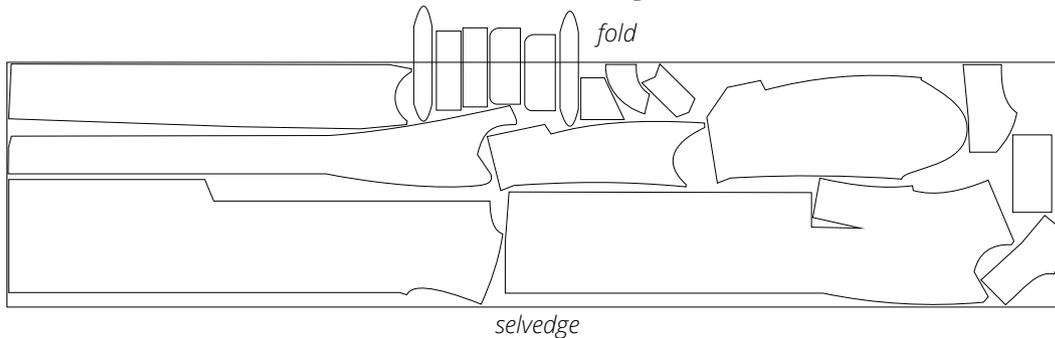
Interfacing, 140 cm (55") wide, cut on fold,
for sizes 44-52 in all heights



Attention! Cut one each of the chest pocket facing
and chest pocket welt pieces.

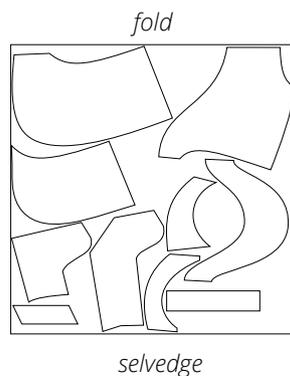
2ND INTERFACING OPTION (IN TWO STEPS)

Step 1: Interfacing, 140 cm (55") wide, cut on fold, for sizes
34-44 in all heights

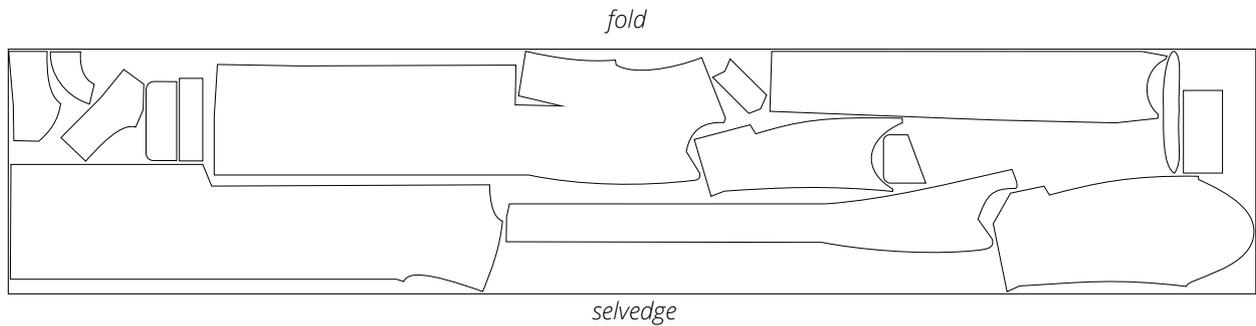


Attention! Cut the collar stand, welt, and top flap pieces on a single layer
out of the leftover fabric. Cut one each of the chest pocket facing and chest
pocket welt pieces.

Step 2: Interfacing, 140 cm (55") wide,
cut on fold, for sizes 34-44 in all heights

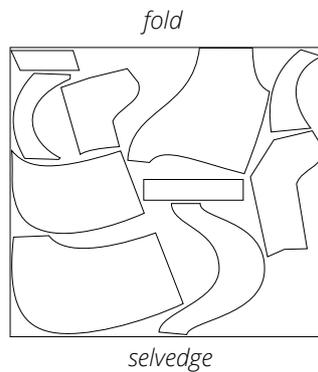


Step 1: Interfacing, 140 cm (55") wide, cut on fold, for sizes 46-52 in all heights

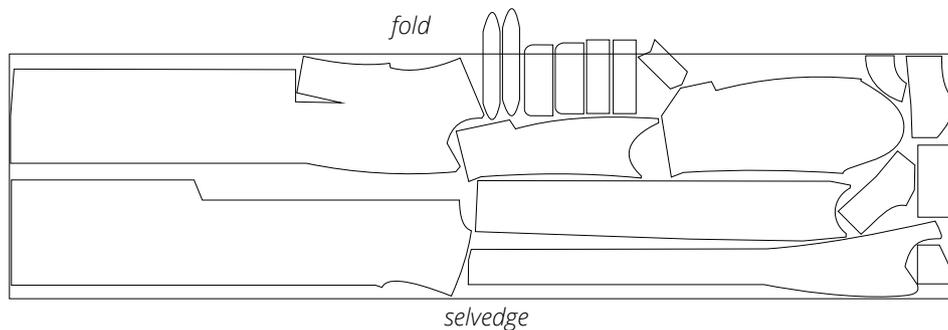


Attention! Cut one each of the chest pocket facing and chest pocket welt pieces.

Step 2: Interfacing, 140 cm (55") wide, cut on fold, for sizes 46-52 in all heights

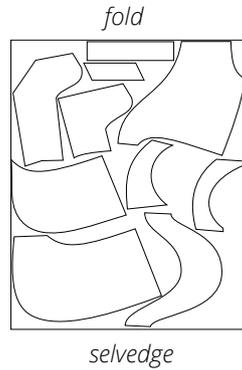


Step 1: Interfacing, 150 cm (59") wide, cut on fold, for sizes 34-44 in all heights

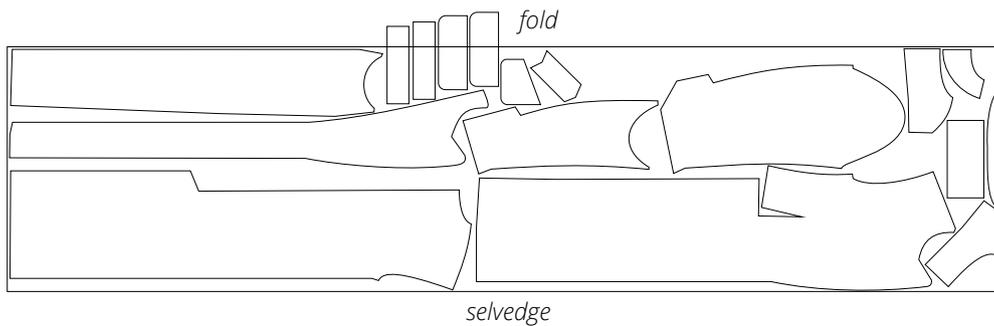


Attention! Cut the collar stand, welt, chest pocket welt, and top flap pieces on a single layer out of the leftover fabric

Step 2: Interfacing, 150 cm (59") wide, cut on fold, for sizes 34-44 in all heights

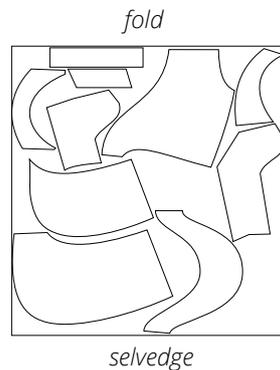


Step 1: Interfacing, 150 cm (59") wide, cut on fold, for sizes 46-52 in all heights



Attention! Cut the welt and top flap pieces on a single layer out of the leftover fabric. Cut one each of the chest pocket facing and chest pocket welt pieces.

Step 2: Interfacing, 150 cm (59") wide, cut on fold, for sizes 46-52 in all heights



READY? LET'S GET SEWING!

Important! (pressing pile fabrics): when sewing medium-pile fabrics, press on a soft surface (a scrap of the main fabric or needle board), as heavy pressure can crush/deform the pile. if the pile is short and already pressed down, you may press without a pad.



Press the seam allowances open through a pressing cloth.



Cut 4 rectangles (for 2 darts) from leftover fabric: 3 cm (1 1/8") wide, and the length equals the distance from the uncut dart part to the dart point plus 2-3 cm (3/4-1 1/8"). Mark the centerline along the long edge on each strip. Working from the wrong side of the front piece, place one strip to the dart center axis, extending 2-3 cm (3/4-1 1/8") beyond the dart at the top. Pin.