

FROM THE FOUNDER OF THE VIKISEWS® BRAND



Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



MALLY PATTERN DESCRIPTION

Mally is a close-fitting T-shirt with a grown-on stand collar and a center front hook-and-eye closure. The set-in sleeves are short. Mally is below-waist length.



PLEASE READ BEFORE USE

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Upper arm ease
cm	-7.5 to -12.8	-1.1	-0.1 to -2
inches	-3 to -5	-3/8	0 to -3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length, cm	Sleeve length, cm
1 (154-160)	48.5 – 50.4	12.2 – 16.5
2 (162-168)	51 – 52.9	12.9 – 17.1
3 (170-176)	53.5 – 55.3	13.6 – 17.6
4 (178-184)	55.9 – 57.8	14.2 – 18.4

Height, ft	Center back length, in	Sleeve length, in
1 (5'1"-5'3")	19 1/8-19 7/8	4 3/4-6 1/2
2 (5'4"-5'6")	20 1/8-20 7/8	5 1/8-6 3/4
3 (5'7"-5'9")	21 1/8-21 3/4	5 3/8-6 7/8
4 (5'10"-6'1")	22-22 3/4	5 5/8-7 1/4

SUGGESTED FABRICS

To sew this T-shirt, choose knit fabrics with a 1.5–2 stretch factor, pliable, soft, medium-weight, made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: biflex, single jersey, microfiber jersey, knits, and ribbed knits.

You can determine the stretch factor yourself. To do this, mark a 10 cm section across the width of the fabric, lay a ruler next to it, and stretch the fabric. Divide the measurement you get by 10.

The T-shirt in the photo is made of soft, pliable knit fabric. The fabric is medium-weight, soft, and stretchy. The fiber content is 50% acetate + 28% nylon + 18% polyester. The fabric weight is 260 g/m². The stretch factor is 1.5.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size					
	34–36	38	40	42–44	46–48	50–52
1 (154–160)	0.6	0.6	0.6	0.75	0.8	0.8
2 (162–168)	0.6	0.65	0.65	0.8	0.8	0.8
3 (170–176)	0.65	0.65	0.65	0.8	0.85	0.85
4 (178–184)	0.65	0.7	0.7	0.85	0.85	0.9

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size			
	34–36	38–40	42–48	50–52
1 (5'1"–5'3")	5/8	5/8	7/8	7/8
2 (5'4"–5'6")	5/8	3/4	7/8	7/8
3 (5'7"–5'9")	3/4	3/4	7/8	7/8
4 (5'10"–6'1")	3/4	3/4	7/8	1

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lingerie hook and eye tape — 65 cm (26")

3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine
- overlocker for sewing and finishing seam allowances. This may be replaced with a stretch overlock stitch or a zigzag stitch on a regular sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, the garment hem can be finished with a twin needle on a regular sewing machine with a zigzag function

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, which part the threads of the knit fabric without piercing them when sewing.

PATTERN PIECES LIST

From main fabric:

- sleeve – cut 2
- back – cut 1 on fold
- front – cut 2
- neck binding – cut 1

SEAM ALLOWANCES

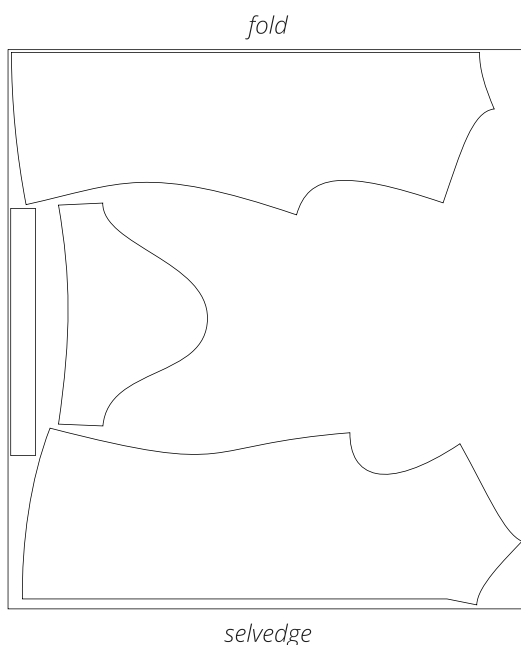
All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- sleeve hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

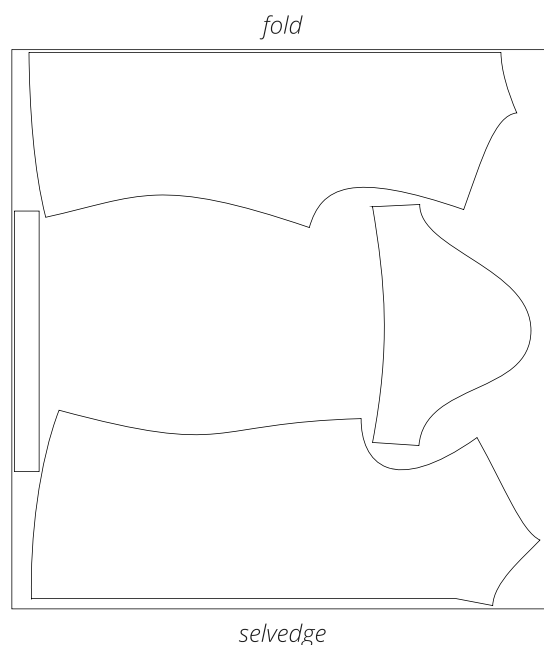
CUTTING LAYOUT

Main fabric, 140 cm (55") wide,
with a directional print/nap, cut on fold,
for sizes 34–36 in all heights



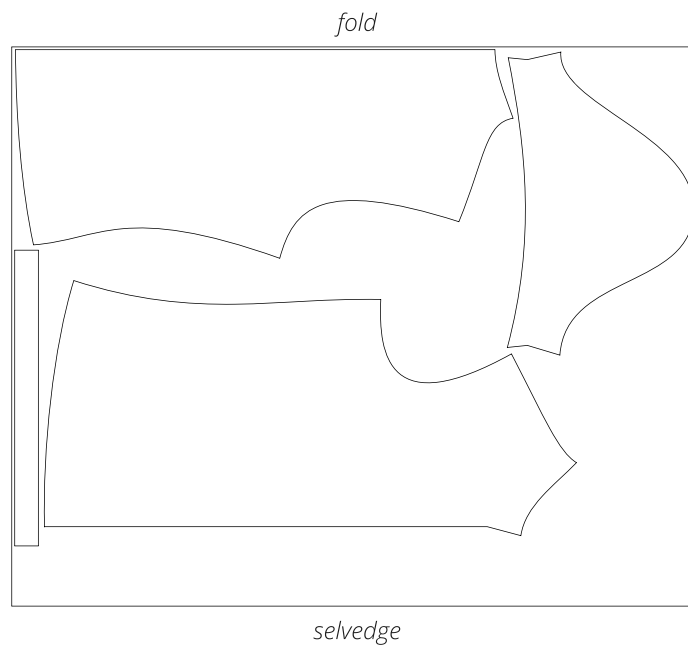
Attention! Cut only one neck binding piece.

Main fabric, 140 cm (55") wide,
with a directional print/nap, cut on fold,
for sizes 38–40 in all heights



Attention! Cut only one neck binding piece.

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 42–52 in all heights



Attention! Cut only one neck binding piece.

READY? LET'S GET SEWING!



4. Place the neck binding piece right sides together with the garment. Align the neckline edges, match the notches, and pin.



5. Stitch on the overlocker, with the neck binding piece facing up. Press the seam allowances towards the neck binding piece.



6. Turn the neck binding piece to the wrong side of the garment. Pin, forming a 1–2 mm seam roll towards the neck binding piece.



7. Hand-baste the neck binding piece at 3 mm from the bottom edge.



8. Fold the sleeve piece right sides together. Align the underarm edges, pin, and stitch on the overlocker, with the front side facing up.