

FROM THE FOUNDER OF THE #VIKISEWS BRAND

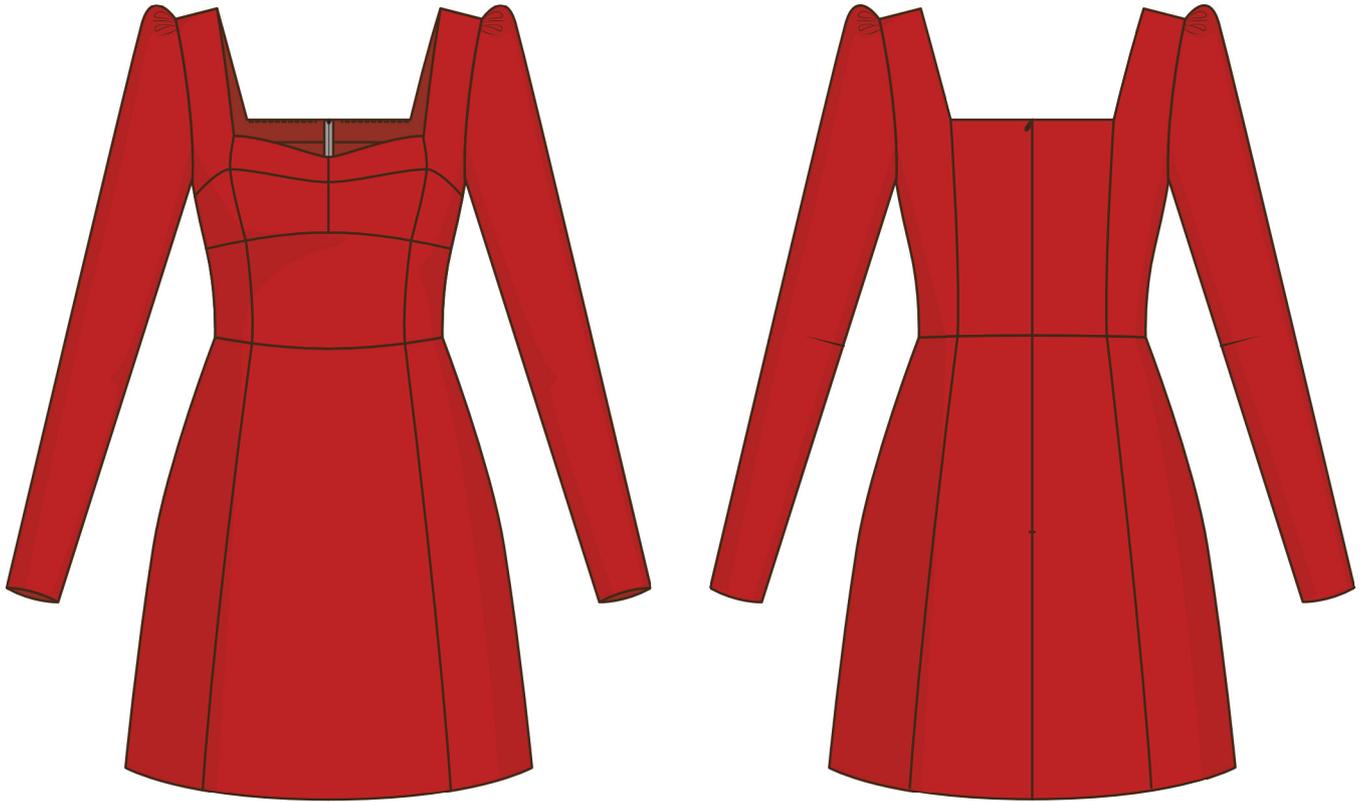


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



MERYL PATTERN DESCRIPTION

Meryl is a close-fitting dress with an accentuated waist. It features a waist seam and an underbust seam. Both the front and back of the dress are fitted with princess seams and have a deep square neckline. The long, set-in sleeves are gathered at the sleeve cap and feature elbow darts. The dress closes with an invisible zipper in the center back seam. Meryl is finished with a free-hanging lining and is above-knee length.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	3.9-5.4	3-5.1	6-3.8	6.9-4.9
inches	1 1/2-2 1/8	1 1/8-2	2 3/8-1 1/2	2 3/4-1 7/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length from waist down, cm	Sleeve length, cm
1 (154-160)	40.7	63.1
2 (162-168)	43.7	65.1
3 (170-176)	46.7	67.3
4 (178-184)	49.7	69.3
Height, ft	Garment length from waist down, in	Sleeve length, in
1 (5'1"-5'3")	16	24 7/8
2 (5'4"-5'6")	17 1/4	25 5/8
3 (5'7"-5'9")	18 3/8	26 1/2
4 (5'10"-6'1")	19 5/8	27 1/4

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, pliable, non-stretch or low-stretch
- the fiber content can include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + viscose, etc.), and synthetics (polyester)
- the following fabrics are recommended: dress-weight wool, suiting fabrics, gabardine

Attention! We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, choose lining fabrics made of blends (viscose + elastane, viscose + polyester) or synthetics (polyester, polyester + elastane).

The dress in the photo is made of suiting fabric. The fabric is medium weight, pliable, and low-stretch. The fiber content is a blend of viscose and wool. The fabric weight is 340 g/m².

The lining is a blend of viscose and polyester. The weight of the lining fabric is 100 g/m².

The interfacing weight is 30 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.15	1.15	1.25	1.25	1.3	1.4	1.4	1.4	1.5	1.5
2 (162–168)	1.2	1.2	1.3	1.3	1.35	1.45	1.45	1.45	1.55	1.55
3 (170–176)	1.25	1.25	1.35	1.35	1.4	1.5	1.5	1.5	1.6	1.6
4 (178–184)	1.3	1.3	1.4	1.4	1.45	1.55	1.55	1.55	1.65	1.65

Main fabric, 150 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.15	1.15	1.15	1.15	1.3	1.3	1.3	1.35	1.4	1.4
2 (162–168)	1.2	1.2	1.2	1.2	1.35	1.35	1.35	1.4	1.4	1.45
3 (170–176)	1.25	1.25	1.25	1.25	1.4	1.4	1.4	1.45	1.45	1.45
4 (178–184)	1.3	1.3	1.3	1.3	1.45	1.45	1.45	1.5	1.5	1.5

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	1 1/4	1 1/4	1 3/8	1 3/8	1 3/8	1 1/2	1 1/2	1 1/2	1 5/8	1 5/8
2 (5'4"–5'6")	1 1/4	1 1/4	1 3/8	1 3/8	1 1/2	1 5/8	1 5/8	1 5/8	1 3/4	1 3/4
3 (5'7"–5'9")	1 3/8	1 3/8	1 1/2	1 1/2	1 1/2	1 5/8	1 5/8	1 5/8	1 3/4	1 3/4
4 (5'10"–6'1")	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	1 3/4	1 3/4	1 3/4	1 3/4	1 3/4

Main fabric, 59" wide, with a directional print/nap, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	1 1/4	1 1/4	1 1/4	1 1/4	1 3/8	1 3/8	1 3/8	1 1/2	1 1/2	1 1/2
2 (5'4"–5'6")	1 1/4	1 1/4	1 1/4	1 1/4	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 5/8
3 (5'7"–5'9")	1 3/8	1 3/8	1 3/8	1 3/8	1 1/2	1 1/2	1 1/2	1 5/8	1 5/8	1 5/8
4 (5'10"–6'1")	1 3/8	1 3/8	1 3/8	1 3/8	1 5/8	1 5/8	1 5/8	1 5/8	1 5/8	1 5/8

2. Lining fabric, 140 cm wide, in meters:

Height, cm	Size					
	34-38	40	42	44-48	50	52
1 (154-160)	0.7	0.75	0.8	0.85	0.85	0.85
2 (162-168)	0.75	0.75	0.8	0.9	0.9	0.95
3 (170-176)	0.75	0.8	0.85	0.95	1	1
4 (178-184)	0.8	0.85	0.9	1.05	1.05	1.05

Lining fabric, 55" wide, in yards:

Height, ft	Size					
	34-38	40	42	44-48	50	52
1 (5'1"-5'3")	3/4	7/8	7/8	7/8	7/8	7/8
2 (5'4"-5'6")	7/8	7/8	7/8	1	1	1
3 (5'7"-5'9")	7/8	7/8	7/8	1	1 1/8	1 1/8
4 (5'10"-6'1")	7/8	7/8	1	1 1/8	1 1/8	1 1/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 30 cm (11 3/4")
4. Stitched bias-cut fusible stay tape, 1.5 cm (5/8") wide, for all sizes in all heights — 80 cm (31 1/2")
5. Straight-grain fusible stay tape, 1 cm (3/8") wide, for all sizes in all heights — 70 cm (27 1/2")
6. One invisible zipper, 50 cm (19 5/8") long, for all sizes in all heights
7. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- one-sided foot for the sewing machine
- latch hook or large-eye needle

PATTERN PIECES LIST

1. From main fabric:

- top side front bodice — cut 4
- bust cup top center panel — cut 4
- bust cup bottom center panel — cut 4
- bust cup bottom side panel — cut 4
- center midriff — cut 1 on fold
- side midriff — cut 2
- center back bodice — cut 2
- side back bodice — cut 2
- sleeve — cut 2
- center front skirt — cut 1 on fold
- side front skirt — cut 2
- center back skirt — cut 2
- side back skirt — cut 2

2. From lining fabric:

- center midriff — cut 1 on fold
- side midriff — cut 2
- center back bodice — cut 2
- side back bodice — cut 2
- center front skirt — cut 1 on fold
- side front skirt — cut 2
- center back skirt — cut 2
- side back skirt — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

3. From interfacing:

- top side front bodice — cut 2
- bust cup top center panel — cut 2
- bust cup bottom center panel — cut 2
- bust cup bottom side panel — cut 2

Additionally, cut two interfacing strips, 2 cm (3/4") wide, to interface the zipper seam allowances. The interfacing strips should be cut on the straight grain (parallel to the selvedge).

SEAM ALLOWANCES

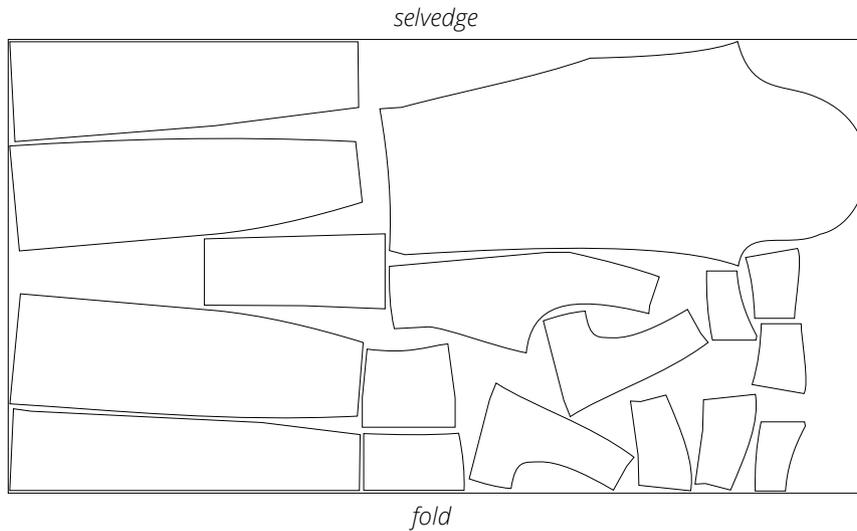
All pattern pieces include the seam allowances as follows:

- garment hem allowance — 3 cm (1 1/8")
- sleeve hem allowance — 3 cm (1 1/8")
- center seam allowance on the center back bodice — 1.5 cm (5/8")
- center seam allowance on the center back skirt — 1.5 cm (5/8")
- lining hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

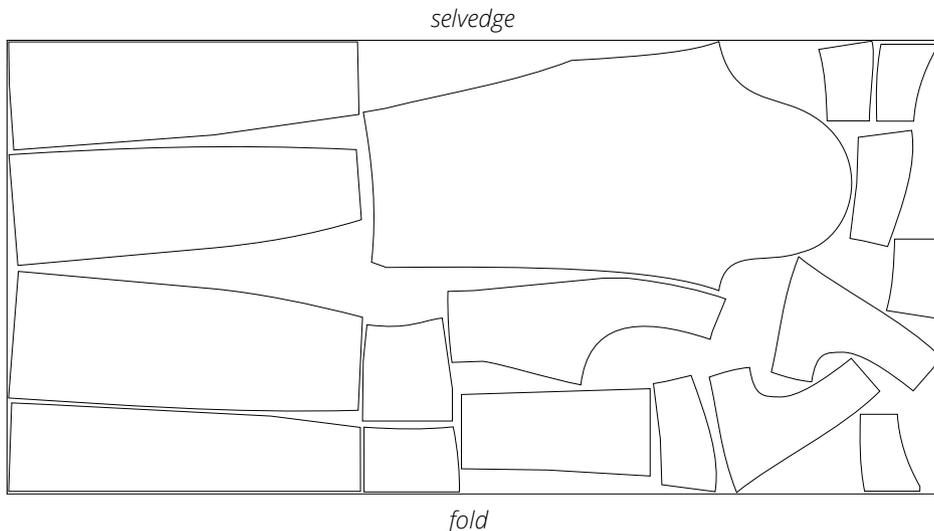
Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 34–36 in all heights

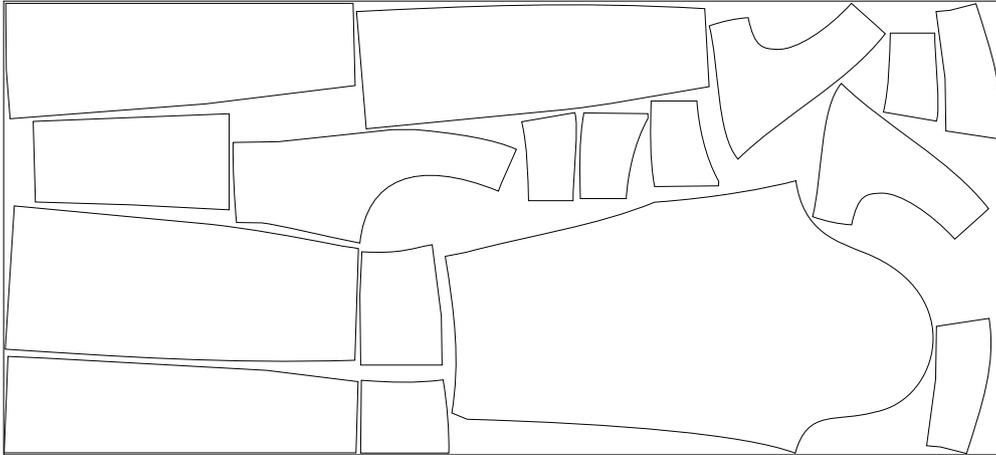


Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 38–42 in all heights



Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 44–48 in all heights

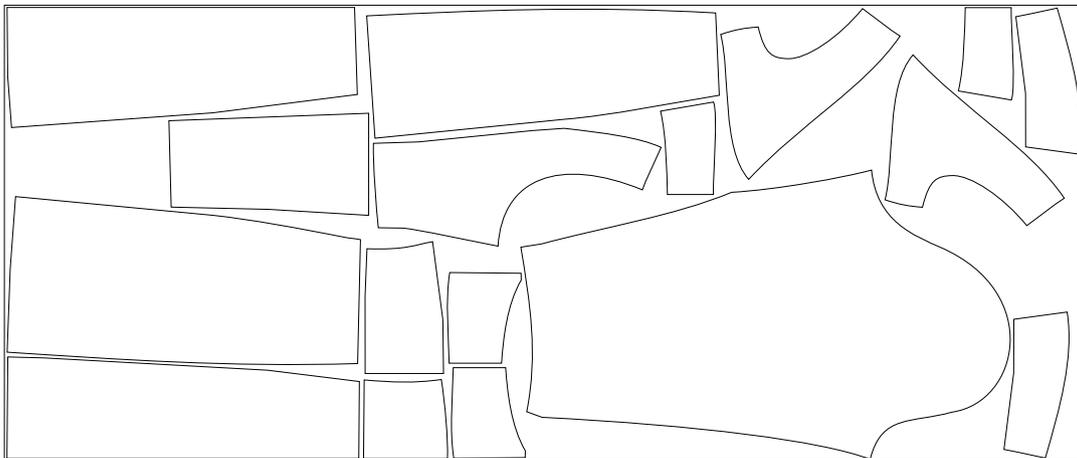
selvedge



fold

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 50–52 in all heights

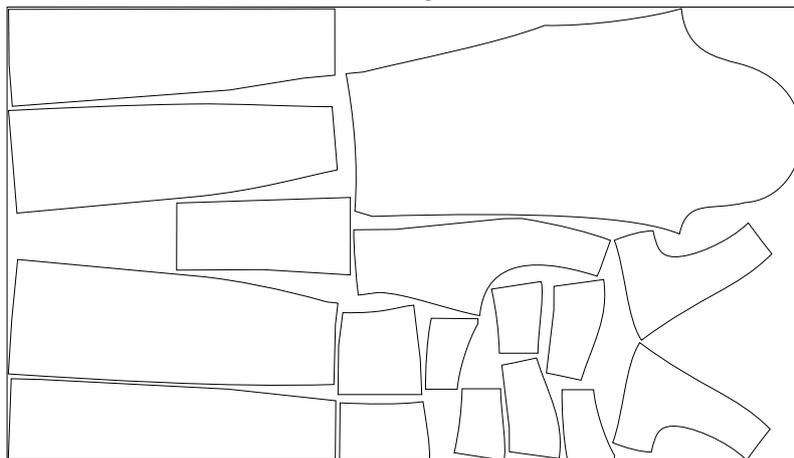
fold



selvedge

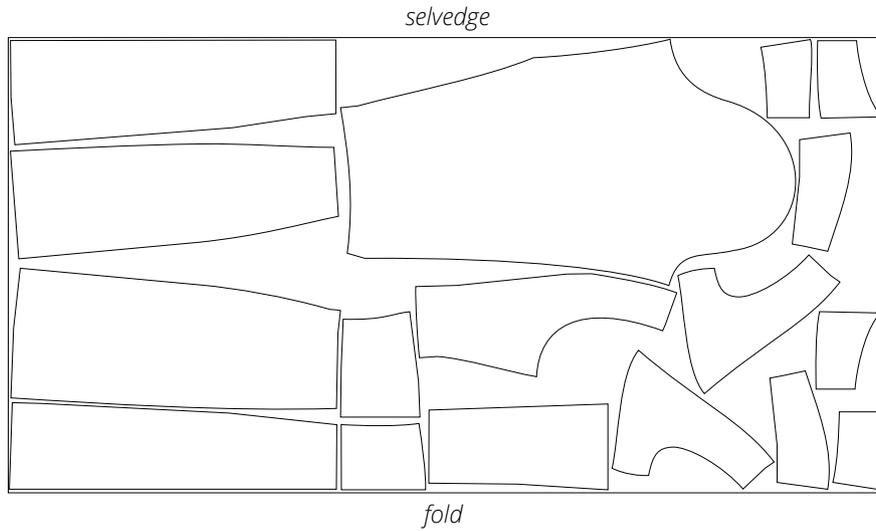
Main fabric, 150 cm (59") wide, with a directional print/nap,
cut on fold, for sizes 34–40 in all heights

selvedge

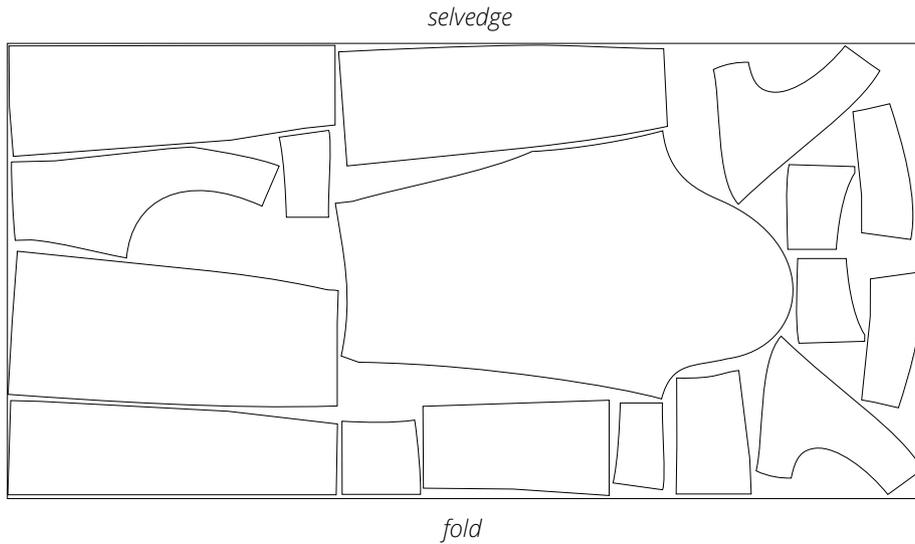


fold

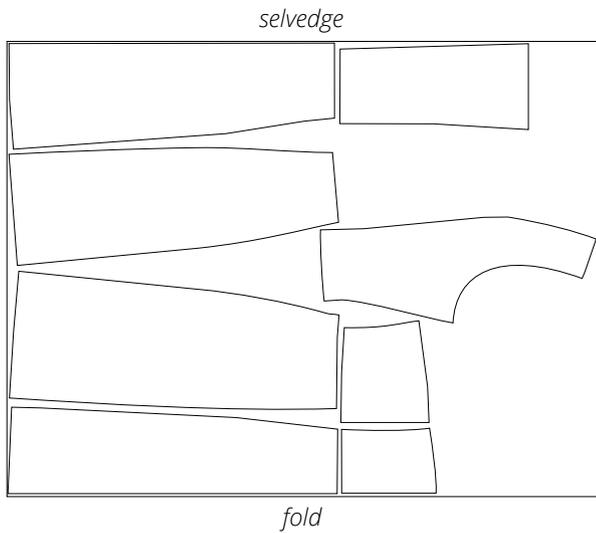
Main fabric, 150 cm (59") wide, with a directional print/nap,
cut on fold, for sizes 42–46 in all heights



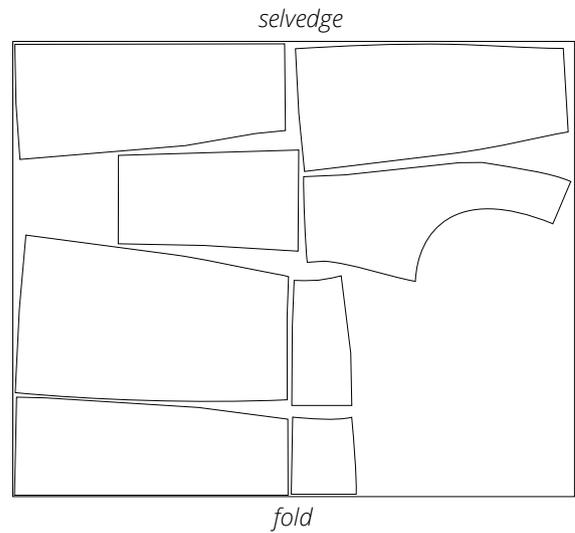
Main fabric, 150 cm (59") wide, with a directional print/nap,
cut on fold, for sizes 48–52 in all heights



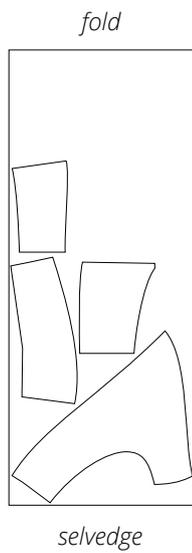
Lining fabric, 140 cm (55") wide, with a directional print, cut on fold, for sizes 34-42 in all heights



Lining fabric, 140 cm (55") wide, with a directional print, cut on fold, for sizes 44-52 in all heights



Interfacing, 140 cm (55") wide, cut on fold, for all sizes and heights



READY? LET'S GET SEWING!



Press the seam flat. Press the seam allowances open and then press them towards the center back skirt piece.

Overlock the seam allowances, with the side back skirt facing up. Press the seam.



Overlock the waist edges of the assembled back bodice and back skirt pieces, with the right side of the fabric facing up.



Place the assembled back bodice and back skirt pieces right sides together. Align the waist edges, match the notches and princess seams. Pin. Machine-stitch, backstitching at the beginning and end.