# FROM THE FOUNDER OF VIKISEWS®

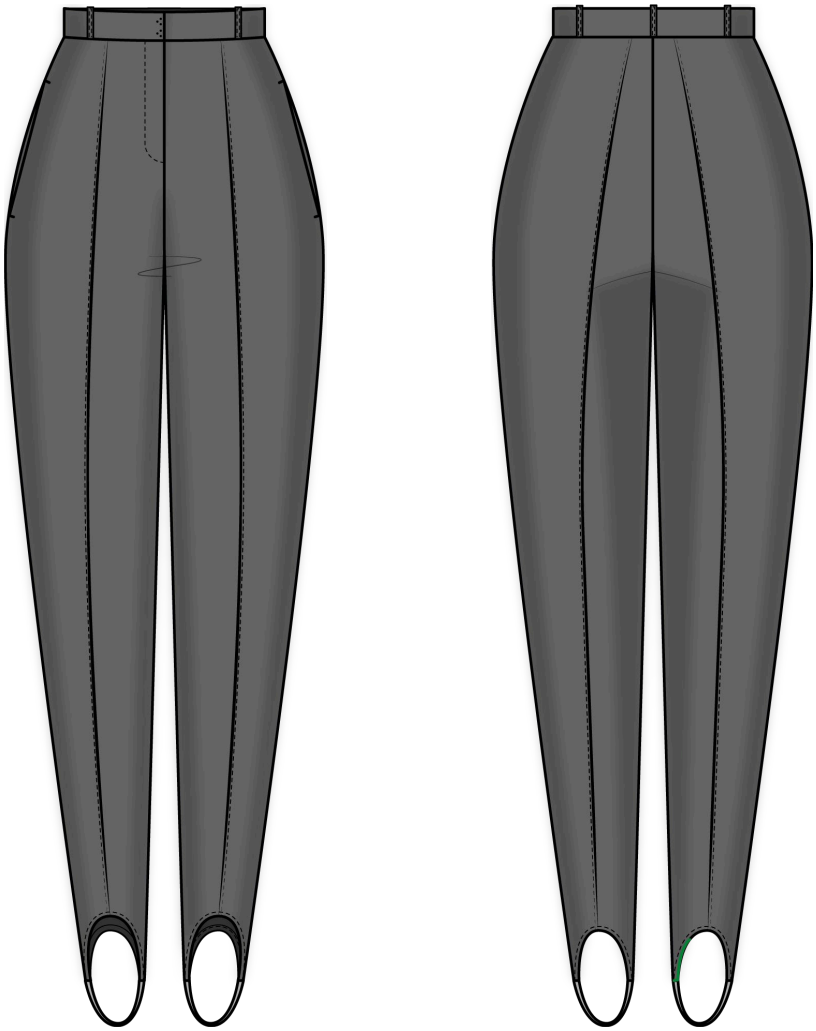


In 2016, when I was creating my first patterns and instructions, I simply wanted to solve the difficulties I had faced myself at the start of my sewing journey. I missed stylish patterns with a good fit and clear sewing instructions. Step by step, this is how Vikisews came about — a brand that helps people who sew beautiful, up-to-date clothes with their own hands.






Every one of our instructions is the result of careful teamwork. We hope they help your hobby grow — and perhaps even turn it into your life's work. Enjoy the process and create a thoughtful, stylish wardrobe. If you have any questions, email us at info@vikisews.com



# SKILAH PATTERN DESCRIPTION

Skilah is a pair of semi-fitted trousers. The front and back legs feature stitched creases. There are pockets in the side seams. The trousers have an applied waistband with topstitched belt loops. The trousers have a fly front zipper closure and sew-on hooks and eyes. The bottom edges of the front and back legs feature shaped cutouts with attached stirrups. Skilah is ankle-length.



# PLEASE READ BEFORE USE

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

| | Waistline ease | Hipline ease |
|---|---|---|
| cm | 1–6 | 3.8–6 |
| inches | 3/8–2 3/8 | 1 1/2–2 3/8 |

# GARMENT LENGTH

| Height, cm | Side seam length, cm |
|---|---|
| 1 (154–160) | 105.5–111.8 |
| 2 (162–168) | 109.7–116.1 |
| 3 (170–176) | 114–120 |
| 4 (178–184) | 118.3–124.6 |

| Height, ft | Side seam length, in |
|---|---|
| 1 (5’1”–5’3”) | 41 1/2–44 |
| 2 (5’4”–5’6”) | 43 1/4–45 3/4 |
| 3 (5’7”–5’9”) | 44 7/8–47 1/4 |
| 4 (5’10”–6’1”) | 46 5/8–49 |

# SUGGESTED FABRIC

To sew these trousers, choose medium-weight, pliable, soft, medium-stretch, opaque suiting and dress-weight fabrics with elastane content, made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: gabardine, double jersey, suiting fabrics, stretch crepe.

**Attention!** We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

The trousers in the photo are made of suiting fabric. The fabric is medium weight, pliable, soft, and medium-stretch. The fiber content is blended: 95% polyester + 5% elastane. The fabric weight is 100 g/m$^2$.

The lining is made of 100% viscose. The lining fabric weight is 80 g/m$^2$.

# FABRIC AND NOTIONS REQUIREMENTS

*IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.*

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

| | Size | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| Height, cm | 34–38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 |
| 1 (154–160) | 1.1 | 1.15 | 1.35 | 1.5 | 1.55 | 1.65 | 1.8 | 1.9 |
| 2 (162–168) | 1.15 | 1.15 | 1.45 | 1.55 | 1.65 | 1.75 | 1.85 | 1.95 |
| 3 (170–176) | 1.2 | 1.2 | 1.5 | 1.6 | 1.7 | 1.8 | 1.95 | 2.05 |
| 4 (178–184) | 1.25 | 1.3 | 1.55 | 1.65 | 1.75 | 1.9 | 2.05 | 2.15 |

Main fabric, 55″ wide, with a directional print/nap, in yards:

| | Size | | | | | | |
|---|---|---|---|---|---|---|---|
| Height, ft | 34–40 | 42 | 44 | 46 | 48 | 50 | 52 |
| 1 (5′1″–5′3″) | 1 1/4 | 1 1/2 | 1 5/8 | 1 3/4 | 1 3/4 | 2 | 2 1/8 |
| 2 (5′4″–5′6″) | 1 1/4 | 1 5/8 | 1 3/4 | 1 3/4 | 1 7/8 | 2 | 2 1/8 |
| 3 (5′7″–5′9″) | 1 1/4 | 1 5/8 | 1 3/4 | 1 7/8 | 2 | 2 1/8 | 2 1/4 |
| 4 (5′10″–6′1″) | 1 3/8 | 1 3/4 | 1 3/4 | 1 7/8 | 2 1/8 | 2 1/4 | 2 3/8 |

2. Lining fabric, 140 cm wide, with a directional print, in meters:

| | Size | | | | |
|---|---|---|---|---|---|
| Height, cm | 34–36 | 38 | 40–48 | 50 | 52 |
| 1 (154–160) | 0.35 | 0.35 | 0.4 | 0.4 | 0.45 |
| 2 (162–168) | 0.35 | 0.35 | 0.4 | 0.4 | 0.45 |
| 3 (170–176) | 0.35 | 0.4 | 0.4 | 0.45 | 0.45 |
| 4 (178–184) | 0.35 | 0.4 | 0.4 | 0.45 | 0.45 |

Lining fabric, 55″ wide, with a directional print, in yards:

| | Size | | |
|---|---|---|---|
| Height, ft | 34–48 | 50 | 52 |
| 1 (5′1″–5′3″) | 3/8 | 3/8 | 1/2 |
| 2 (5′4″–5′6″) | 3/8 | 3/8 | 1/2 |
| 3 (5′7″–5′9″) | 3/8 | 1/2 | 1/2 |
| 4 (5′10″–6′1″) | 3/8 | 1/2 | 1/2 |

3. Lightweight interfacing, knit or woven, 140 cm wide, cut in one direction, in meters:

| | Size | | | |
|---|---|---|---|---|
| Height, cm | 34–36 | 38–46 | 48 | 50–52 |
| 1 (154–160) | 0.2 | 0.2 | 0.2 | 0.25 |
| 2 (162–168) | 0.2 | 0.2 | 0.25 | 0.25 |
| 3 (170–176) | 0.2 | 0.25 | 0.25 | 0.25 |
| 4 (178–184) | 0.25 | 0.25 | 0.25 | 0.25 |

Lightweight interfacing, knit or woven, 55″ wide, cut in one direction, in yards:

| | Size |
|---|---|
| Height, ft | 34–52 |
| 1 (5′1″–5′3″) | 1/4 |
| 2 (5′4″–5′6″) | 1/4 |
| 3 (5′7″–5′9″) | 1/4 |
| 4 (5′10″–6′1″) | 1/4 |

4. Stitched straight-grain fusible stay tape, 1.5 cm (5/8″) wide — 0.6 m (5/8 yd)
5. One trouser zipper, 20 cm (8″) long, for all sizes and heights
6. Two sew-on hook-and-eye closures
7. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

# TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot (optional)
- one-sided foot for attaching the zipper

# PATTERN PIECES LIST

1. From main fabric:
   - front leg — cut 2
   - back leg — cut 2
   - fly shield — cut 1
   - waistband — cut 1
   - stirrup — cut 2
   - pocket facing — cut 2
   - belt loops — cut 1 (5 pieces)

2. From lining fabric:
   - stirrup — cut 2
   - pocket lining — cut 4

***IMPORTANT!*** *Don't forget to transfer all pattern markings and notches onto the fabric.*

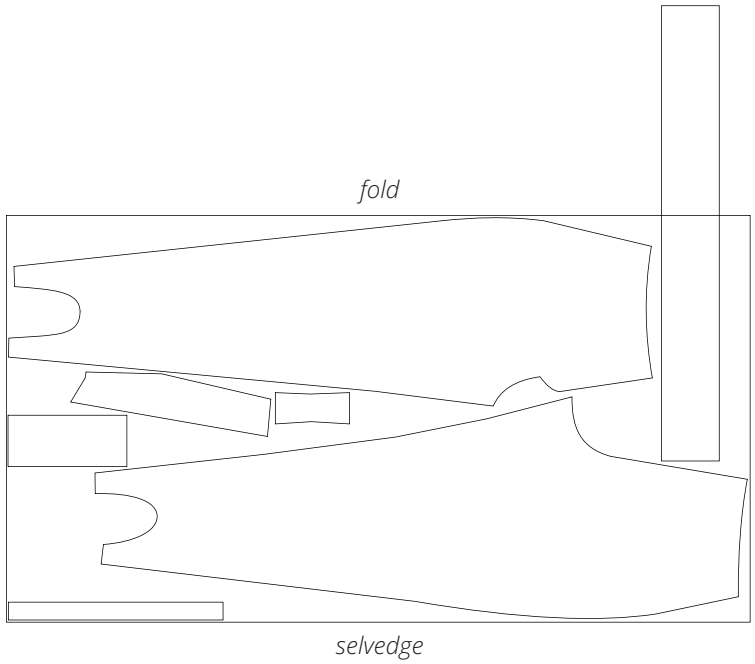
3. From interfacing:
   - fly shield — cut 1
   - waistband — cut 1

***IMPORTANT!*** *If the pattern pieces have the "face" inscription, these pieces should be cut on the right side of the fabric.*

# SEAM ALLOWANCES

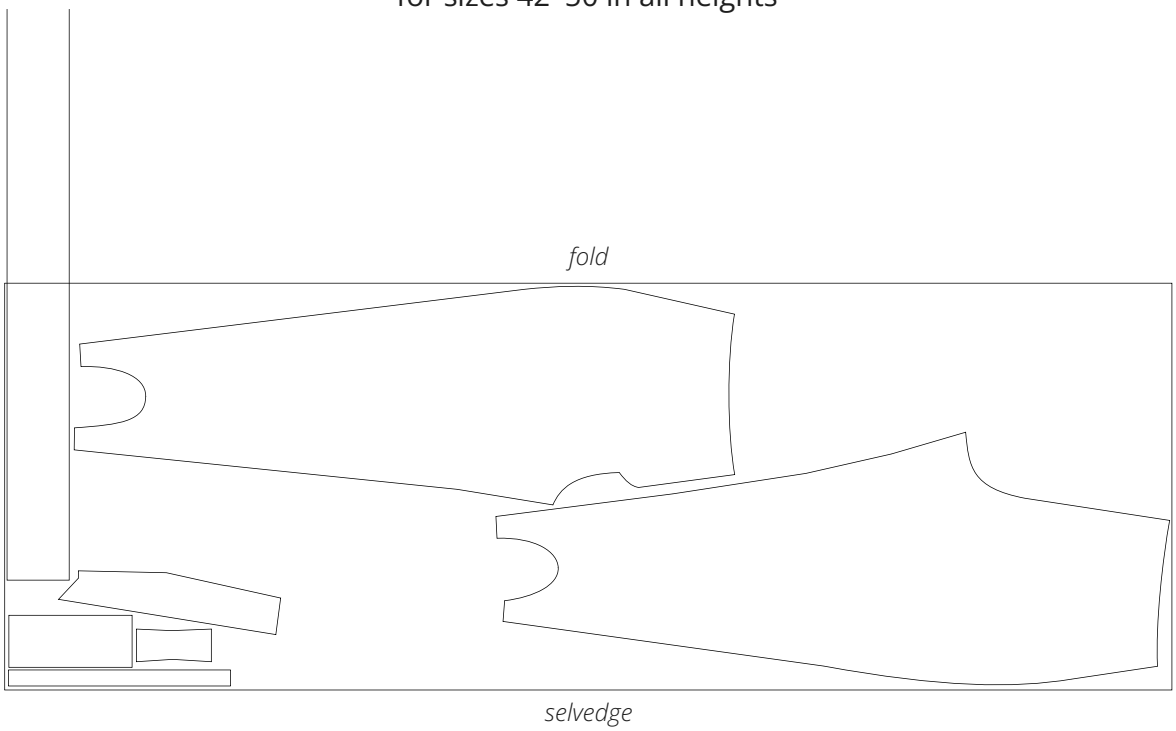
All pattern pieces include 1 cm (3/8″) seam allowances.
Take this into account when laying out the pattern pieces on the fabric.

Main fabric, 140 cm (55”) wide, with a directional print/nap, cut on fold,
for sizes 34–40 in all heights

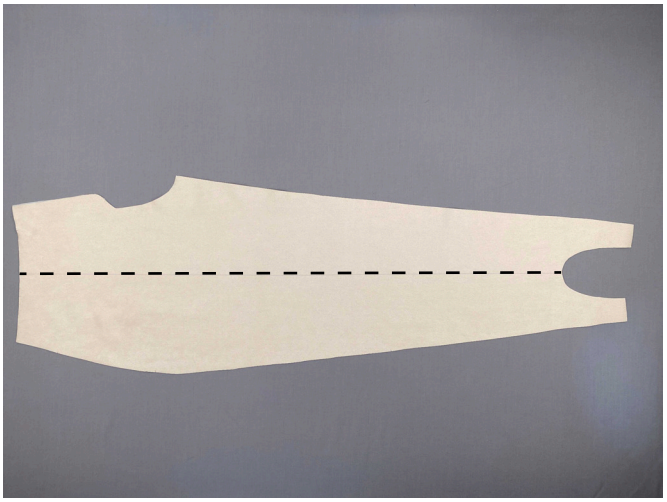



**Attention!** Cut only one fly shield piece. Cut only one waistband piece on a single layer out of the leftover fabric.

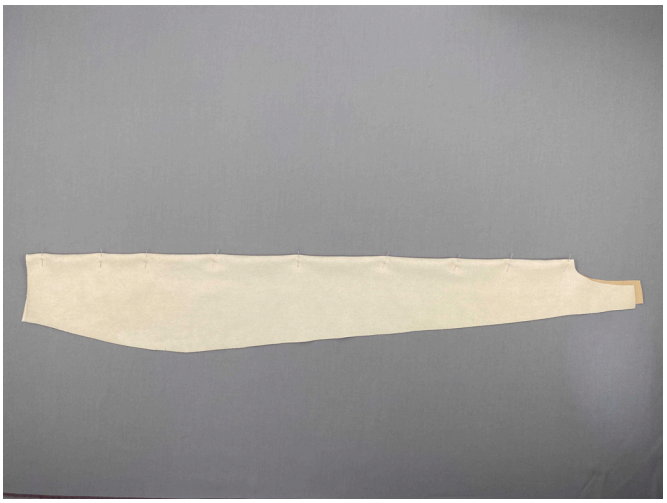
Main fabric, 140 cm (55”) wide, with a directional print/nap, cut on fold,
for sizes 42–50 in all heights



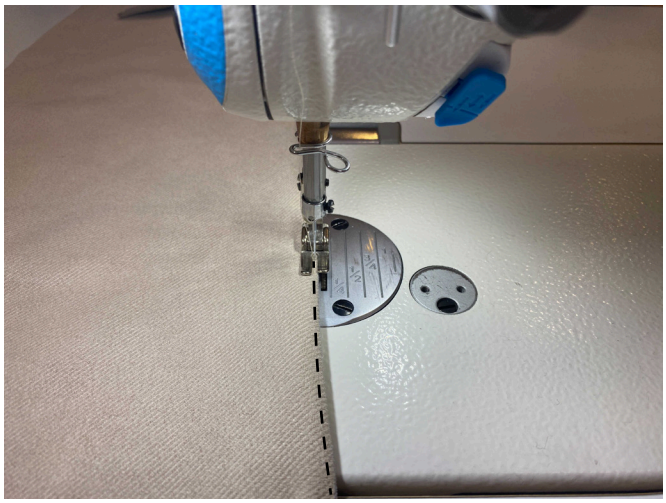

**Attention!** Cut only one fly shield piece. Cut only one waistband piece on a single layer out of the leftover fabric.



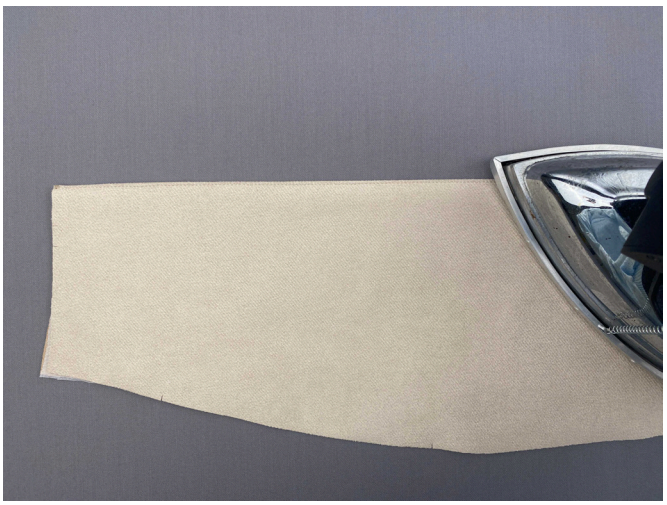
1. Transfer the center lines from the pattern to the right side of the front leg and back leg pieces.



2. Fold the front leg piece wrong sides together along the marked center line (the crease line). Fold the back leg piece wrong sides together along the marked center line (the crease line). Press the creases along the folds. Pin the creases along the pressed folds.



3. Topstitch the front leg and back leg pieces at 1–2 mm from the pressed fold of the crease, backstitching at the beginning and end of the seam.



4. Press the seams.