

FROM THE FOUNDER OF THE VIKISEWS® BRAND

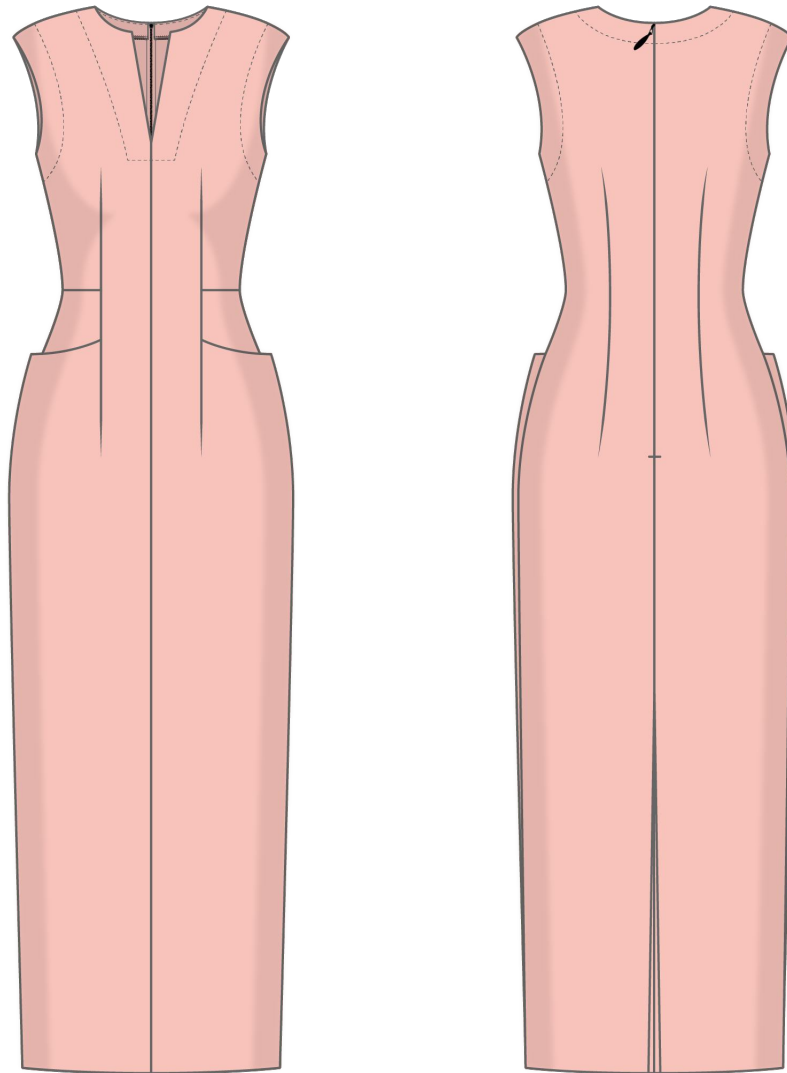


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



MELINA PATTERN DESCRIPTION

Melina is a semi-fitted dress with an accentuated waist and drop shoulders. The front and back feature center seams and waist darts. The front has side pieces with voluminous pockets. The round neckline transitions into a slit at the front. The center back seam features an invisible zipper and ends with a slit. The neck and armhole facings are secured with topstitching. Melina is below-knee length.



PLEASE READ BEFORE USE

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease
cm	0.4–5.8	0.2–6.7	4.9–5.4
inches	1/8–2 1/4	1/8–2 5/8	1 7/8–2 1/8

GARMENT LENGTH

Height, cm	Garment back length, cm	Height, ft	Garment back length, in
1 (154–160)	122.2 – 123	1 (5'1"–5'3")	48 1/8–48 3/8
2 (162–168)	126.1 – 126.9	2 (5'4"–5'6")	49 5/8–50
3 (170–176)	130.2 – 130.9	3 (5'7"–5'9")	51 1/4–51 1/2
4 (178–184)	134.2 – 134.9	4 (5'10"–6'1")	52 7/8–53 1/8

SUGGESTED FABRICS

To sew this dress, choose soft, non-stretch or low-stretch, medium-weight dress-weight and suiting fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: crepe suiting, gabardine, and polyviscose suiting.

Attention! We do not recommend using stretchy or sheer fabrics!

The dress in the photo is made of suiting fabric. The fabric is medium weight, soft, and non-stretch. The fiber content is 100% wool. The fabric weight is 210 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size							
	34	36	38	40–42	44	46–48	50	52
1 (154–160)	1.35	1.4	1.6	1.7	1.7	1.7	1.8	2.05
2 (162–168)	1.4	1.45	1.6	1.75	1.75	1.75	1.85	2.1
3 (170–176)	1.4	1.5	1.65	1.75	1.8	1.8	1.9	2.15
4 (178–184)	1.45	1.55	1.7	1.8	1.8	1.85	2	2.3

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size						
	34	36	38	40–42	44–48	50	52
1 (5'1"–5'3")	1 1/2	1 1/2	1 3/4	1 7/8	1 7/8	2	2 1/4
2 (5'4"–5'6")	1 1/2	1 5/8	1 3/4	1 7/8	1 7/8	2	2 1/4
3 (5'7"–5'9")	1 1/2	1 5/8	1 3/4	1 7/8	2	2 1/8	2 3/8
4 (5'10"–6'1")	1 5/8	1 3/4	1 7/8	2	2	2 1/8	2 1/2

2. Lightweight interfacing, knit or woven, 140 cm wide, cut in one direction, in meters:

Height, cm	Size
	34–52
1 (154–160)	0.55
2 (162–168)	0.6
3 (170–176)	0.6
4 (178–184)	0.65

Lightweight interfacing, knit or woven, 55" wide, cut in one direction, in yards:

Height, ft	Size
	34–52
1 (5'1"–5'3")	5/8
2 (5'4"–5'6")	5/8
3 (5'7"–5'9")	5/8
4 (5'10"–6'1")	3/4

5. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide:

Size	34	36	38	40	42	44	46	48	50	52
meters	3.3	3.35	3.4	3.5	3.55	3.6	3.65	3.7	3.75	3.85
yards	3 5/8	3 5/8	3 3/4	3 7/8	3 7/8	3 7/8	4	4	4 1/8	4 1/4

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. One invisible zipper, 75–85 cm (30–34") long, for all sizes and heights
5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on a regular sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- one-sided foot for attaching the zipper

PATTERN PIECES LIST

1. From main fabric:

- back – cut 2
- front – cut 2
- back neck facing – cut 2
- front armscye facing – cut 2
- back armscye facing – cut 2
- front neck facing – cut 2
- side front – cut 2
- pocket lining – cut 2

2. From interfacing:

- back neck facing – cut 2
- front armscye facing – cut 2
- back armscye facing – cut 2
- front neck facing – cut 2

Also, cut out the following from interfacing:

- two strips (width and length according to the pattern) to interface the slit seam allowance.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

SEAM ALLOWANCES

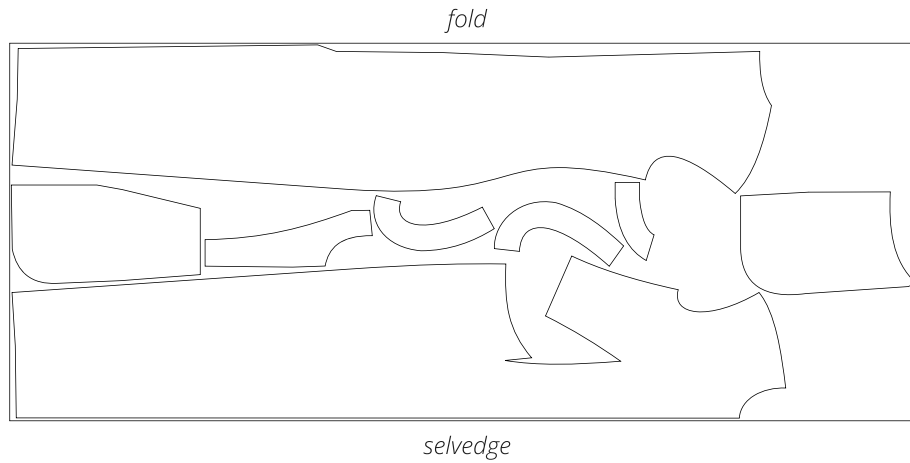
All pattern pieces include seam allowances as follows:

- garment hem allowance and slit seam allowance— 4 cm (1 5/8")
- all other edges — 1 cm (3/8")

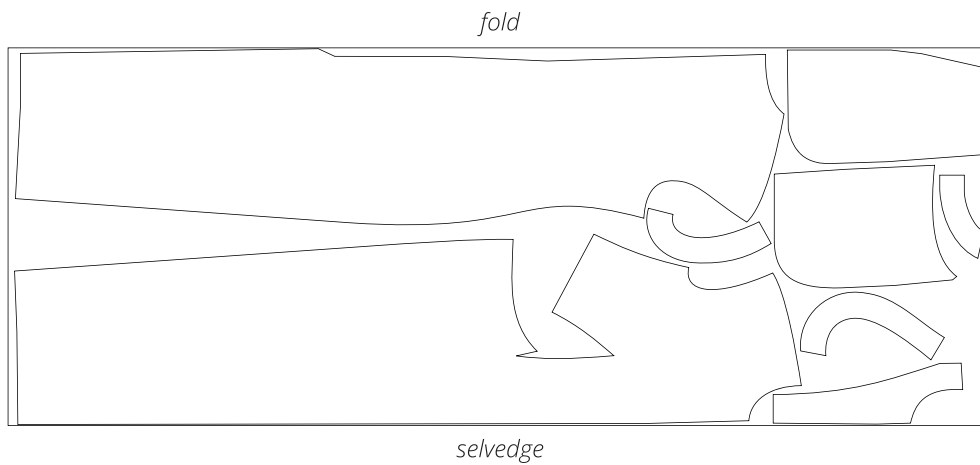
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

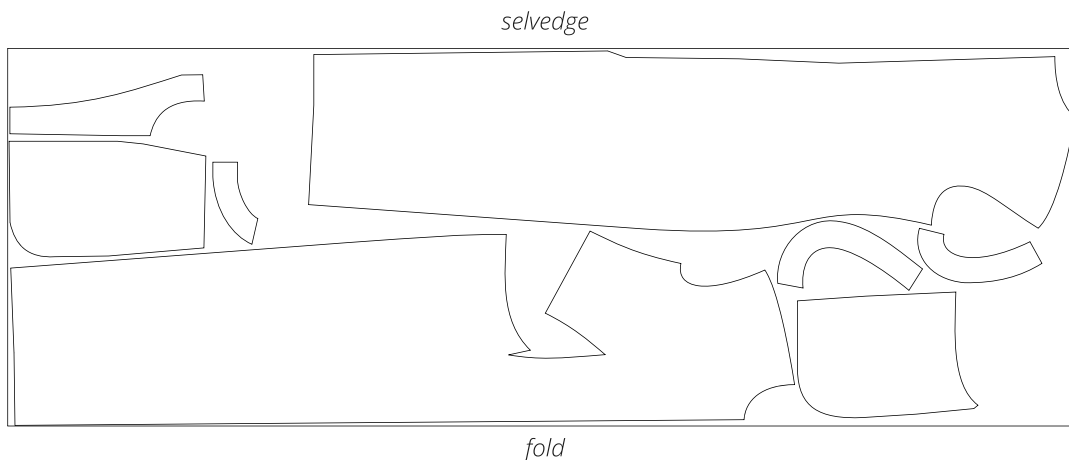
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for sizes 34–38 in all heights



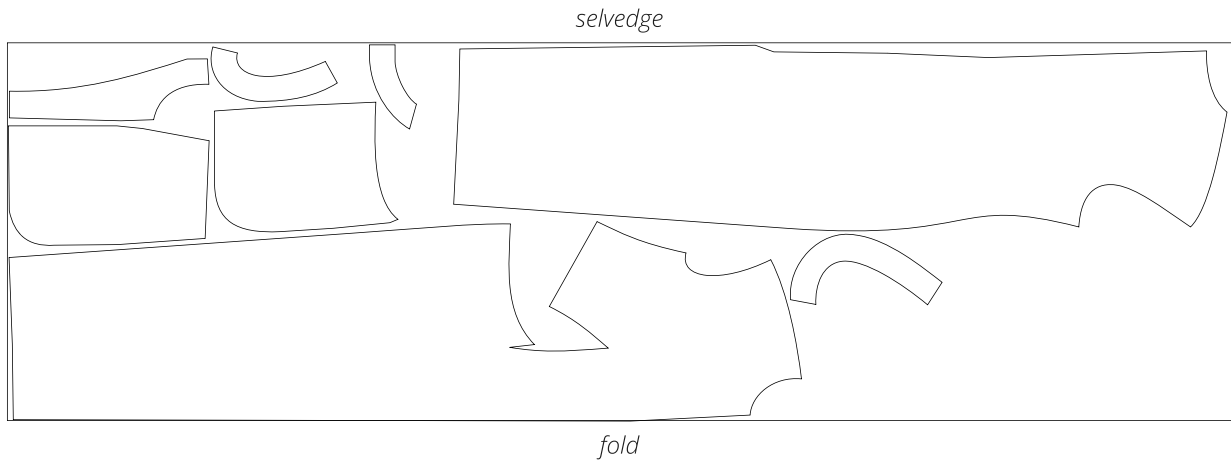
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for sizes 40–48 in all heights



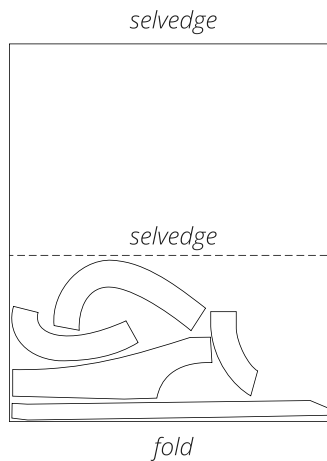
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for size 50 in all heights



Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for size 52 in all heights



Interfacing, 140 cm (55") wide,
cut on a partial fold and in one direction,
for all sizes in all heights



READY? LET'S GET SEWING!



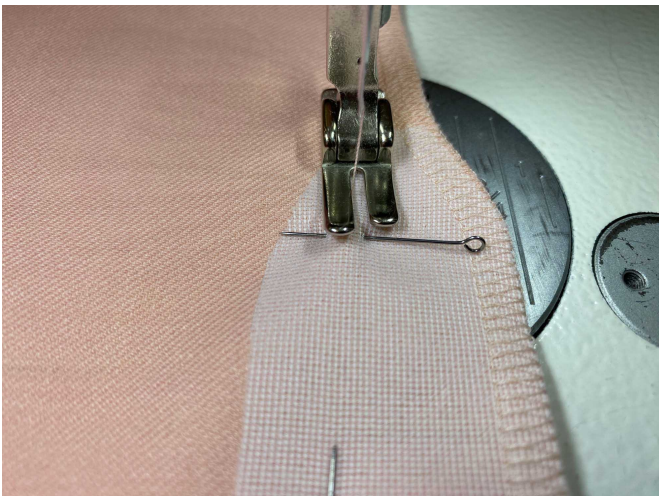
4. Machine-stitch, leaving long thread tails at the dart points. Tie the thread tails into knots. Using a needle, hide them inside the dart bulk. Trim the excess thread length.



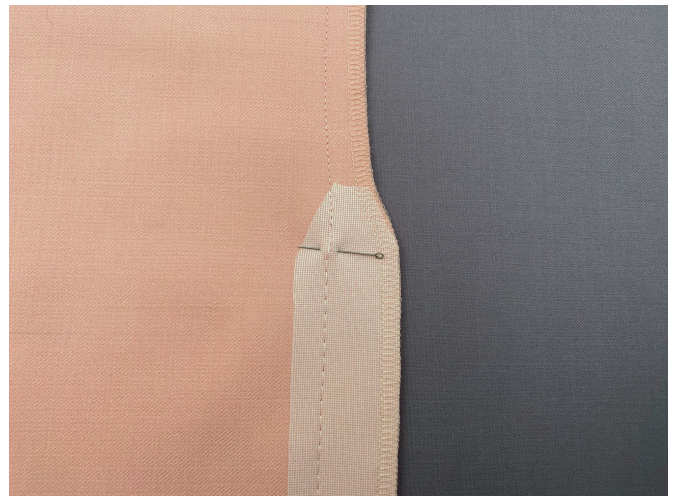
5. Press the darts to the center back edge.



6. Place the back pieces right sides together. Align the center edges, match the notches, and pin.



7. Machine-stitch from the zipper notch to the slit notch. Backstitch at the beginning and end of the seam.



8. Machine-baste the zipper and slit sections using an increased stitch length (4–5 mm). Do not backstitch.