

Viki

S E W S

BLOUSE **MARYANA**



SIZES
34-52

DIFFICULTY



INTERMEDIATE



FROM THE FOUNDER OF THE VIKISEWS® BRAND



Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



MARYANA PATTERN DESCRIPTION

Maryana is a semi-fitted blouse with an accentuated waist, a shawl collar, and a waist seam. The front is fitted with princess seams. The back is fitted with waist darts. The set-in sleeves are short and feature two inverted pleats at the top of the sleeve cap and four inverted pleats at the sleeve hem. Below the waist seam, there is a two-tier shaped peplum. The blouse closes with buttons and buttonholes at the center front. Maryana is above-hip length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Upper arm ease
cm	6.2–3.9	3.9–6.3	12–12.7
inches	2 1/2–1 1/2	1 1/2–2 1/2	4 3/4–5

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length from waist down, cm	Sleeve length (estimated),cm
1 (154–160)	13.2–15.5	25.6–34
2 (162–168)	13.8–16	27.1–35.4
3 (170–176)	14.2–16.5	28.6–37
4 (178–184)	14.8–17	30–38.3

Height, ft	Center back length from waist down, in	Sleeve length (estimated), in
1 (5'1"–5'3")	5 1/4–6 1/8	10 1/8–13 3/8
2 (5'4"–5'6")	5 3/8–6 1/4	10 5/8–13 7/8
3 (5'7"–5'9")	5 5/8–6 1/2	11 1/4–14 5/8
4 (5'10"–6'1")	5 7/8–6 3/4	11 3/4–15 1/8

SUGGESTED FABRICS

To sew this blouse, choose medium-weight, soft, non-stretch or low-stretch, opaque dress-weight fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: dress-weight viscose, cotton, natural or artificial silk.

The blouse in the photo is made of viscose satin. The fabric is medium-weight, soft, and low-stretch. The fiber content is 100% viscose. The fabric weight is 120 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.1	1.15	1.2	1.2	1.3	1.4	1.45	1.5	1.6	1.65
2 (162–168)	1.1	1.2	1.25	1.25	1.3	1.45	1.5	1.55	1.65	1.75
3 (170–176)	1.15	1.25	1.25	1.3	1.35	1.45	1.55	1.6	1.75	1.8
4 (178–184)	1.2	1.25	1.3	1.35	1.4	1.5	1.55	1.6	1.75	1.8

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	1 1/4	1 1/4	1 1/4	1 1/4	1 3/8	1 1/2	1 5/8	1 5/8	1 3/4	1 3/4
2 (5'4"–5'6")	1 1/4	1 1/4	1 3/8	1 3/8	1 3/8	1 5/8	1 5/8	1 3/4	1 3/4	1 7/8
3 (5'7"–5'9")	1 1/4	1 3/8	1 3/8	1 3/8	1 1/2	1 5/8	1 3/4	1 3/4	1 7/8	2
4 (5'10"–6'1")	1 1/4	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	1 3/4	1 3/4	1 7/8	2

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight interfacing, knit or woven, 140 cm (55") wide, for all sizes in all heights — 0.7 m (3/4 yd).
3. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 1.5 m (1 5/8 yd).
4. Four button blanks (+1–2 spare ones), 1.1 cm (just over 3/8") in diameter.
5. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine
- stitch-in-the-ditch foot for the sewing machine (optional)
- press tool and molds for button covering

PATTERN PIECES LIST

1. From main fabric:

- side front—cut 2
- back—cut 1 on fold
- center front—cut 2
- front facing—cut 2
- top back peplum —cut 1 on fold
- bottom back peplum—cut 1 on fold
- top front peplum —cut 2
- sleeve binding—cut 2
- sleeve—cut 2
- bottom front peplum—cut 2

2. From interfacing:

- front facing—cut 2

Also, cut the following from interfacing:

- two square pieces, 2×2 cm (3/4" by 3/4"), to interface the corner area of the collar on the center front piece.

The interfacing pieces should be cut on the straight grain (parallel to the selvedge).

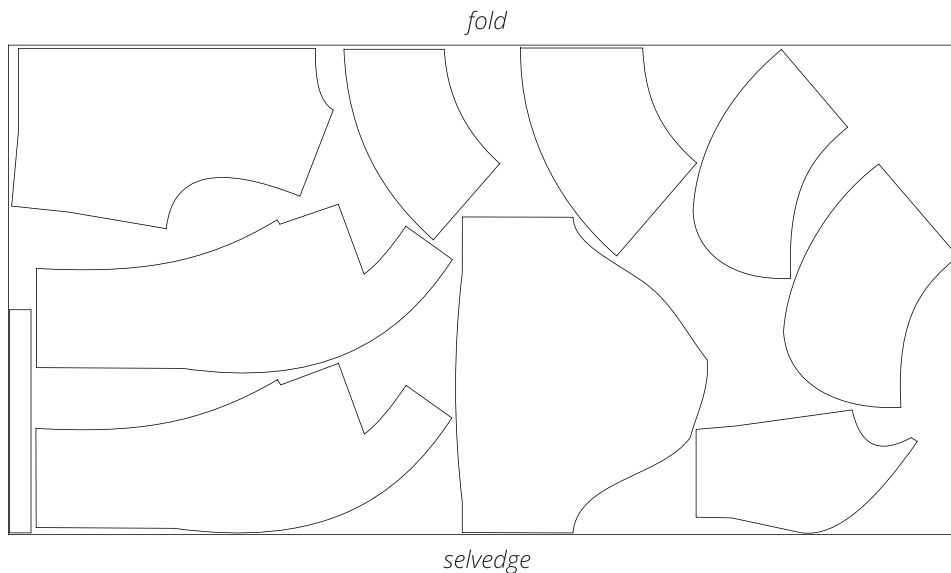
IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

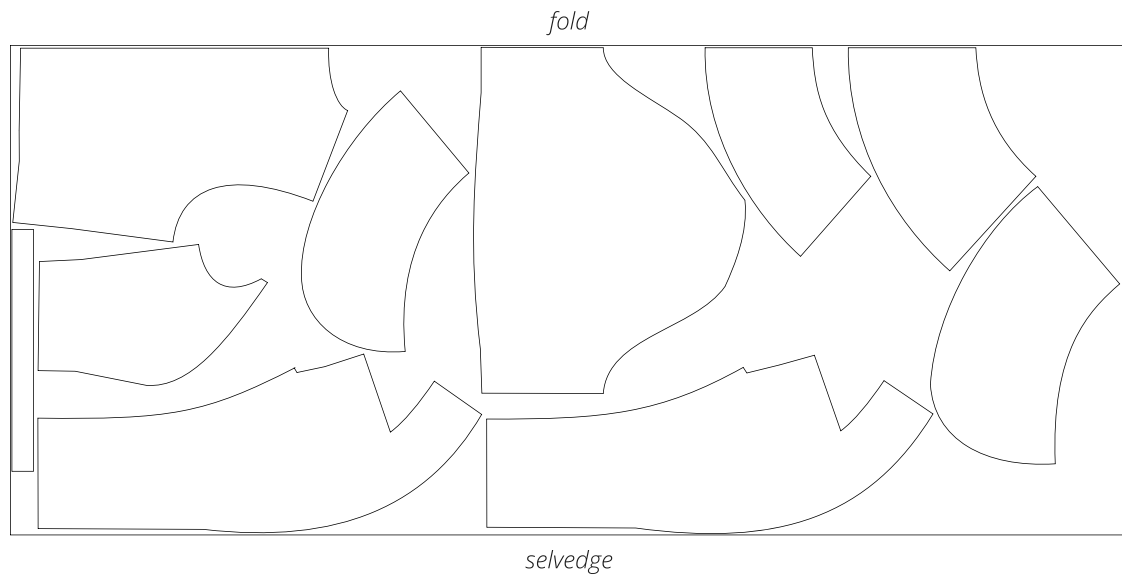
All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out the pattern pieces on the fabric.

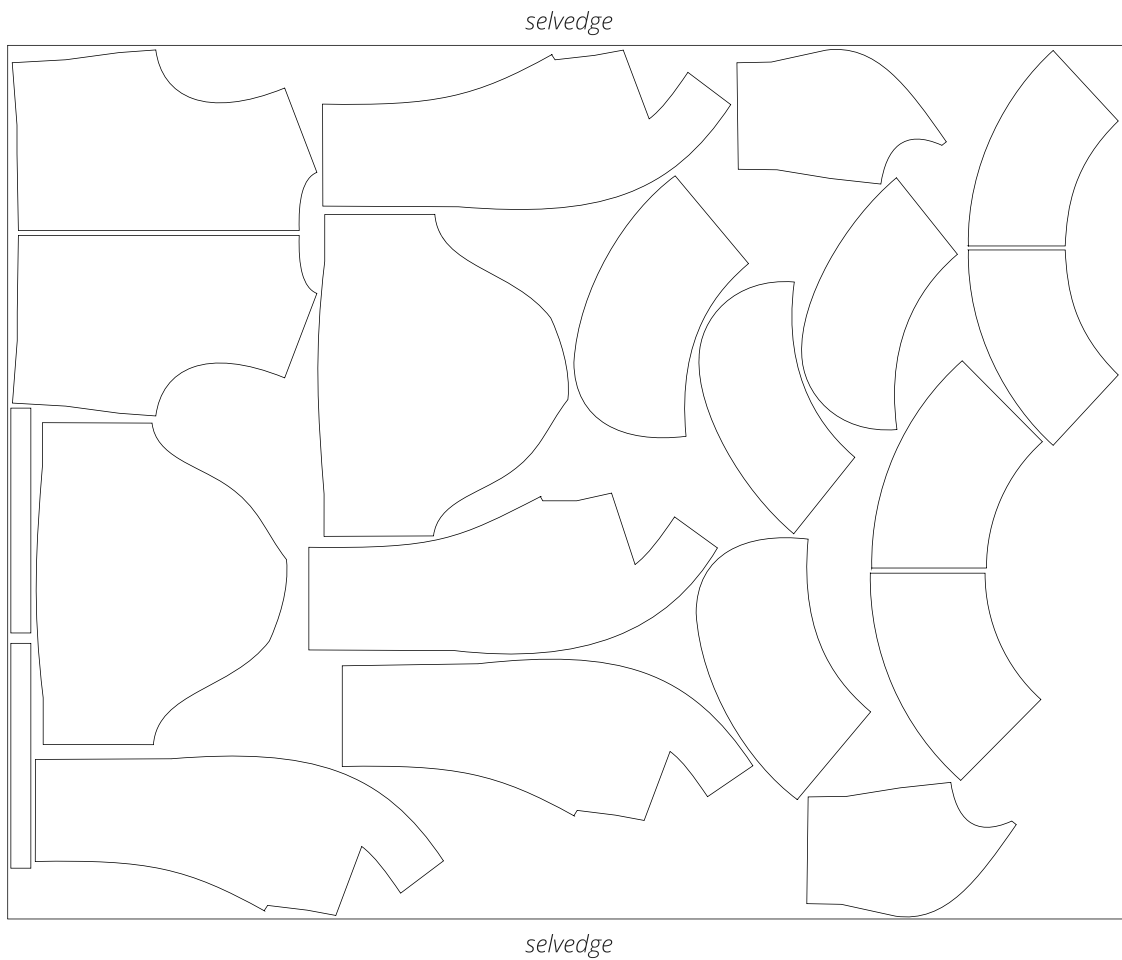
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 34–42 in all heights



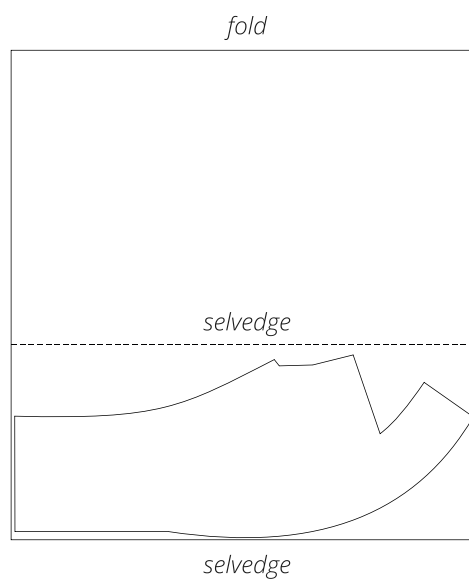
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 44–48 in all heights



Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on a single layer, for sizes 50–52 in all heights



Interfacing, 140 cm (55") wide, cut on a partial fold and
in one direction, for all sizes in all heights



READY? LET'S GET SEWING!



5. Overlocker the princess seam allowances, with the side front piece facing up. Press the seam flat.



6. Press the seam allowances towards the center front piece.



7. Using tailor's chalk, partially mark the shoulder seam line and the grown-on collar seam line on the wrong side of the center front piece to locate the seam allowance intersection points.



8. Place the front and back pieces right sides together. Align the shoulder edges, match the seam allowance intersection points, and pin. Machine-stitch, starting or ending at the intersection point. Backstitch at the beginning and end of the seam.