

FROM THE FOUNDER OF THE VIKISEWS® BRAND

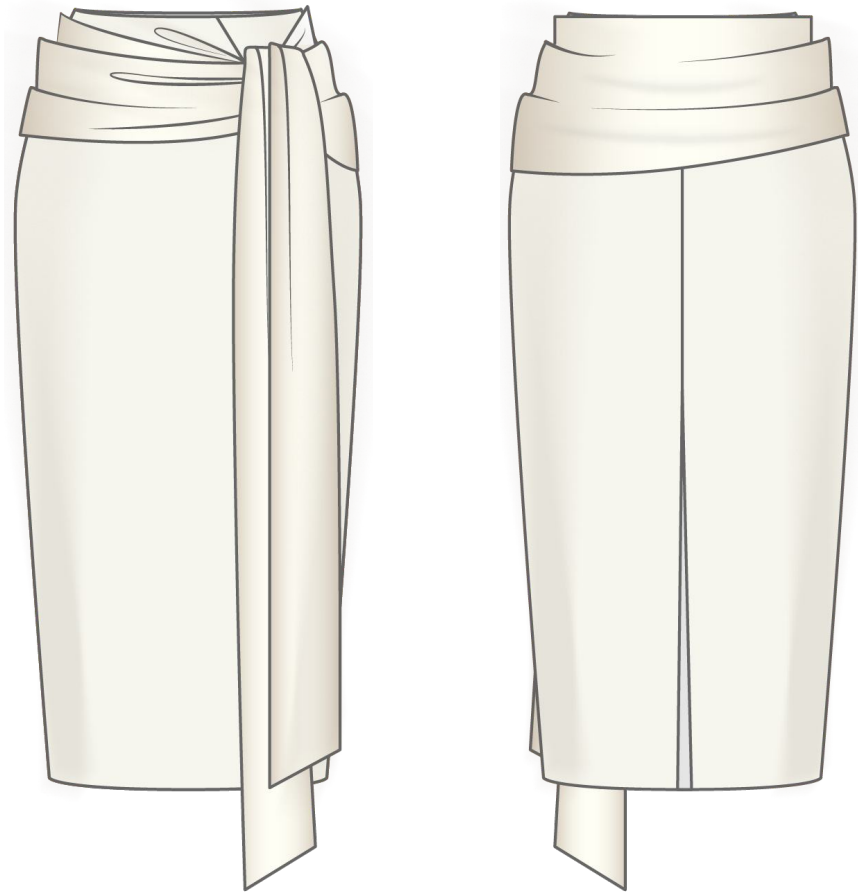


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



JUSTINA PATTERN DESCRIPTION

Justina is a semi-fitted skirt with a straight silhouette. The back is fitted with waist darts and a center seam. The center back seam has a slit. The skirt closes with an invisible zipper in the left side seam. The top edge is finished with a facing and has a voluminous overlay that ties at the front. Justina is below-knee length.



PLEASE READ BEFORE USE

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	11.5–12.2	2.9–1.5
inches	4 1/2–4 3/4	1 1/8–5/8

GARMENT LENGTH

Height, cm	Center back length, cm	Height, ft	Center back length, in
1 (154–160)	62.9 – 64.1	1 (5'1"–5'3")	13 1/4–15 1/4
2 (162–168)	65.8 – 67.1	2 (5'4"–5'6")	13 7/8–15 7/8
3 (170–176)	68.9 – 70.1	3 (5'7"–5'9")	14 1/2–16 5/8
4 (178–184)	71.9 – 73.1	4 (5'10"–6'1")	15 1/4–17 1/4

SUGGESTED FABRICS

To sew this skirt, choose medium-weight, soft, low-stretch, opaque suiting, dress-weight, and blouse-weight fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: satin, crepe, and natural or artificial silk.

For the waistband, choose from the following fabrics: satin, cady, natural or artificial silk, and dress-weight viscose.

Attention! We do not recommend stretchy knit fabrics or lightweight sheer fabrics (chiffon, organza, stretch lace).

The skirt in the photo is made of suiting crepe. The fabric is medium-weight, soft, and low-stretch. The fiber content is 73% viscose + 27% acetate. The fabric weight is 210 g/m².

The overlay is made of dress-weight viscose. The fabric is soft and non-stretch. The fiber content is 100% viscose. The fabric weight is 150 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters (all pattern pieces are cut from the same fabric):

Height, cm	Size							
	34–36	38	40	42	44–46	48	50	52
1 (154–160)	2.4	2.45	2.5	2.55	2.6	2.65	2.7	2.75
2 (162–168)	2.4	2.45	2.5	2.55	2.6	2.65	2.7	2.75
3 (170–176)	2.4	2.45	2.5	2.55	2.6	2.65	2.7	2.75
4 (178–184)	2.4	2.45	2.5	2.55	2.6	2.65	2.7	2.75

Main fabric, 55" wide, with a directional print/nap, in yards (all pattern pieces are cut from the same fabric):

Height, ft	Size			
	34–38	40–42	44–48	50–52
1 (5'1"–5'3")	2 5/8	2 3/4	2 7/8	3
2 (5'4"–5'6")	2 5/8	2 3/4	2 7/8	3
3 (5'7"–5'9")	2 5/8	2 3/4	2 7/8	3
4 (5'10"–6'1")	2 5/8	2 3/4	2 7/8	3

2. Main fabric, 140 cm wide, with a directional print/nap, in meters (without the overlay):

Height, cm	Size				
	34–38	40	42–48	50	52
1 (154–160)	0.8	0.8	0.85	0.85	0.85
2 (162–168)	0.85	0.85	0.85	0.85	0.9
3 (170–176)	0.85	0.9	0.9	0.9	0.9
4 (178–184)	0.9	0.9	0.9	0.95	0.95

Main fabric, 55" wide, with a directional print/nap, in yards (without the overlay):

Height, ft	Size			
	34–38	40–48	52	52
1 (5'1"–5'3")	7/8	7/8	7/8	3
2 (5'4"–5'6")	7/8	7/8	1	3
3 (5'7"–5'9")	7/8	1	1	3
4 (5'10"–6'1")	1	1	1	3

3. Main fabric, 140 cm wide, with a directional print/nap, in meters, for the overlay:

Height, cm	Size							
	34–36	38	40	42	42–46	48	50	52
1 (154–160)	2.4	2.45	2.5	2.55	2.6	2.65	2.7	2.75
2 (162–168)	2.4	2.45	2.5	2.55	2.6	2.65	2.7	2.75
3 (170–176)	2.4	2.45	2.5	2.55	2.6	2.65	2.7	2.75
4 (178–184)	2.4	2.45	2.5	2.55	2.6	2.65	2.7	2.75

Main fabric, 55" wide, with a directional print/nap, in yards, for the overlay:

Height, ft	Size			
	34–38	40–42	44–48	50–52
1 (5'1"–5'3")	2 5/8	2 3/4	2 7/8	3
2 (5'4"–5'6")	2 5/8	2 3/4	2 7/8	3
3 (5'7"–5'9")	2 5/8	2 3/4	2 7/8	3
4 (5'10"–6'1")	2 5/8	2 3/4	2 7/8	3

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Lightweight interfacing, knit or woven, 140 cm wide, for all sizes, cut in one direction, in meters:

Height, cm	Size
	34–52
1 (154–160)	0.35
2 (162–168)	0.35
3 (170–176)	0.35
4 (178–184)	0.4

Lightweight interfacing, knit or woven, 55" wide, for all sizes, cut in one direction, in yards – 3/8

5. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide:

Size	34	36	38	40	42	44	46	48	50	52
meters	1.1	1.15	1.2	1.25	1.3	1.35	1.4	1.45	1.5	1.55
yards	1 1/4	1 1/4	1 1/4	1 3/8	1 3/8	1 1/2	1 1/2	1 1/2	1 1/2	1 3/4

6. One invisible zipper, 20 cm (8") long, for all sizes and heights

7. One hook-and-eye closure, size 1

8. Grosgrain ribbon, 1.5–2 cm (5/8–3/4") wide — 0.1 m (4")

9. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on a regular sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- one-sided foot for attaching the zipper

PATTERN PIECES LIST

1. From main fabric:

- front – cut 1 on fold
- back – cut 2
- front facing – cut 1
- back facing – cut 1
- overlay – cut 1

2. From interfacing:

- front facing – cut 1
- back facing – cut 1

Also, from interfacing cut out:

- 2 strips (the width and length according to the pattern) to interface the slit seam allowance. The interfacing strips should be cut on the straight grain (parallel to the selvedge).

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

IMPORTANT! If the pattern pieces have the inscription "face," these pieces should be cut on the right side of the fabric.

SEAM ALLOWANCES

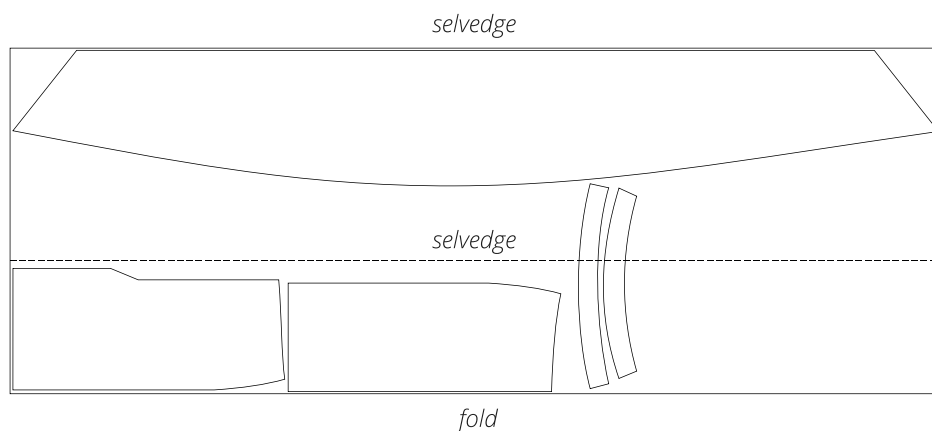
All pattern pieces include seam allowances as follows:

- garment hem and slit — 4 cm (1 5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

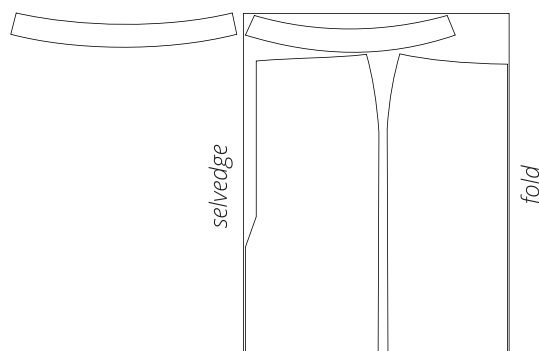
CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a partial fold, for all sizes in all heights



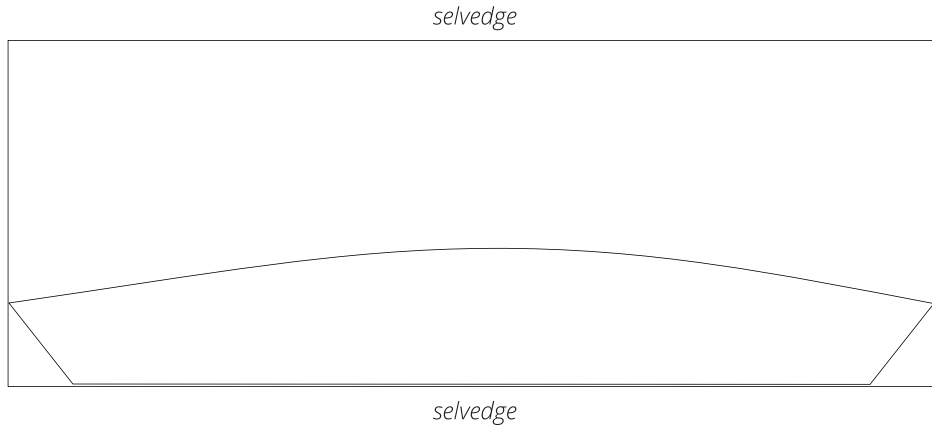
Important! Cut one each of the front facing and back facing pieces on a single layer out of the leftover fabric.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for all sizes in all heights.

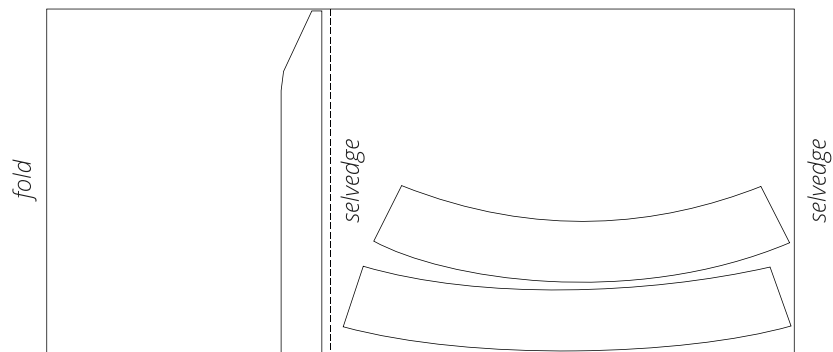


Important! Cut one front facing piece on a single layer out of the leftover fabric as a single piece. Cut only one back facing piece.

Main fabric for the overlay, 140 cm (55") wide, with a directional print/nap,
cut on a single layer, for all sizes in all heights



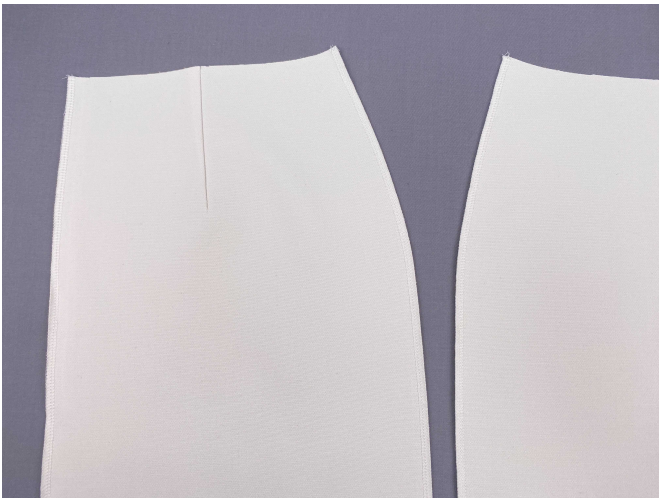
Interfacing, 140 cm (55") wide, cut on a partial fold,
for all sizes in all heights



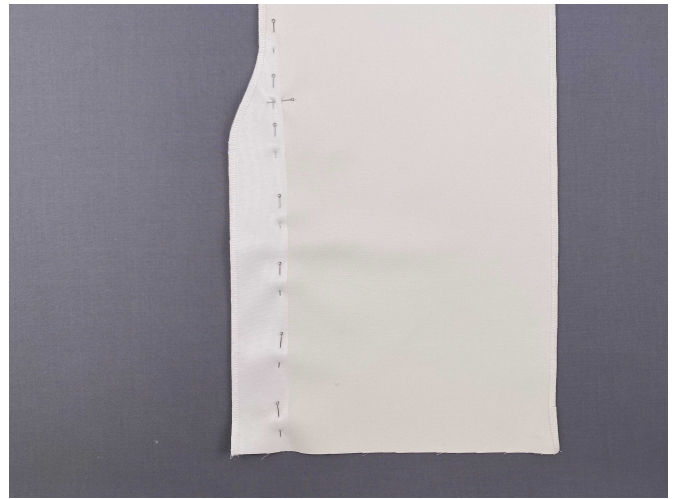
READY? LET'S GET SEWING!



7. Overlock the center edge of the back piece, with the right side of the back piece facing up. Press the seam.



8. Overlock the side edges of the back and front pieces, with the right side facing up. Press the seam.



9. Place the back pieces right sides together. Align the center back edges, match the notches, and pin.



10. Machine-stitch from the top edge to the slit notch. Backstitch at the beginning and end of the seam. Machine-baste along the slit.