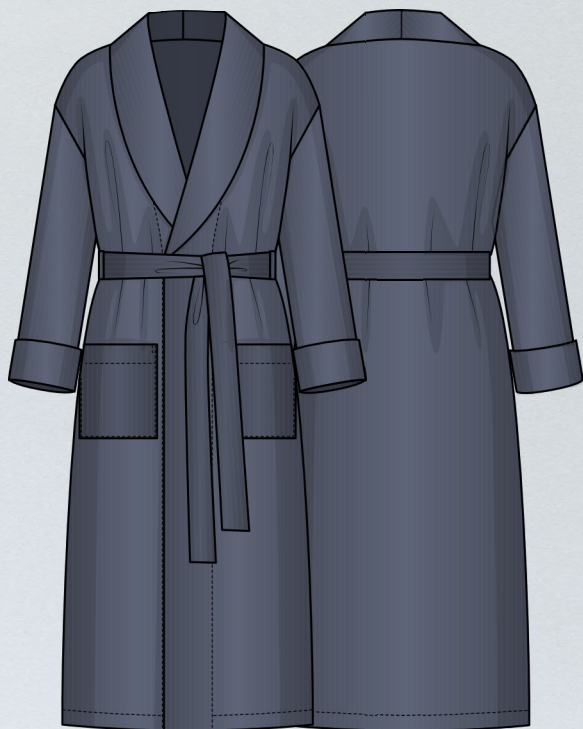


Viki

S E W S

ROBE **ADAM**



SIZES
XS-XL

DIFFICULTY



SUITABLE FOR BEGINNERS



FROM THE FOUNDER OF THE VIKISEWS® BRAND



Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



ADAM PATTERN DESCRIPTION

Adam is a semi-fitted robe with a straight cut. The robe features a shawl collar and patch pockets at the front. The shoulder line is extended. The semi-fitted shirt sleeves are long and have grown-on turn-back cuffs. The detachable tie belt is secured with belt loops at the side seams. Adam is above-ankle length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Chest ease	Waistline ease	Hipline ease	Upper arm ease
cm	31	45.5–46.5	28.5–38.9	20.5–29.6
inches	12 1/4	17 7/8–18 1/4	11 1/4–15 3/8	8 1/8–11 5/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length, cm	Sleeve length including shoulder width, cm
1 (170–176)	128.1	83.6–88.4
2 (178–184)	132.1	86.7–91.5
3 (186–192)	136.1	89.8–94.6
4 (194–200)	140.1	92.9–97.7

Height, ft	Center back length, in	Sleeve length including shoulder width, in
1 (5'7"–5'9")	50 3/8	25 3/8–26 3/8
2 (5'10"–6')	52	26 1/8–27 1/8
3 (6'1"–6'3")	53 5/8	26 7/8–27 5/8
4 (6'4"–6'7")	55 1/8	27 5/8–28 5/8

SUGGESTED FABRIC

To sew this robe, choose dense, structured, non-stretch or low-stretch fabrics made of natural or blended fibers.

The following fabrics are recommended: terry cloth, velour, waffle fabric, flannel, cotton.

Attention! We do not recommend stretchy knit fabrics.

The robe in the photo is made of cotton velour. The fabric is dense and non-stretch. The fiber content is 100% cotton. The fabric weight is 350 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 150 cm wide, with a directional print/nap, 350–400 g/m², in meters:

Height, cm	Size				
	XS	S	M	L	XL
1 (170–176)	3.75	3.8	3.85	3.85	3.95
2 (178–184)	3.85	3.9	3.95	4	4.1
3 (186–192)	4	4.05	4.05	4.1	4.2
4 (194–200)	4.1	4.15	4.2	4.25	4.3

Main fabric, 59" wide, with a directional print/nap, 350–400 g/m², in yards:

Height, ft	Size			
	XS-S	M	L	XL
1 (5'7"–5'9")	4 1/8	4 1/4	4 1/4	4 3/8
2 (5'10"–6')	4 1/4	4 3/8	4 3/8	4 1/2
3 (6'1"–6'3")	4 3/8	4 3/8	4 1/2	4 5/8
4 (6'4"–6'7")	4 1/2	4 5/8	4 5/8	4 3/4

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)

PATTERN PIECES LIST

From main fabric:

- front – cut 2
- back – cut 1 on fold
- sleeve – cut 2
- front facing – cut 2
- pocket – cut 2
- belt loop – cut 1 (2 pcs.)
- tie belt – cut 1 on fold

IMPORTANT! All pieces must be cut in the same direction, taking the nap direction into account.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

Also, cut the hanger piece from the main fabric:

- a strip 10 cm (3 7/8") long and 3 cm (1 1/8") wide.

The grainline on the piece runs parallel to the long edge.

SEAM ALLOWANCES

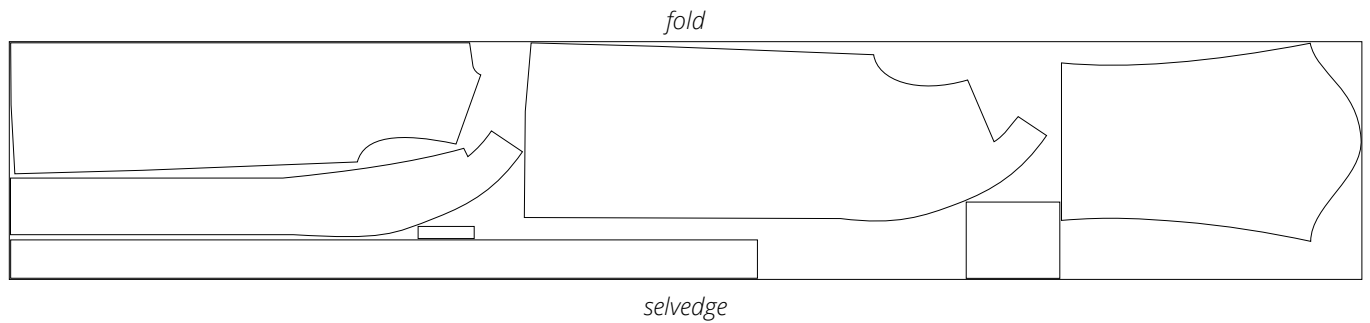
All pattern pieces include seam allowances as follows:

- garment hem allowance — 4 cm (1 5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

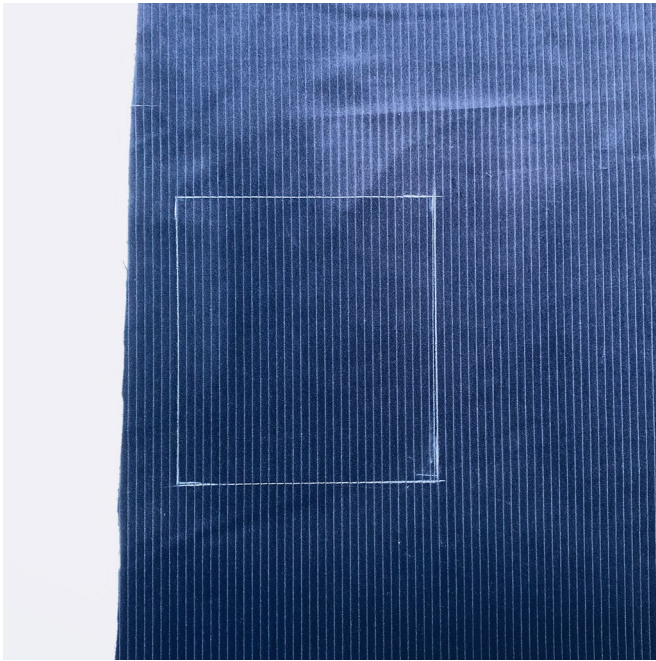
CUTTING LAYOUT

Main fabric, 150 cm (59") wide, with a directional print/nap,
cut on fold, for all sizes in all heights



Attention! Cut the belt and belt loop pieces as single pieces.

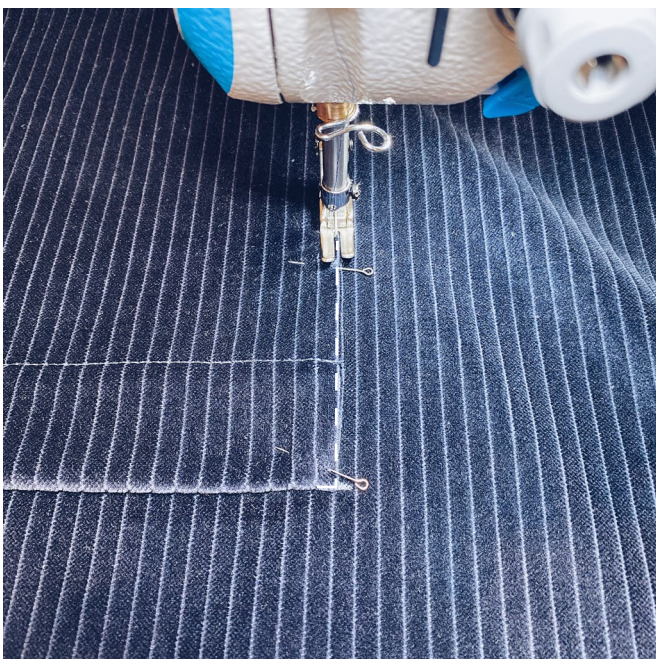
READY? LET'S GET SEWING!



Working on the right side of the front piece, use tailor's chalk to transfer the pocket placement from the pattern or as decided during fitting.



Place the pocket piece wrong side down onto the right side of the front piece. Align the pocket with the markings, pin, and hand-baste.



Machine-stitch the pocket. Secure the top corners of the pocket with bar tacks.