

Viki

S E W S

TANK TOP

GREG



SIZES
38-54

DIFFICULTY



SUITABLE FOR BEGINNERS



FROM THE FOUNDER OF THE VIKISEWS® BRAND

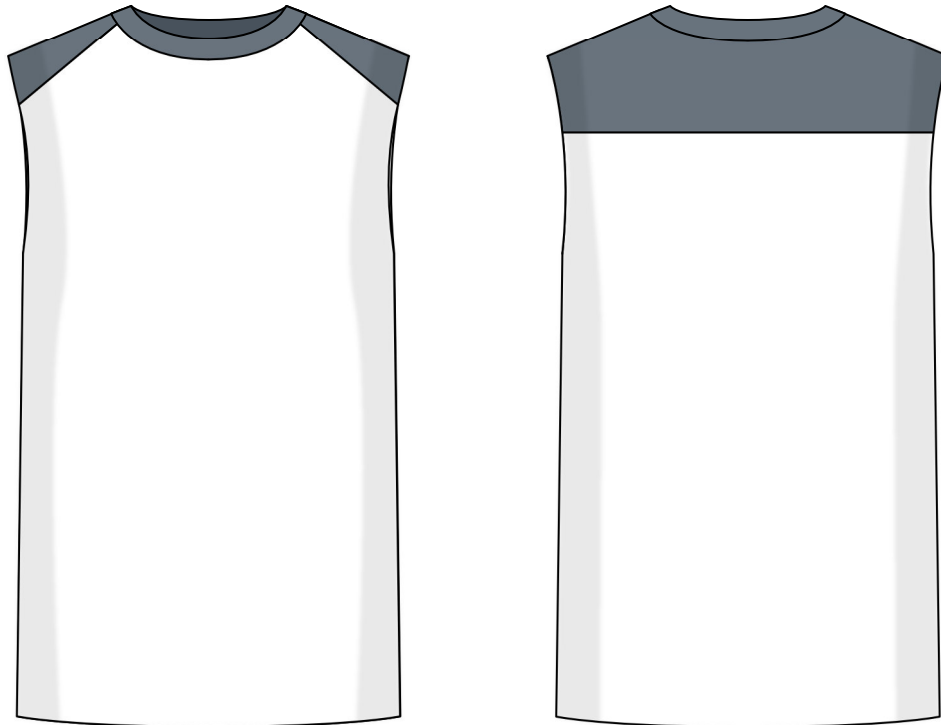


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



GREG PATTERN DESCRIPTION

Greg is a semi-fitted tank top. The shoulder seams have been transferred into the yoke seams. The round neckline is finished with a neckband. The armscye and hem are stitched on a coverstitch machine. Greg is hip-length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Chest ease	Waistline ease	Hipline ease
cm	0.6	14.3–10.5	-0.6 to -3
inches	1/4	5 5/8–4 1/8	-1/4 to -1 1/8

GARMENT LENGTH

Height, cm	Back length including neckband width, cm
1 (170–176)	67.9–71.1
2 (178–184)	70.7–73.9
3 (186–192)	73.9–77.1
4 (194–200)	76.9–80.1

Height, ft	Back length including neckband width, in
1 (5'7"–5'9")	26 3/4–28
2 (5'10"–6')	27 7/8–29 1/8
3 (6'1"–6'3")	29 1/8–30 3/8
4 (6'4"–6'7")	30 1/4–31 1/2

SUGGESTED FABRIC

To sew this tank top, choose soft and medium-stretch knit fabrics made of natural, artificial, blended, and synthetic fibers.

The following fabrics are recommended: lightweight jersey, single jersey, spandex, ribbed knits, and knits.

Attention! We recommend using only stretchy fabrics.

The tank top in the photo is made of jersey. The fabric is soft and medium-stretch. The fiber content is 60% viscose, 31% nylon, and 9% elastane. The fabric weight is 230 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1.1. Main fabric (garment made of one fabric), 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size		
	38-40	42-44	46-54
1 (170-176)	0.8	0.85	0.85
2 (178-184)	0.85	0.85	0.9
3 (186-192)	0.9	0.9	0.9
4 (194-200)	0.9	0.9	0.95

Main fabric (garment made of one fabric), 55" wide, with a directional print/nap, in yards:

Height, ft	Size	
	38-44	46-54
1 (5'7"-5'9")	7/8	7/8
2 (5'10"-6')	7/8	1
3 (6'1"-6'3")	1	1
4 (6'4"-6'7")	1	1

Main fabric (garment made of one fabric), 180 cm wide, with a directional print/nap, in meters:

Height, cm	Size		
	38	40-44	46-54
1 (170-176)	0.7	0.7	0.7
2 (178-184)	0.7	0.7	0.75
3 (186-192)	0.75	0.75	0.75
4 (194-200)	0.75	0.8	0.8

Main fabric (garment made of one fabric), 71" wide, with a directional print/nap, in yards:

Height, ft	Size	
	38-44	46-54
1 (5'7"-5'9")	3/4	3/4
2 (5'10"-6')	3/4	7/8
3 (6'1"-6'3")	7/8	7/8
4 (6'4"-6'7")	7/8	7/8

1.2. Main fabric 1 (garment made of two fabrics), 140–180 cm wide, with a directional print/nap, in meters:

Height, cm	Size		
	38	40–44	46–54
1 (170–176)	0.7	0.7	0.7
2 (178–184)	0.7	0.7	0.75
3 (186–192)	0.75	0.75	0.75
4 (194–200)	0.75	0.8	0.8

Main fabric 1 (garment made of two fabrics), 55–71" wide, with a directional print/nap, in yards:

Height, ft	Size	
	38–44	46–54
1 (5'7"–5'9")	3/4	3/4
2 (5'10"–6')	3/4	7/8
3 (6'1"–6'3")	7/8	7/8
4 (6'4"–6'7")	7/8	7/8

Main fabric 2 (garment made of two fabrics), 140–180 cm wide, with a directional print/nap, in meters:

Height, cm	Size		
	38	40	42–54
1 (170–176)	0.2	0.2	0.25
2 (178–184)	0.2	0.25	0.25
3 (186–192)	0.2	0.25	0.25
4 (194–200)	0.2	0.25	0.25

Main fabric 2 (garment made of two fabrics), 55–71" wide, with a directional print/nap, in yards:

Height, ft	Size
	38–54
1 (5'7"–5'9")	1/4
2 (5'10"–6')	1/4
3 (6'1"–6'3")	1/4
4 (6'4"–6'7")	1/4

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

2. Matching thread — 4 spools (4 spools for the overlocker / 3 spools for the coverstitch machine), (+ 3 spools of contrasting thread for the coverstitch machine if sewing with contrasting fabrics)

TOOLS AND EQUIPMENT

- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on a regular sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, the hem can be finished with a twin needle on a regular sewing machine with a zigzag function
- needle with a large eye or a latch hook for picking up loops

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These have a ballpoint needle tip, which parts the loops of the knit fabric when sewing without piercing the threads.*

PATTERN PIECES LIST

1. From main fabric:

- back yoke – cut 1 on fold
- front – cut 1 on fold
- back – cut 1 on fold
- neckband – cut 1

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

When sewing a garment with two fabrics:

1. From main fabric 1:

- front – cut 1 on fold
- back – cut 1 on fold

2. From main fabric 2:

- back yoke – cut 1 on fold
- neckband – cut 1

SEAM ALLOWANCES

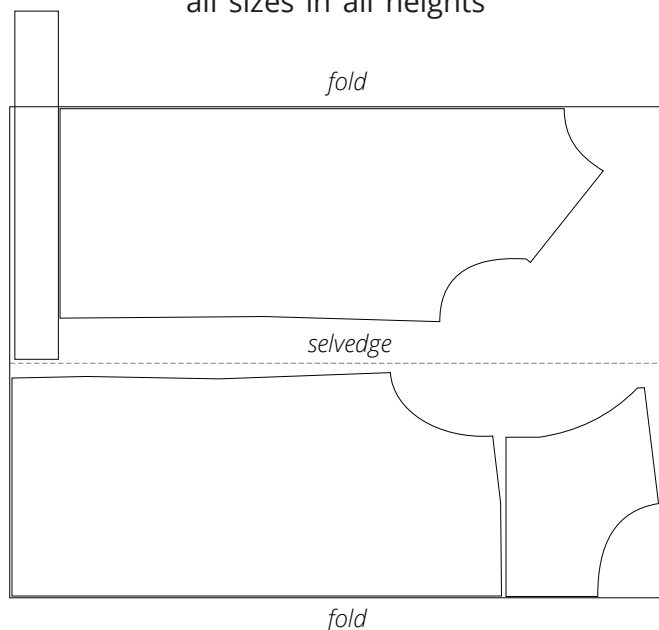
All pattern pieces include seam allowances as follows:

- armscye edges of the front, back, and back yoke pieces — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

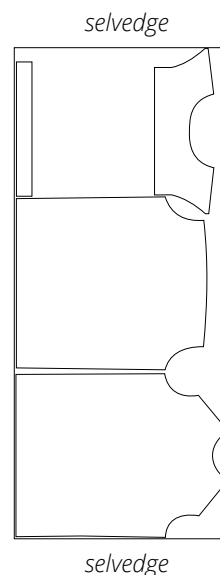
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric (garment made of one fabric),
140 cm (55") wide, cut with two folds, for
all sizes in all heights

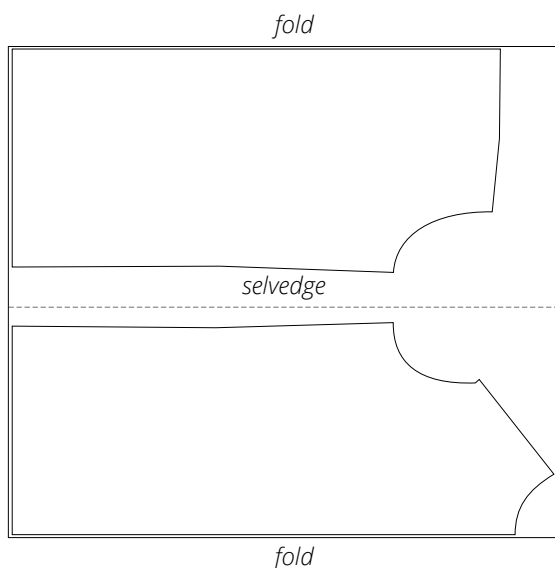


Main fabric (garment made of one fabric),
180 cm (71") wide, cut on a single layer,
for all sizes in all heights

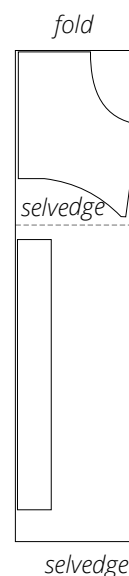


Attention! Cut only one neckband piece on a
single layer.

Main fabric 1 (garment made of two
fabrics), 140–180 cm (55"–71) wide, cut
with two folds, for all sizes in all heights



Main fabric 2 (garment made of two
fabrics), 140–180 cm (55"–71) wide, cut on
a partial fold, for all sizes in all heights



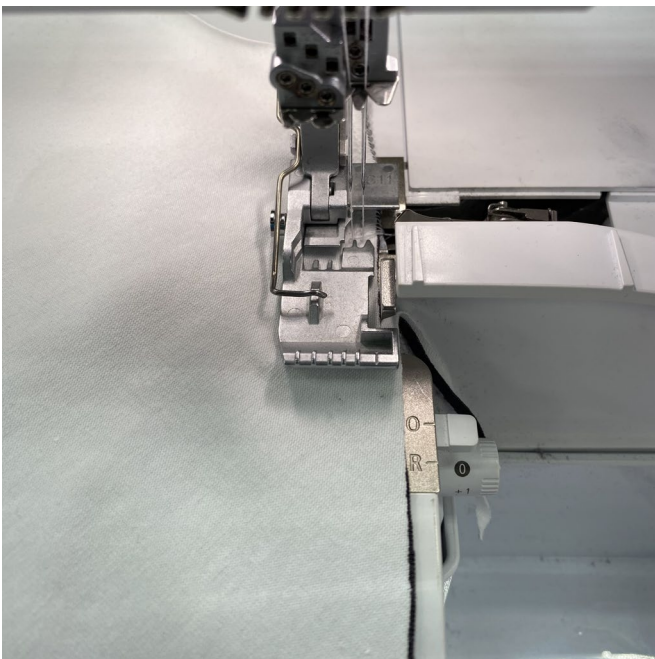
READY? LET'S GET SEWING!



Press the seam allowances towards the back yoke piece.



Place the front and back yoke pieces right sides together. Align the top edges, match the notches, and pin.



Stitch on the overlocker, with the front piece facing up.