FROM THE FOUNDER OF VIKISEWS®



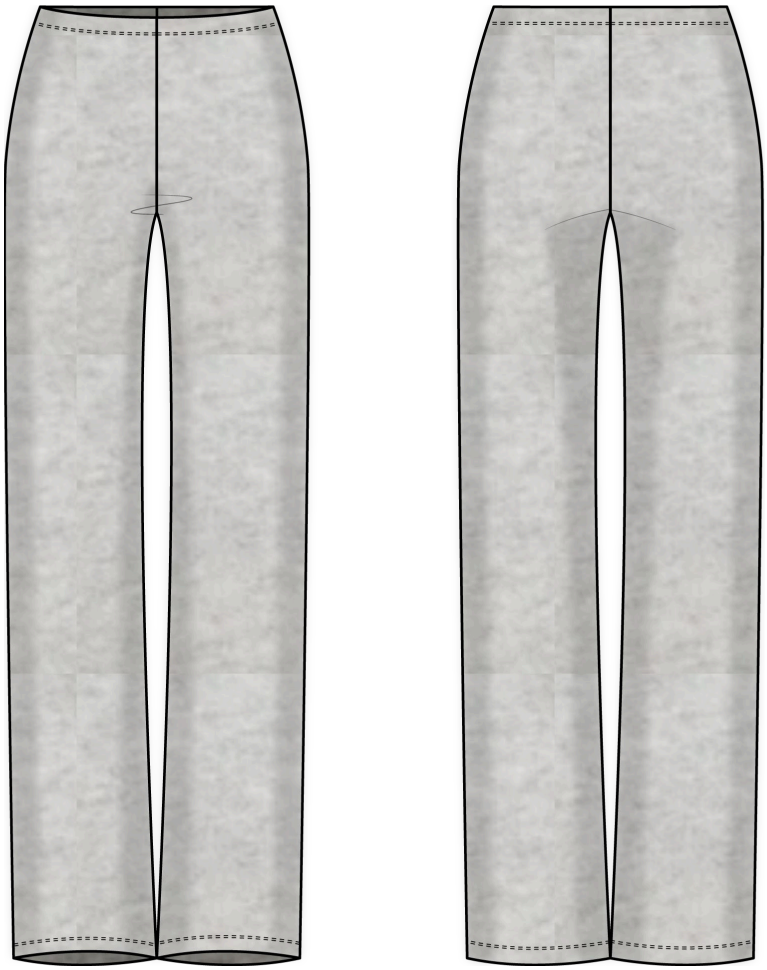
In 2016, when I was creating my first patterns and instructions, I simply wanted to deal with the difficulties I had faced at the beginning of my own sewing journey. I missed stylish patterns with a good fit and clear sewing instructions. Step by step, this is how Vikisews came to be — a brand that helps those who sew beautiful, on-trend clothes with their own hands.





Each of our instructions is the result of our team's careful work. May they help your hobby grow. Perhaps they will even help you turn it into your life's work. Enjoy the process and create a well-thought-out, stylish wardrobe.

If you have any questions, email us at info@vikisews.com



STEYA PATTERN DESCRIPTION

Steya is a pair of semi-fitted pants with a straight silhouette. The grown-on waistband is elasticated. The pants are floor-length.



PLEASE READ BEFORE USE

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	12.3–12.8	-6.6 to -4.7
inches	4 7/8–5	-2 5/8 to -1 7/8

GARMENT LENGTH, HEM WIDTH

Height, cm	Side seam length, cm	Finished hem width, cm
1 (154–160)	100.8–102.4	24.9–28.9
2 (162–168)	104.8–106.4	25.1–29.1
3 (170–176)	108.8–110.4	25.3–29.4
4 (178–184)	112.8–114.4	25.5–29.6
Height, ft	**Side seam length, in**	**Finished hem width, in**
1 (5′1″–5′3″)	39 5/8–40 3/8	9 3/4–11 3/8
2 (5′4″–5′6″)	41 1/4–41 7/8	9 7/8–11 1/2
3 (5′7″–5′9″)	42 7/8–43 1/2	10–11 5/8
4 (5′10″–6′1″)	44 3/8–45	10–11 5/8

SUGGESTED FABRIC

To sew these pants, choose pliable, soft, medium-weight sweater knit fabrics (stretch factor 1.2–1.5) made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: sweater knits, knit fabrics, wide rib knits.

You can determine the stretch factor of your fabric yourself. To do this, mark 10 cm (4″) along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The pants in the photo are made of soft, pliable knit fabric. The fabric is medium weight, soft, and stretchy. The fiber content is blended: 95% wool + 5% cotton. The fabric weight is 260 g/m^2. The stretch factor is 1.5.

FABRIC AND NOTIONS REQUIREMENTS

IMPORTANT! *When purchasing fabric, please account for shrinkage and buy 5% more than required.*

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

	Size				
Height, cm	34–36	38–42	44	46	48–52
1 (154–160)	1.1	1.15	1.2	1.3	1.9
2 (162–168)	1.15	1.15	1.25	1.35	2
3 (170–176)	1.2	1.2	1.3	1.45	2.05
4 (178–184)	1.25	1.25	1.35	1.5	2.15

Main fabric, 55″ wide, with a directional print/nap, in yards:

	Size			
Height, ft	34–42	44	46	48–52
1 (5′1″–5′3″)	1 1/4	1 1/4	1 3/8	2 1/8
2 (5′4″–5′6″)	1 1/4	1 3/8	1 1/2	2 1/8
3 (5′7″–5′9″)	1 1/4	1 3/8	1 5/8	2 1/4
4 (5′10″–6′1″)	1 3/8	1 1/2	1 5/8	2 3/8

1.1. Main fabric, 160 cm wide, with a directional print/nap, in meters:

	Size			
Height, cm	34–36	38–48	50	52
1 (154–160)	1.1	1.15	1.15	1.2
2 (162–168)	1.15	1.15	1.2	1.25
3 (170–176)	1.2	1.2	1.2	1.3
4 (178–184)	1.25	1.25	1.25	1.35

Main fabric, 63″ wide, with a directional print/nap, in yards:

	Size	
Height, ft	34–50	52
1 (5′1″–5′3″)	1 1/4	1 1/4
2 (5′4″–5′6″)	1 1/4	1 3/8
3 (5′7″–5′9″)	1 1/4	1 3/8
4 (5′10″–6′1″)	1 3/8	1 1/2

2. Elastic, 4 cm (1 5/8″) wide — 59–93 cm (23 1/4–36 5/8″), depending on the chosen size. The exact elastic length is specified in the pattern

3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These have a ballpoint needle tip that parts the knit loops without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:
   - front leg — cut 2
   - back leg — cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

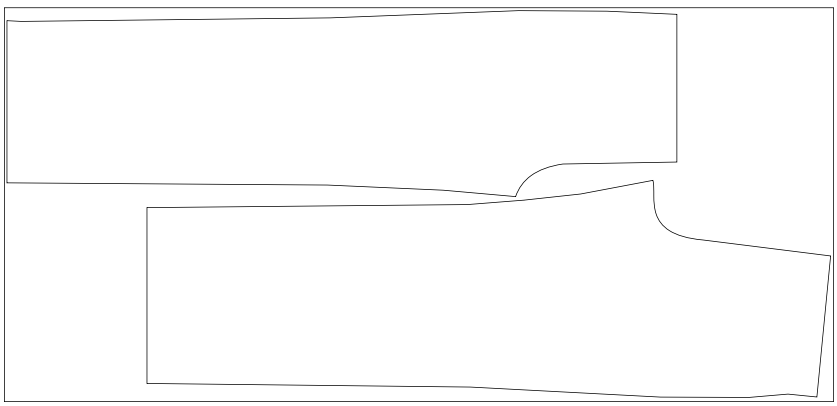
SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for sizes 34–46 in all heights; main fabric, 160 cm (63") wide, with a directional print/nap, cut on fold, for all sizes in all heights

fold



selvedge



1. Place the front leg and back leg pieces right sides together in pairs. Align the side and inseam edges, match the notches, and pin.



2. Stitch the side seams and inseams on the overlocker, with the front leg piece facing up.

Press the seams flat.

Use a 4-thread overlocker for this step, as well as for the following similar steps. You can replace the overlocker with a stretch or zigzag stitch on your sewing machine.

Important! All pattern pieces include 1 cm (3/8″) seam allowances. The overlocker stitch width is 7 mm (just over 1/4″), so 3 mm (1/8″) need to be trimmed off. You can either trim the seam allowances beforehand or let the overlocker cut off the extra fabric while stitching.



3. Press the side seam and inseam allowances towards the back leg pieces.