

# FROM THE FOUNDER OF THE VIKISEWS® BRAND

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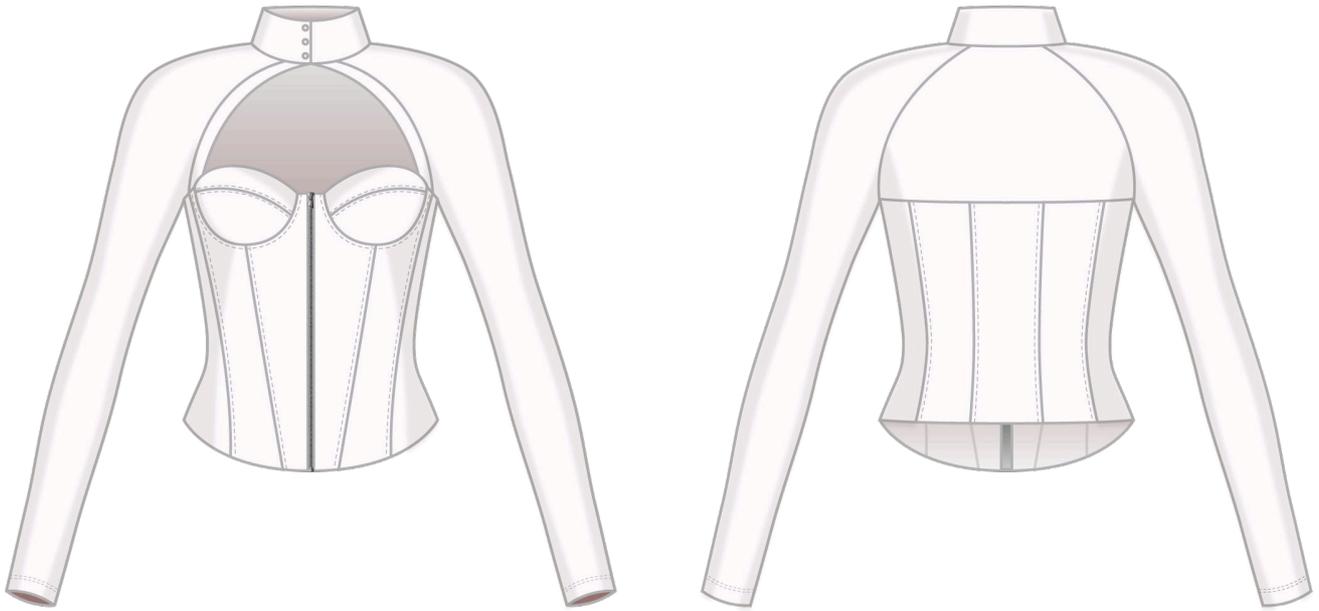


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: [info@vikisews.com](mailto:info@vikisews.com)



## AIGERA PATTERN DESCRIPTION

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Aigera is a close-fitting lined bustier top with an accentuated waist and a shaped hem. It features separate bust cups and sleeves. The front and back are fitted with princess seams stiffened with synthetic whalebone. The close-fitting raglan sleeves are long. The stand collar fastens with snaps. The bustier top fastens with a separating zipper at the center front. Aigera is below-waist length.



## PLEASE READ BEFORE USE

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Upper arm ease
cm	from -2.3 to -5.5	from -1.9 to -2.8	from -1.8 to -1.9
inches	from -7/8 to -2 1/8	from -3/4 to -1 1/8	-3/4

# GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Center back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	45.5–44.4	68.1–71
2 (162–168)	48.5–47.4	70–73
3 (170–176)	51.5–50.4	71.9–74.9
4 (178–184)	54.5–53.4	73.8–76.7

Height, ft	Center back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	16 1/8–17 3/4	26 3/4–28
2 (5'4"–5'6")	16 7/8–18 1/2	27 1/2–28 3/4
3 (5'7"–5'9")	17 3/4–19 1/4	28 1/4–29 1/2
4 (5'10"–6'1")	18 1/2–20 1/8	29–30 1/4

# SUGGESTED FABRICS

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To sew this bustier top, choose medium-weight, soft, highly stretchy knit fabrics. The stretch factor should be at least 1.5.

You can determine the stretch factor yourself. Mark a 10 cm (4") section across the width of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The fiber content must include elastane or spandex and can also include natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: knits, double-knit jersey.

**Attention!** We recommend using only stretchy fabrics to sew this bustier top.

The bustier top in the photo is made of double-knit jersey. The fabric is medium weight, soft, and stretchy. The fiber content is 70% viscose + 25% nylon + 5% elastane. The fabric weight is 320 g/m<sup>2</sup>. The stretch factor is 1.5.

The lining of the garment is made of double-knit jersey. The fiber content is 70% viscose + 25% nylon + 5% elastane. The fabric weight is 220 g/m<sup>2</sup>. The stretch factor is 1.5.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34-36	38	40-42	44	46	48	50-52
1 (154-160)	0.95	0.95	1	1.05	1.1	1.15	1.15
2 (162-168)	0.95	1	1.05	1.1	1.1	1.2	1.2
3 (170-176)	1	1	1.1	1.15	1.15	1.25	1.25
4 (178-184)	1	1.05	1.15	1.2	1.2	1.25	1.3

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34-36	38	40-42	44	46	48-52
1 (5'1"-5'3")	1	1	1 1/8	1 1/8	1 1/4	1 1/4
2 (5'4"-5'6")	1	1 1/8	1 1/8	1 1/4	1 1/4	1 1/4
3 (5'7"-5'9")	1 1/8	1 1/8	1 1/4	1 1/4	1 1/4	1 3/8
4 (5'10"-6'1")	1 1/8	1 1/8	1 1/4	1 1/4	1 1/4	1 3/8

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size							
	34	36-38	40-42	44	46	48	50	52
1 (154-160)	0.35	0.4	0.4	0.4	0.45	0.45	0.5	0.5
2 (162-168)	0.4	0.4	0.4	0.45	0.45	0.5	0.5	0.6
3 (170-176)	0.4	0.4	0.45	0.45	0.5	0.5	0.55	0.65
4 (178-184)	0.45	0.45	0.45	0.5	0.5	0.55	0.6	0.7

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size							
	34	36-38	40-42	44	46	48	50	52
1 (5'1"-5'3")	3/8	3/8	3/8	3/8	1/2	1/2	1/2	1/2
2 (5'4"-5'6")	3/8	3/8	3/8	1/2	1/2	1/2	1/2	5/8
3 (5'7"-5'9")	3/8	3/8	1/2	1/2	1/2	1/2	5/8	3/4
4 (5'10"-6'1")	1/2	1/2	1/2	1/2	1/2	5/8	5/8	3/4

3. Lightweight knit interfacing, 140 cm wide, in meters:

Height, cm	Size					
	34	36–38	40–46	48	50	52
1 (154–160)	0.4	0.45	0.55	0.6	0.6	0.6
2 (162–168)	0.45	0.45	0.6	0.65	0.65	0.65
3 (170–176)	0.45	0.5	0.6	0.65	0.65	0.65
4 (178–184)	0.5	0.5	0.65	0.7	0.7	0.7

Lightweight knit interfacing, 55" wide, in yards:

Height, ft	Size			
	34	36–38	40–46	48–52
1 (5'1"–5'3")	3/8	1/2	5/8	5/8
2 (5'4"–5'6")	1/2	1/2	5/8	3/4
3 (5'7"–5'9")	1/2	1/2	5/8	3/4
4 (5'10"–6'1")	1/2	1/2	3/4	3/4

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 2.9–3.7 m (3 1/4–4 yd)
5. One metal separating zipper, 35–40 cm (14–16") long, depending on the chosen size
6. Three S-spring set-in snaps, 9.5 mm (3/8") in diameter
7. Synthetic whalebone, 6 mm (1/4") wide — 2.6–3.3 m (2 7/8–3 5/8 yd), depending on the chosen size
8. One pair of type 1 bra underwires in the necessary size
9. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- one-sided foot for attaching the zipper
- hole puncher or awl
- press tool and molds for installing snaps

**IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching without piercing them.

# PATTERN PIECES LIST

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## 1. From main fabric:

- center front— cut 2
- mid front — cut 2
- side front — cut 2
- side back — cut 2
- mid back — cut 2
- center back — cut 1 on fold
- top back — cut 1 on fold
- stand collar — cut 2 on fold
- front placket — cut 2
- top cup — cut 2
- bottom cup — cut 2
- zipper placket — cut 1
- front sleeve — cut 2
- back sleeve — cut 2

## 3. From interfacing:

- center front — cut 2
- mid front — cut 2
- side front — cut 2
- center back — cut 1 on fold
- mid back — cut 2
- side back — cut 2
- top cup — cut 2
- bottom cup — cut 2
- zipper placket — cut 1

## 2. From lining fabric:

- center front — cut 2
- mid front — cut 2
- side front — cut 2
- center back — cut 1 on fold
- mid back — cut 2
- side back — cut 2
- top cup — cut 2
- bottom cup — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

## Also, cut the following from interfacing:

- two strips, 2 cm (3/4") wide (length according to the pattern) to interface the area of snap placement on the stand collar piece

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

# SEAM ALLOWANCES

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All pattern pieces from the main fabric include seam allowances as follows:

- center seam allowance on the center frontpieces — 1.5 cm (5/8")
- princess seam allowance on the front and back pieces — 1.5 cm (5/8")
- sleeve hem allowance — 3.5 cm (1 3/8")
- all other edges — 1 cm (3/8")

All pattern pieces from the lining fabric include seam allowances as follows:

- all edges — 1 cm (3/8")

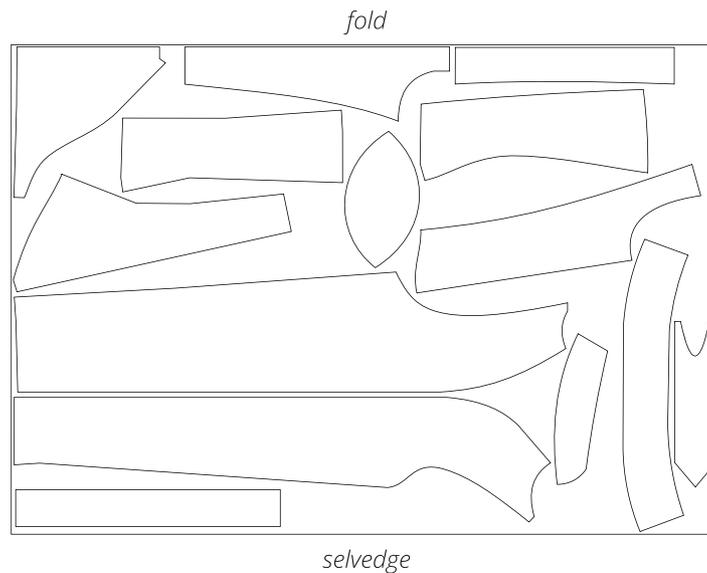
To cut out the lining pieces, trim the excess seam allowances from the pattern pieces along the marked lines after cutting out the main fabric pieces.

Take this into account when laying out the pattern pieces on the fabric.

# CUTTING LAYOUT

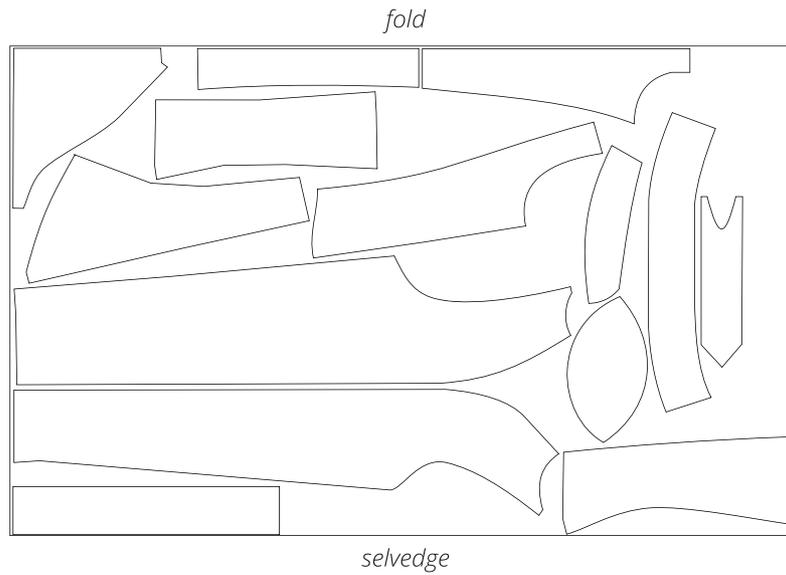
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Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34–38 in all heights



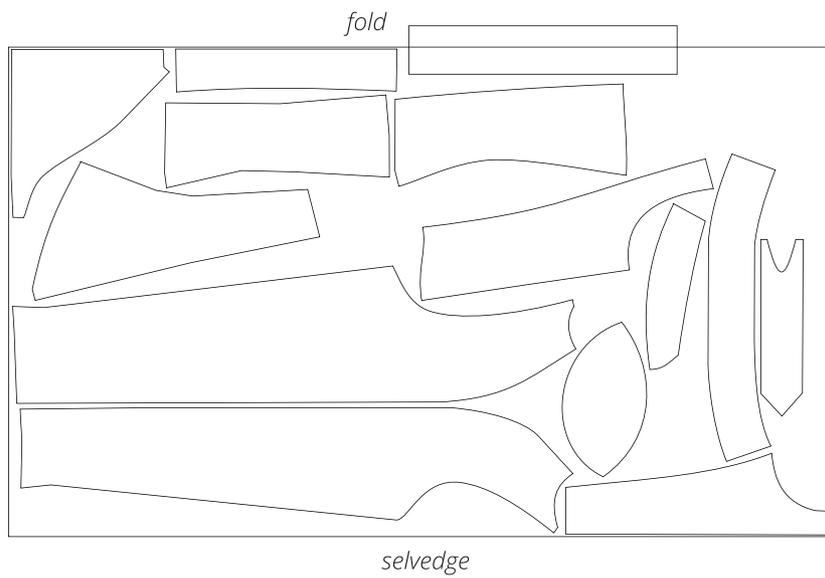
**Attention!** Cut only one zipper placket piece.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,  
for sizes 40–42 in all heights



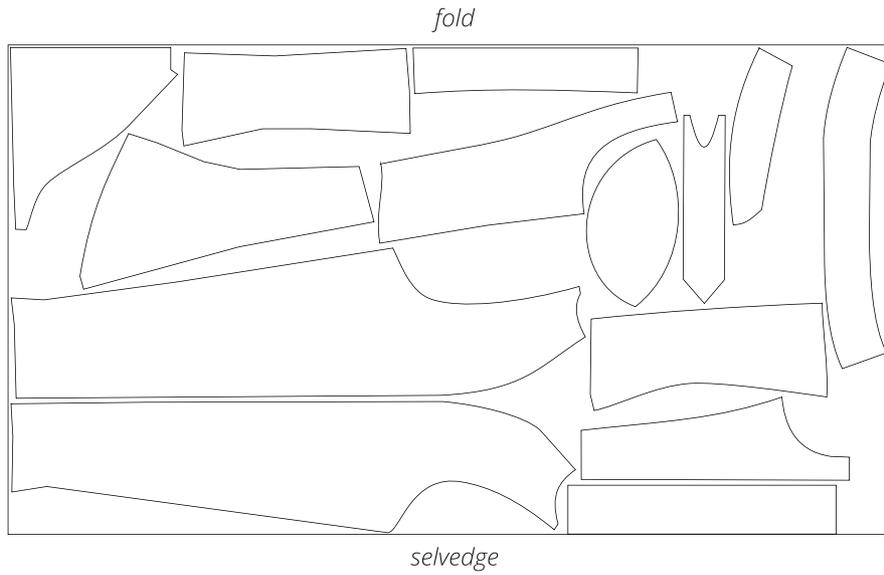
**Attention!** Cut only one zipper placket piece.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,  
for sizes 44–46 in all heights



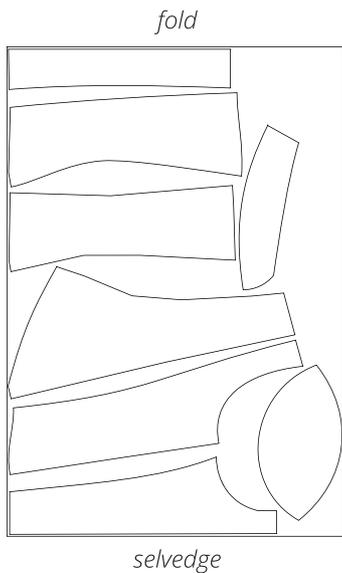
**Attention!** Cut only one zipper placket piece on a single layer out of the leftover fabric.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,  
for sizes 48-52 in all heights

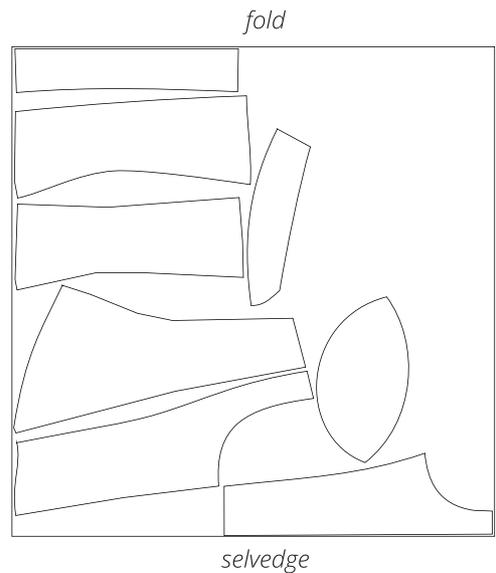


Attention! Cut only one zipper placket piece.

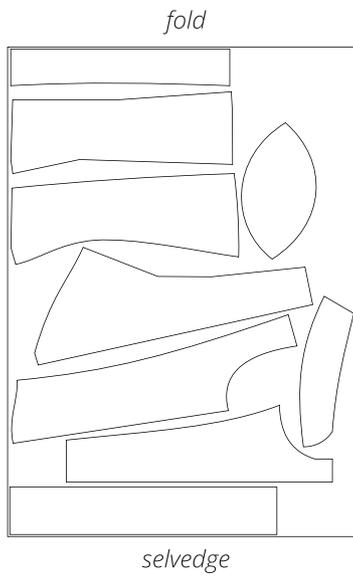
Lining fabric, 140 cm (55") wide,  
with a directional print, cut on fold,  
for sizes 34-46 in all heights



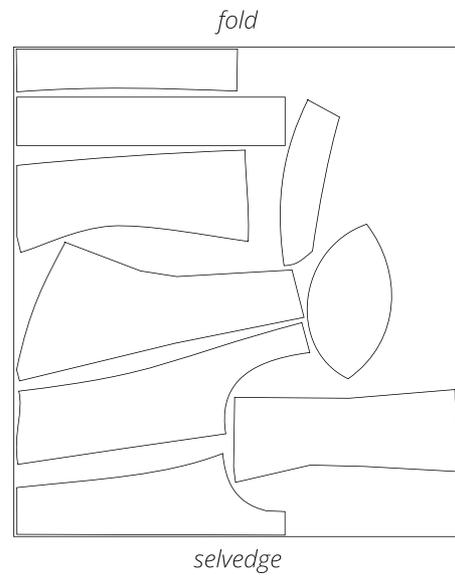
Lining fabric, 140 cm (55") wide,  
with a directional print, cut on fold,  
for sizes 48-52 in all heights



Interfacing, 140 cm (55") wide,  
cut on fold, for sizes 34–38  
in all heights



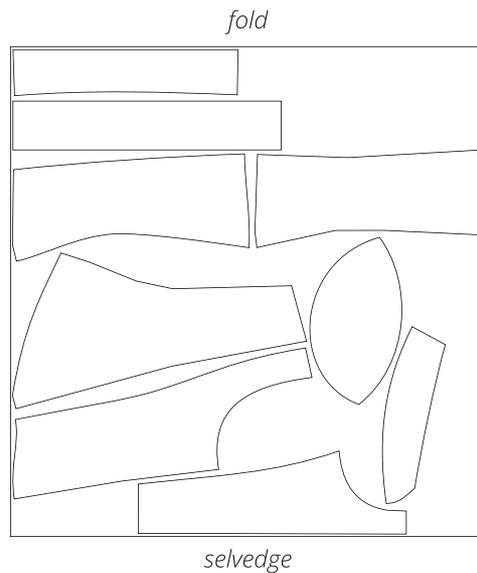
Interfacing, 140 cm (55") wide,  
cut on fold, for sizes 40–46  
in all heights



Attention! Cut only one zipper placket piece.

Attention! Cut only one zipper placket piece.

Interfacing, 140 cm (55") wide, cut on fold,  
for sizes 48–52 in all heights



Attention! Cut only one zipper placket piece.

**READY? LET'S GET SEWING!**

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5. Press the mid back and side back seam allowances towards the center back piece.



6. Topstitch along the side seams and the princess seams seams of the assembled front and back pieces, at 7 mm (1/4") from the seam, with the right side facing up. Backstitch at the beginning and end of each seam.



7. Place the top cup and bottom cup pieces right sides together. Align the edges, match the notches, and pin.



8. Machine-stitch, backstitching at the beginning and end of the seam. Trim the seam allowances down to 5 mm (just under 1/4"). Clip into the seam allowances on the curved sections, stopping 2 mm short of the seam.

Press the seam flat.