

FROM THE FOUNDER OF THE VIKISEWS® BRAND

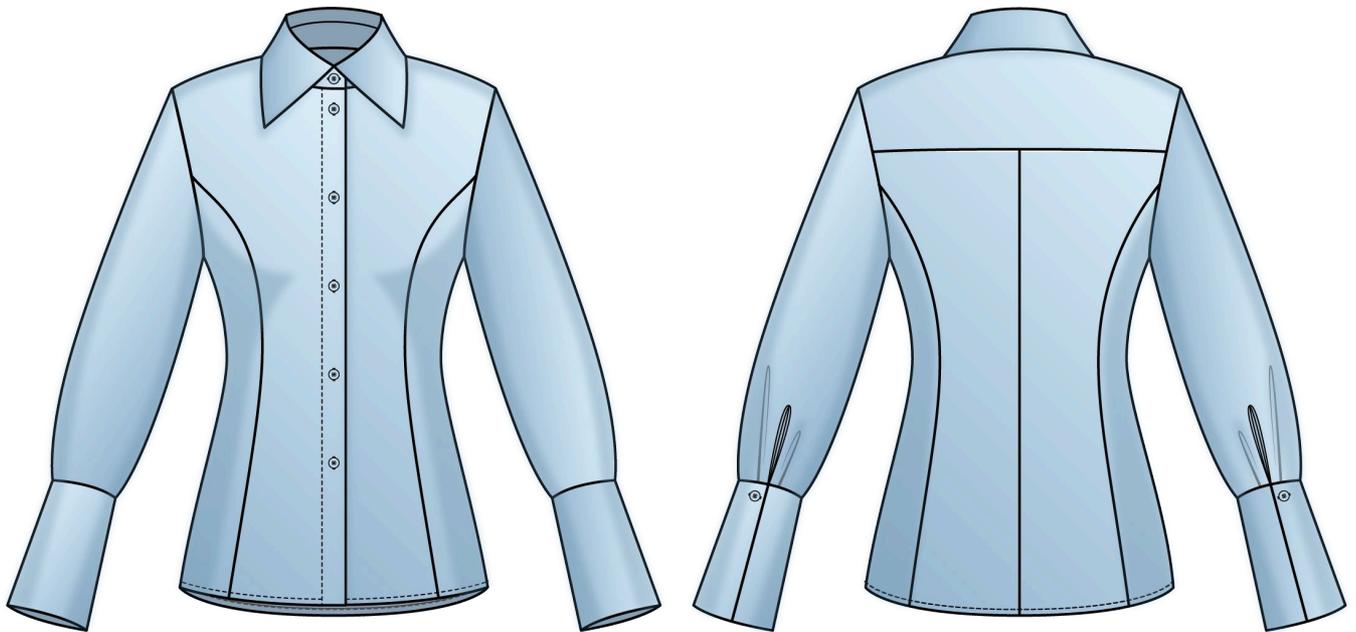


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



ALIYAH PATTERN DESCRIPTION

Aliyah is a semi-fitted blouse with an accentuated waist. The front and back are fitted with princess seams. There is a yoke on the back. The blouse features a turn-down shirt collar with a separate collar stand. The set-in sleeves are long. At the bottom, each sleeve has pleats and a slit finished with a sleeve placket. The sleeves are finished with wide applied cuffs that close with buttons and buttonholes. The blouse has a grown-on center front placket with a button and buttonhole closure. Aliyah is below-hip length.



PLEASE READ BEFORE USE

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	3.6–5.7	5.5–7.3	3–5.7	5.8–2.6
inches	1 3/8–2 1/4	2 1/8–2 7/8	1 1/8–2 1/4	2 1/4–1

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including cuff, cm
1 (154–160)	58.2–62	62–64.5
2 (162–168)	61–65	64–66.4
3 (170–176)	64–68	66–68.3
4 (178–184)	67–71	67.9–70.3

Height, ft	Back length, in	Sleeve length including cuff, in
1 (5'1"–5'3")	22 7/8–24 3/8	24 3/8–25 3/8
2 (5'4"–5'6")	24–25 5/8	25 1/4–26 1/8
3 (5'7"–5'9")	25 1/4–26 3/4	26–26 7/8
4 (5'10"–6'1")	26 3/8–28	26 3/4–27 5/8

SUGGESTED FABRICS

To sew this blouse, choose shirting and dress-weight fabrics with the following properties: soft, non-stretch or low-stretch, medium weight, pliable, made of natural, artificial, blends, or synthetic fibers.

The following fabrics are recommended: shirting fabric, cotton, linen, dress-weight denim.

Attention! We do not recommend stretchy knit fabrics or lightweight sheer fabrics (chiffon, organza, stretch lace).

The blouse in the photo is made of satin. The fabric is medium weight, pliable, soft, and low-stretch. The fiber content is 100% polyester. The fabric weight is 140 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size					
	34-36	38	40	42	44-48	50-52
1 (154-160)	1.25	1.4	1.4	1.45	1.6	1.6
2 (162-168)	1.35	1.4	1.45	1.45	1.6	1.65
3 (170-176)	1.35	1.45	1.45	1.5	1.65	1.7
4 (178-184)	1.4	1.45	1.5	1.5	1.7	1.75

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34-36	38	40	42	44-48	50-52
1 (5'1"-5'3")	1 3/8	1 1/2	1 1/2	1 5/8	1 3/4	1 3/4
2 (5'4"-5'6")	1 1/2	1 1/2	1 5/8	1 5/8	1 3/4	1 3/4
3 (5'7"-5'9")	1 1/2	1 5/8	1 5/8	1 5/8	1 3/4	1 7/8
4 (5'10"-6'1")	1 1/2	1 5/8	1 5/8	1 5/8	1 7/8	1 7/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight interfacing, knit or woven, 140 cm (55") wide, for all sizes and heights — 0.75 m (7/8 yd).

3. Nine buttons, 0.7-1 cm (1/4-3/8") in diameter.

4. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- center front — cut 2
- side front — cut 2
- center back — cut 2
- side back — cut 2
- back yoke — cut 2
- sleeve — cut 2
- undercollar — cut 1
- upper collar — cut 1
- collar stand — cut 2
- cuff — cut 2
- sleeve placket — cut 2

2. From interfacing:

- undercollar — cut 1
- upper collar — cut 1
- collar stand — cut 2
- cuff — cut 2

ВАЖНО! Не забудьте перенести все контрольные надсечки с выкройки на материал.

Additionally, cut the following from interfacing:

- two strips, 5 cm (2") wide (length according to the pattern), to interface the placket area on the center front pieces.

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

SEAM ALLOWANCES

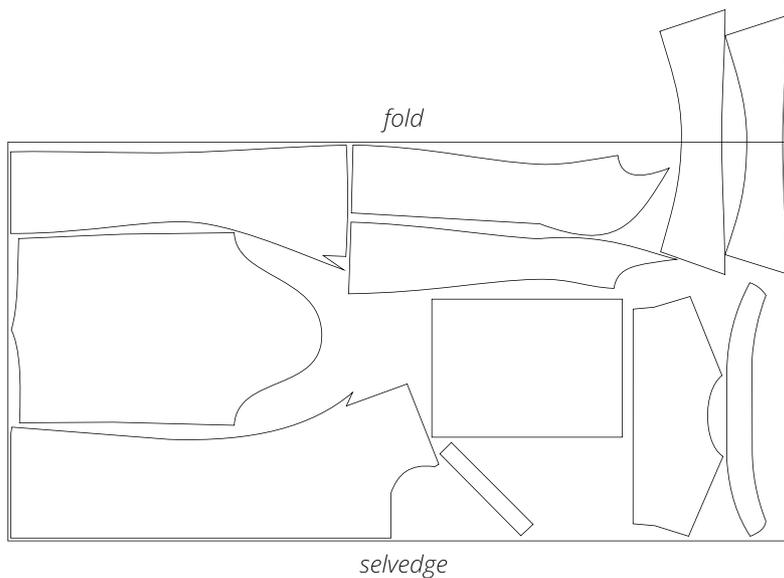
All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

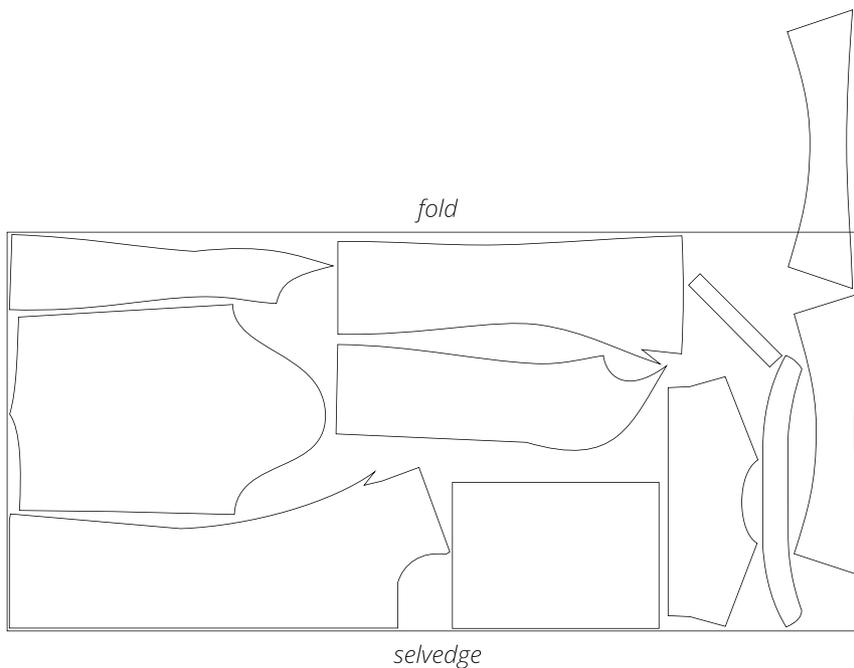
CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34–36 in all heights



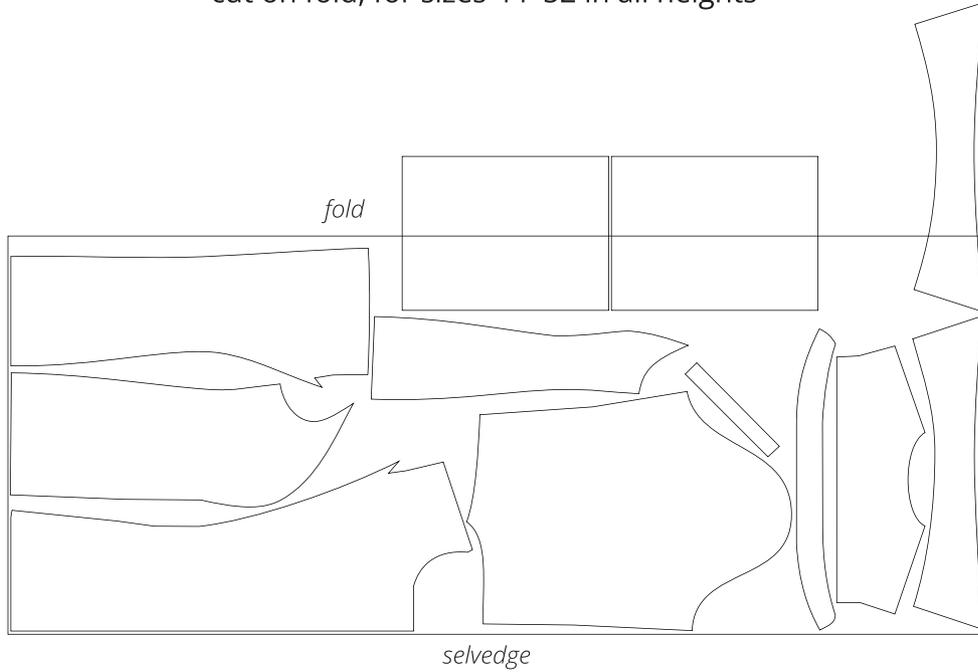
Attention! Cut one each of the upper collar and undercollar pieces on a single layer out of the leftover fabric.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 38–42 in all heights



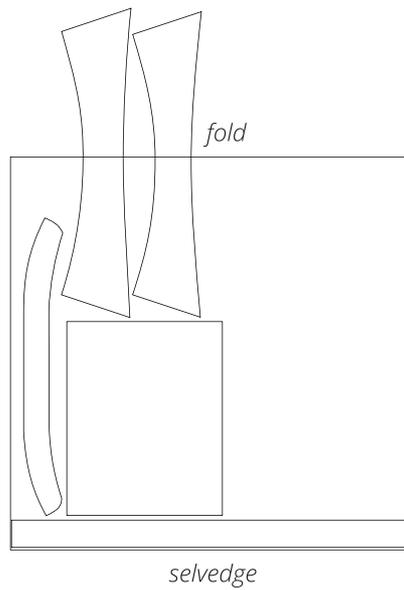
Attention! Cut one each of the upper collar and undercollar pieces on a single layer out of the leftover fabric.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 44–52 in all heights



Attention! Cut one each of the upper collar, undercollar, and cuff pieces on a single layer out of the leftover fabric.

Interfacing, 140 cm (55") wide, cut on a partial fold, for all sizes in all heights



READY? LET'S GET SEWING!



7. Place the back yoke pieces right sides together, positioning the back piece between them. Align the top edge of the back and the bottom edges of the yokes, matching the notches. Pin.



8. Machine-stitch, backstitching at the beginning and end of the seam. Press the seam allowances towards the inner yoke.

9. Machine-stitch the seam allowances of the seam attaching the inner yoke piece at 1-2 mm from the seam line on the wrong side of the back piece. Backstitch at the beginning and end of the seam.



10. Press the seam.