

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



CAROLINE PATTERN DESCRIPTION

Caroline is a close-fitting dress with a slight flare at the bottom. The fit of the dress is achieved by the bias cut. The front features bust darts and a center seam. The back features shoulder and waist darts as well as a center seam. The round neckline has a keyhole opening and a button and button loop closure at the back. The dress has long, set-in, close-fitting sleeves that are slightly flared at the bottom. Caroline is above-ankle length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	7.1–11.4	15.6–19.2	10.8–14.4	3.8–5.5
inches	2 3/4–4 1/2	6 1/8–7 1/2	4 1/4–5 5/8	1 1/2–2 1/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length, cm
1 (154–160)	117.8–119.6	63
2 (162–168)	122.8–124.6	65
3 (170–176)	127.8–129.6	67
4 (178–184)	132.8–134.6	69

Height, ft	Back length, in	Sleeve length, in
1 (5'1"–5'3")	46 3/8–47 1/8	24 3/4
2 (5'4"–5'6")	48 3/8–49	25 5/8
3 (5'7"–5'9")	50 3/8–51	26 3/8
4 (5'10"–6'1")	52 1/4–53	27 1/8

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, with good drape, soft, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (silk), artificial fibers (viscose), blends (silk + polyester, etc.), and synthetics (polyester)
- the following fabrics are recommended: satin, dress-weight viscose, stretch crepe, natural silk, artificial silk

Attention! We do not recommend stretchy (with elastane) and lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of artificial silk. The fabric is medium weight, soft, non-stretch and with good drape. The fiber content is 100% polyester.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.95	2.05	2.15	2.2	2.3	2.4	2.5	2.55	2.65	2.75
2 (162–168)	2	2.1	2.2	2.25	2.35	2.45	2.5	2.6	2.7	2.8
3 (170–176)	2.05	2.1	2.2	2.3	2.4	2.5	2.55	2.65	2.75	2.8
4 (178–184)	2.15	2.2	2.25	2.35	2.45	2.5	2.6	2.7	2.75	2.85

Main fabric, 150 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.85	1.9	2	2.1	2.2	2.25	2.35	2.5	2.55	2.65
2 (162–168)	1.9	1.95	2.05	2.1	2.2	2.3	2.4	2.5	2.6	2.7
3 (170–176)	1.95	2	2.05	2.15	2.25	2.35	2.4	2.55	2.6	2.7
4 (178–184)	2	2.05	2.15	2.2	2.3	2.4	2.45	2.55	2.65	2.75

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	2 1/8	2 1/4	2 3/8	2 3/8	2 1/2	2 5/8	2 3/4	2 3/4	2 7/8	3
2 (5'4"–5'6")	2 1/8	2 1/4	2 3/8	2 1/2	2 5/8	2 5/8	2 3/4	2 7/8	3	3
3 (5'7"–5'9")	2 1/4	2 1/4	2 3/8	2 1/2	2 5/8	2 3/4	2 3/4	2 7/8	3	3
4 (5'10"–6'1")	2 3/8	2 3/8	2 1/2	2 5/8	2 5/8	2 3/4	2 7/8	3	3	3 1/8

Main fabric, 59" wide, with a directional print/nap, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	2	2 1/8	2 1/8	2 1/4	2 3/8	2 1/2	2 5/8	2 3/4	2 3/4	2 7/8
2 (5'4"–5'6")	2 1/8	2 1/8	2 1/4	2 1/4	2 3/8	2 1/2	2 5/8	2 3/4	2 7/8	3
3 (5'7"–5'9")	2 1/8	2 1/8	2 1/4	2 3/8	2 1/2	2 5/8	2 5/8	2 3/4	2 7/8	3
4 (5'10"–6'1")	2 1/8	2 1/4	2 3/8	2 3/8	2 1/2	2 5/8	2 5/8	2 3/4	2 7/8	3

2. Lightweight woven interfacing,
140 cm (55") wide, for all heights:

Size	34-42	44-52
Meters	0.15	0.2
Yards	1/8	1/4

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. One button, 1 cm (3/8") in diameter

4. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- back — cut 2
- sleeve — cut 2
- front neck facing — cut 1
- back neck facing — cut 2
- rouleau loop — cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

2. From interfacing:

- front neck facing — cut 1
- back neck facing — cut 2

Additionally, cut the following pieces from interfacing:

- two strips, 1.3 cm (1/2") wide (length according to the pattern), to interface the slit section of the center seam allowances on the back pieces
- two strips, 1.3 cm (1/2") wide (length according to the pattern), to interface the shoulder seam allowances on the front pieces

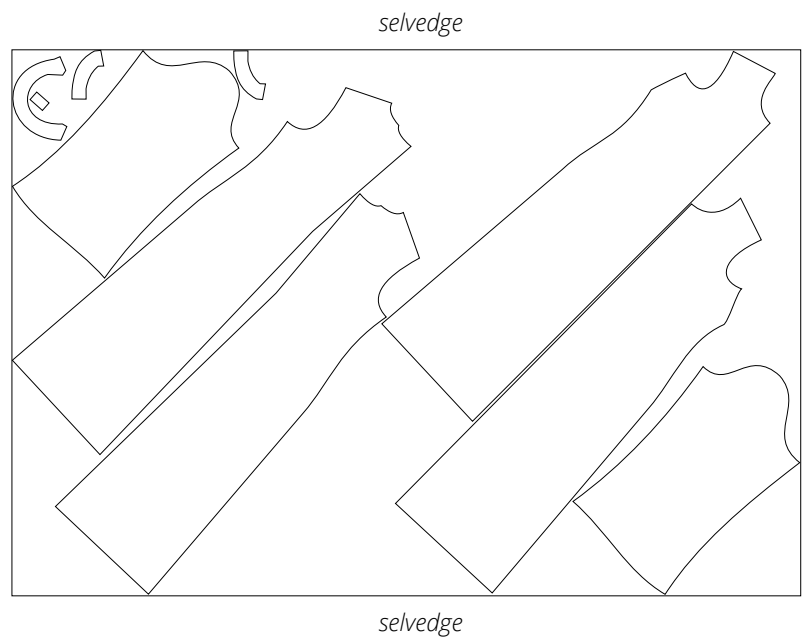
The interfacing strips should be cut on the straight grain (parallel to the selvedge).

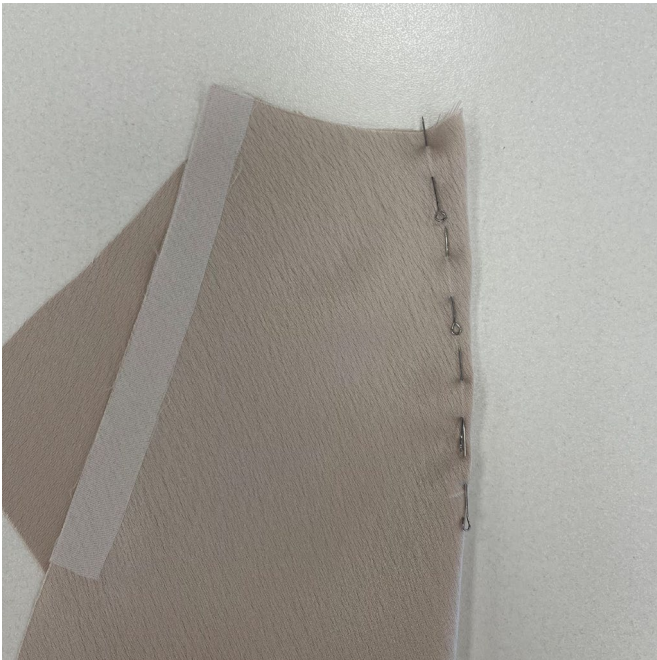
SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.
Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140–150 cm (55–59") wide, with a directional print/nap,
cut on a single layer, for sizes 34–42 in all heights





Match the shoulder and waist dart legs on the wrong side of the back pieces and pin.



Machine-stitch the shoulder darts on the back pieces. Backstitch at the shoulder edge.

Machine-stitch the waist darts on the back pieces without backstitching.

Tie the thread tails at the dart point into a knot and hide them inside the dart bulk using a needle.



Press the darts flat.