

FROM THE FOUNDER OF THE VIKISEWS® BRAND



Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



SYBILLA PATTERN DESCRIPTION

Sybilla is a close-fitting dress. The round neckline is finished with a neckband made from the main fabric. At the bottom, the front has a wrap design and closes with a tie in the left side seam. The set-in sleeves are long and close-fitting. Sybilla is below-knee length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	-0.8	8.9	from -0.1 to 0	from 2.1 to 0
inches	-3/8	3 1/2	0	from 7/8 to 0

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length, cm	Sleeve length, cm
1 (154–160)	114.8 – 116.6	63.4 – 60.6
2 (162–168)	119.8 – 121.6	65.3 – 62.6
3 (170–176)	124.4 – 126.2	67.2 – 64.5
4 (178–184)	129.8 – 131.6	69.1 – 66.4

Height, ft	Center back length, in	Sleeve length, in
1 (5'1"–5'3")	45 1/4–45 7/8	25–23 7/8
2 (5'4"–5'6")	47 1/8"–47 7/8	25 3/4–24 5/8
3 (5'7"–5'9")	49–49 5/8	26 1/2–25 3/8
4 (5'10"–6'1")	51 1/8–51 3/4	27 1/4–26 1/8

SUGGESTED FABRICS

To sew this dress, choose knit fabric with the following properties:

- medium weight, soft, stretchy.

The fiber content can include natural fibers (cotton, wool), artificial fibers (viscose), blended fibers (cotton + polyester, cotton + elastane, viscose + polyester), or synthetic fibers (polyester + elastane).

The following fabrics are recommended: single jersey, knit fabrics, sweater knits.

Attention! We recommend using only stretchy fabrics with a stretch factor of 2.0–2.5 for this dress.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The dress in the photo is made of thin sweater knit. The fiber content is natural fibers is 95% wool + 5% elastane. The fabric weight is 180 g/m². The stretch factor is 2.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size								
	34	36	38	40	42	44	46	48-50	52
1 (154–160)	2	2.05	2.15	2.25	2.3	2.45	2.6	2.65	2.7
2 (162–168)	2.05	2.15	2.25	2.3	2.35	2.55	2.7	2.7	2.75
3 (170–176)	2.15	2.2	2.35	2.4	2.45	2.65	2.8	2.8	2.8
4 (178–184)	2.2	2.3	2.4	2.45	2.55	2.75	2.85	2.9	2.9

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size								
	34	36	38	40	42	44	46	48-50	52
1 (5'1"–5'3")	2 1/8	2 1/4	2 3/8	2 1/2	2 1/2	2 5/8	2 7/8	2 7/8	3
2 (5'4"–5'6")	2 1/4	2 3/8	2 1/2	2 1/2	2 5/8	2 3/4	3	3	3
3 (5'7"–5'9")	2 3/8	2 3/8	2 5/8	2 5/8	2 5/8	2 7/8	3	3	3
4 (5'10"–6'1")	2 3/8	2 1/2	2 5/8	2 5/8	2 3/4	3	3 1/8	3 1/8	3 1/8

IMPORTANT! *When purchasing fabric, please account for shrinkage and buy 5% more than required.*

2. Matching thread — 4 spools for the overlocker / 3 spools for the coverstitch machine.

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching without piercing them.*

PATTERN PIECES LIST

1. From main fabric:

- front – cut 1
- right bottom front – 1 cut
- back – cut 1
- sleeve – cut 2
- tie – cut 1
- neckband – cut 1 on fold.

***IMPORTANT!** The pattern pieces that have the "face" inscription on them should be placed with the blank side onto the right side of fabric when cutting.*

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 2.5 cm (1")
- sleeve hem allowance — 2.5 cm (1")
- slit allowance — 2.5 cm (1")
- all other edges — 1 cm (3/8").

Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

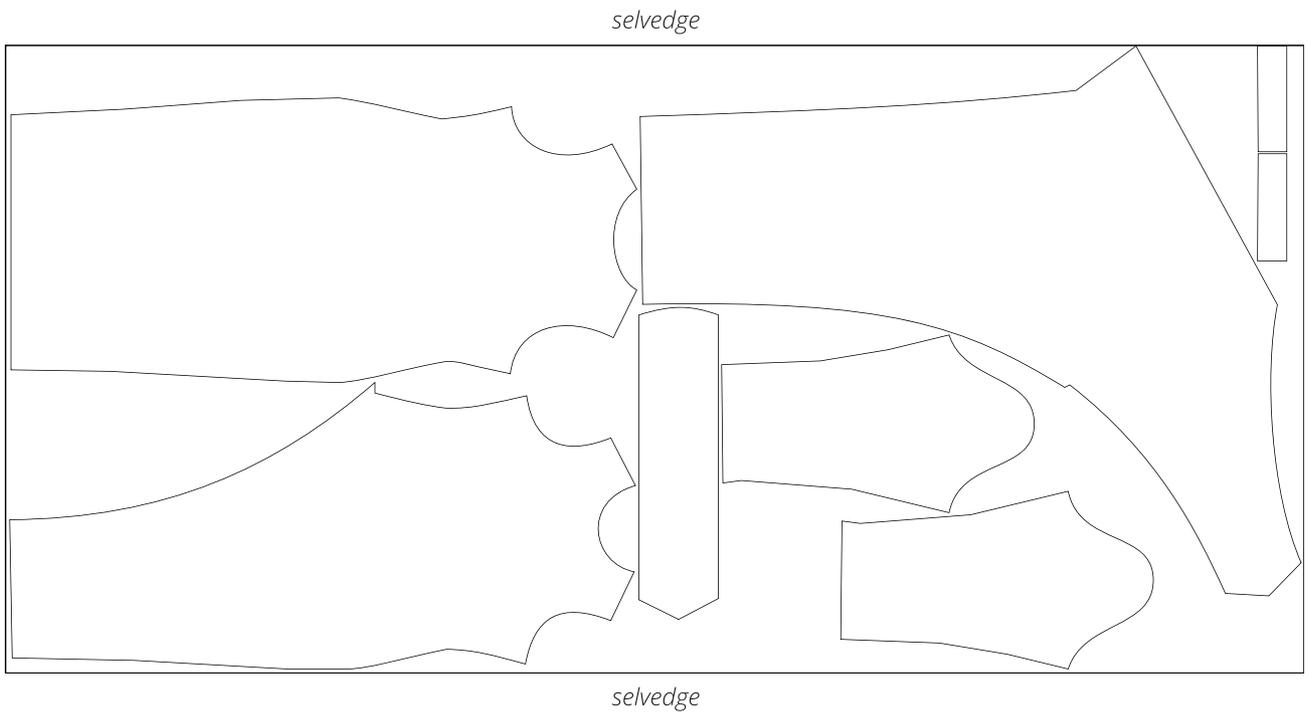
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 34–38 in all heights



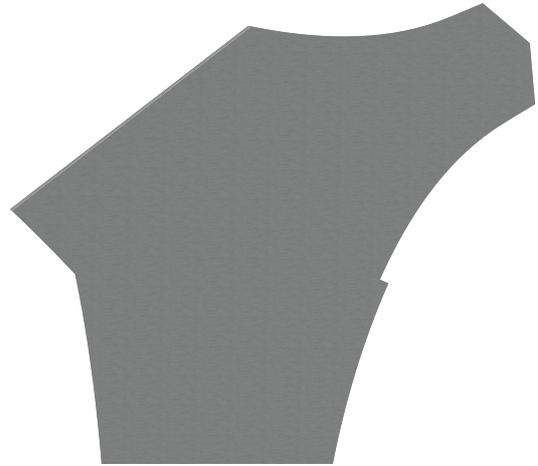
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 40–44 in all heights



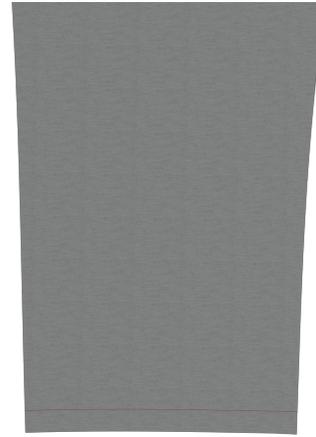
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 46–52 in all heights



READY? LET'S GET SEWING!



Overlock the inner edge of the grown-on facing on the right bottom front piece, with the right side facing up. Press the seam flat.



Chalk-mark the hemline on the right side of the right bottom front piece.



Fold the hem allowance to the wrong side along the marked line and pin in place.